CRESTVIEW, Fla. (WEAR) —
Students from Shoal River Middle School got a taste for what Emergency Medical Professionals in Okaloosa County do every day, and it was just in time for National Emergency Medical Services Week, which is observed from May 20 - May 26.

Students who participated in the "Science Students Together Reaching Instructional Diversity and Excellence" or (SSTRIDE) program learned how to control bleeding.

This technique would help students during emergencies such as active shooter situations or traumatic car crashes.

A pilot and crew from Okaloosa Medflight landed at the training center and helped EMS professionals inform students about opportunities in their career fields.

A SSTRIDE student is a young person who is selected to learn more about the medical field because of their interest in it. The program is an outreach of the FSU College of Medicine and Florida's Area Health Education Centers.