



THE FLORIDA STATE UNIVERSITY  
COLLEGE OF MEDICINE  
1115 W Call St. | Tallahassee, FL 32306

Winter 2013

GRADUATE MEDICAL  
EDUCATION

ADVANCING KNOWLEDGE. TRANSFORMING LIVES.

# Residency Review

## Pediatric Residents Giving of Their Time



Our pediatric residents recently participated in Habitat for Humanity by hammering away on a Habitat house on Champion Oaks Drive in Pensacola. Habitat for Humanity is a world leader in addressing the issues of poverty housing. Dr. Paul Baroco, former Director of Medical Education at Sacred Heart Health System (far left), and Coordinator Danika Talbert (far right) were among those who turned out for the workday.



*Drs. Magdalena Struk and Sona Patel working on the frame.*



*Drs. Mike Mangubat, Mary Lopez, Stephanie Gorman, Nam Nguyen and Tangra Broge pose for a photo!*

## Casting Workshop led by Family Medicine Residency faculty

In honor of Primary Care Week, the Family Medicine Interest Group (FMIG) stepped into the role of primary care sports medicine physicians for an evening. On Oct. 11, faculty of the FSU Family Medicine Residency Program conducted a casting workshop with 25 first- and second-year FSU College of Medicine students. The students enjoyed learning about indications for casting and potential complications. Each student was able to get hands-on practice applying a cast. Fortunately, they were also taught to remove casts by the end of the night, so the students were spared six weeks of immobility and discomfort!

Drs. Goforth, Gitu and Cavanagh thoroughly enjoyed their time working with the students. The FSU Family Medicine Residency Program and FMIG plan to continue this alliance and offer the workshop on an annual basis, and possibly other hands-on workshops that will expose the students to the breadth of family medicine.



Program Director Dr. Gary Goforth (above center) looking on as our medical students learn how to cast.



Dr. Christy Cavanagh (above left) conducted the casting workshop.



At left, faculty member Dr. Alfred Gitu (center) helped the students with hands-on practice. The FMIG had a great time.

## Q&A with Coordinator Kathleen Mattis

↪ **What piqued your interest in our new Family Medicine Residency Program?**

My interest came about from working for our College of Medicine Office of Medical Education for the past three years. I liked the variety of responsibilities I had with that position from scheduling for faculty and students, to organizing didactic sessions, to interacting with students. It seemed to be a natural progression from what I was doing to what I am doing as the Coordinator for the Family Medicine Residency Program.

↪ **About how many patients does the new Family Medicine Center have, and how many residents will the program be recruiting per year?** The Family Medicine (FM) Center now has 4,200 patients, so we already have a great patient base for when the residents arrive. We are recruiting six residents each year.

↪ **What are you doing to prepare for incoming residents?** There are numerous aspects of setting up a new residency program. I find from day to day I wear many hats, e.g., staffing and work study expectations (Human Resource), budget needs and expense allocations (Finance), expansion of the FM center and furniture location (Architectural), promotion of the program (Marketing) and finalizing call schedules (Administration). Additionally, as we wait for our Review Committee meeting in May 2013 to hear that we received accreditation, we have been staying busy with medical student rotations and visits from those that are interested in our program.

↪ **What's your most favorable thing about Program Director, Dr. Goforth?**

The thing that I like most about Dr. Goforth is that he is very positive and always encouraging. He is definitely a "glass half-full" individual!





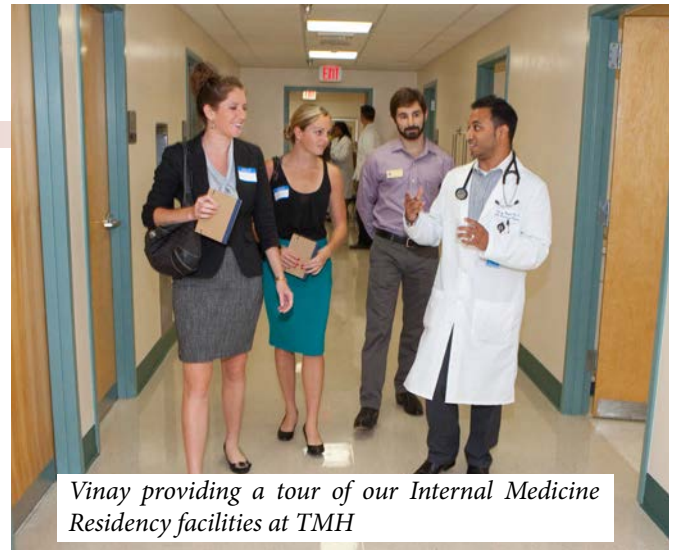
## Tallahassee Memorial HealthCare

### A Grand Entrance

Internal Medicine resident Vinay Wayal, M.D., and his younger cousin Rohan More are transported by elephant down New York Avenue to Vinay's awaiting bride, Alpana Agarwal. For some Indian communities, it is customary for the groom to ride in on an animal to the ceremonial place and for a procession of celebrating family members to join in.

## Internal Medicine Residency Hosts Open House

On Sept. 11, many joined us in welcoming our first class of residents and touring our new facility at Tallahassee Memorial HealthCare (TMH). Dr. Gregory Todd, Program Director, provided a few words and Dean John Fogarty spoke about the excitement of having a new Internal Medicine Residency Program in our area.



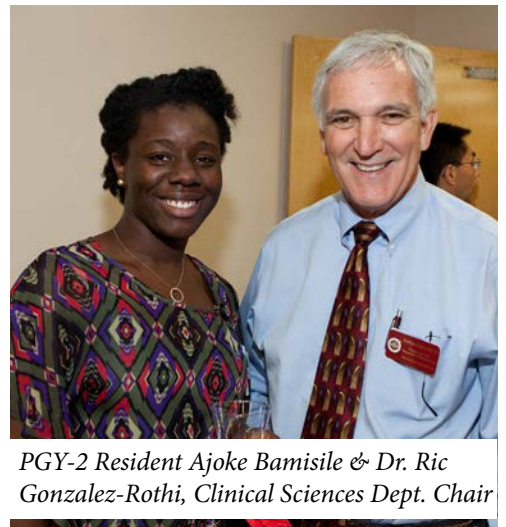
*Vinay providing a tour of our Internal Medicine Residency facilities at TMH*



*Gregory Todd, MD, Program Director*



*Resident Kenneth Winnard, FSU College of Medicine Graduate, Dean John Fogarty, & Dr. Alma Littles*



*PGY-2 Resident Ajoke Bamisile & Dr. Ric Gonzalez-Rothi, Clinical Sciences Dept. Chair*



## A Message from the DIO

Dr. Joan Younger Meek

**GME OVERVIEW:** We have three accredited residency programs and one program under active development. In July, we also will assume sponsorship of the college's first fellowship program – the Procedural Dermatology Fellowship, which recently received initial accreditation through the Accreditation Council for Graduate Medical Education (ACGME). This fellowship program, directed by Dr. Armand Cognetta and based at Dermatology Associates of Tallahassee, previously was accredited by the American Society for Mohs Surgery.

**COMPARING NOTES FACE TO FACE:** In September the GME program directors and coordinators met in Orlando – all in the same room at last. We enjoyed our face-to-face meeting, since we frequently meet via video screen, computer or phone. The program directors met with the various education and clerkship directors for their specialties, discussed preparation of students who would be pursuing various residency training opportunities, and became more familiar with the clerkship objectives. That dialogue should help develop a continuum of education for students and potential residents.

**SITE VISITS:** The ACGME CLER (Clinical Learning Environment Review) Program site visits began last fall and are expected to occur every 18 months for each institutional sponsor. The CLER visit is an intensive on-site review of the learning environment and an assessment of how the residents and/or fellows are integrated into the institution's culture, especially in regard to quality improvement and patient safety. Transitions of care are another focus. The traditional, individual program site visits are expected to occur less frequently, as accreditation moves to a continuous phase. The programs will provide regular updates to the ACGME and respective review committees. As the ACGME reviews the data it collects and the information our programs provide, it will institute program reviews based on those data. Our College of Medi-

cine Pediatric Program at Sacred Heart Health System in Pensacola will begin their accreditation cycle under the Next Accreditation System (NAS) this July.

**MORE PEDIATRIC RESIDENTS:** The Pediatric Residency Program at Sacred Heart has been approved by the Pediatric Review Committee of the ACGME for an increase from eight residents per year to nine, a total of 27 for the three-year training program. That increase will allow the program to incorporate resident rotations in the rural areas of the Panhandle. Likewise, our Obstetrics and Gynecology Program at Sacred Heart has incorporated a rotation at Sacred Heart Hospital on the Emerald Coast in Destin to allow residents to rotate in a community hospital and increase their experience in vaginal deliveries. The initial resident feedback from both experiences has been quite positive.

**RESIDENCY FAIR:** All of the FSU residency programs participated in the College of Medicine's Residency Fair in November. (See pg. 6) It was a great opportunity for program directors, faculty, residents and coordinators to talk to students. Our goal is to continue to recruit some of the best FSU medical students for our GME programs.

**FORT MYERS UPDATE:** The GME office is working with Dr. Gary Goforth to respond to the ACGME citations regarding the proposed Family Medicine Residency Program in Fort Myers. The size of the Family Medicine (FM) Center appears to be the biggest concern, and Dr. Goforth, the program director, is working with Lee Memorial Health System to make the necessary renovations. I met with the program's core faculty in December, and their enthusiasm is contagious. They have already hosted some FSU and visiting medical students. The patient base of the FM Center has been increasing, and the faculty will begin providing hospital coverage and obstetric care early this year. The FM program will be a site for students to complete the Advanced Family Medicine clerkship. We will provide our response to the ACGME citations this month.

**ONE UNIFIED ACCREDITATION SYSTEM:** In October, the ACGME announced that it will collaborate with the American Osteopathic Association and the American Association of Colleges of Osteopathic Medicine to develop a single, unified ac-

creditation system for graduate medical education beginning in July 2015. The ACGME will then accredit all of the osteopathic programs currently accredited by the AOA. Currently, the ACGME accredits more than 9,000 GME programs with 116,000 residents (8,900 of whom are D.O.s), and the AOA accredits more than 1,000 osteopathic GME programs with 6,900 D.O. resident physicians. The unified accreditation system will provide one standard pathway for both allopathic and osteopathic physicians and help to ensure standard quality for all GME programs.

**RESIDENCY SLOTS:** A continuing challenge for GME will be funding to ensure adequate residency slots and quality of training programs. Given the current economy and the increasing numbers of medical school graduates, we need to continue to advocate for appropriate funding for GME, so that graduates of accredited medical schools will have ample opportunities to complete their residency and/or fellowship programs and thus address physician shortages. These shortages are expected to be acute in the primary-care specialties as key provisions of the Affordable Care Act are implemented.

**LOOKING FORWARD TO MARCH 15:** Our GME programs eagerly await Match Day 2013! The Procedural Dermatology Program has already matched its fellow for 2013-2014.

*(Dr. Meek is Associate Dean for Graduate Medical Education and Designated Institutional Official for the FSU College of Medicine)*



*Dr. Meek (far left) was part of the U.S. delegation invited to the Global Breastfeeding Summit held in Madrid, Spain this past Dec.*



Dr. Armand Cogna, Jr.

## Meet our Dermatology Fellowship Director

As Dr. Joan Meek noted elsewhere in this newsletter, the Procedural Dermatology Fellowship – whose sponsorship the College of Medicine will assume in July – has received notice of official accreditation from the Accreditation Council for Graduate Medical Education. (In fact, the review committee found no deficiencies.) The fellowship, which has existed at Dermatology Associates of Tallahassee since 2003 under the American College of Mohs Micrographic Surgery, will transition in August to a program leading to board certification in procedural dermatology.

Dr. Armand Cogna, Program Director, and his group have monthly outreach clinics in Carrabelle, Perry, Monticello, Marianna and Blountstown. “Going out into these communities and seeing patients is a whole different thing than seeing them with our ultramodern offices, lab, radiation machines and staff,” he said. “It reminds us how hard it is for patients to get to us and how much they appreciate any effort we make to see them in their home environment rather than our office comfort zone.”

Dr. Cogna’s background in engineering helped him develop a streamlined approach that allowed him to treat a large caseload with efficiency. The caseload itself led him to start the Mohs fellowship, so he could hand-select and train dermatologists with the skills needed to help meet the demand. (Mohs surgery treats skin cancer through a highly specialized and precise technique that removes the cancer in stages, one tissue layer at a time.)

Although Dr. Cogna went away for a year to formally train in a Mohs fellowship, he says he uses Mohs in only about half the skin cancer cases he sees. Mohs is vital for certain skin cancers, such as those around the eye, nose or ear or those with aggressive microscopic features. However, a large number of skin cancers can be treated with much simpler and less expensive methods such as excision/margins, curettage and desiccation, cryosurgery, CO2 laser, photodynamic therapy or topical chemotherapy.

Dr. Cogna has been using superficial radiation therapy since he started practicing here. RT is a cost-effective and gentle method, he says, especially for the elderly and patients on anticoagulants and with other medical conditions. The average age of his skin cancer patients treated with RT is 78. He says he recently published the largest series ever on RT, with more than 1,500 patients followed over a 10-year period. The results had what he calls the highest cure rates published to date, possibly based on his long-standing habit of looking at every slide of every cancer before deciding treatment.

“Our practice, which utilizes real-time evaluation and choice between multiple treatment options of skin cancer lesions, is what I am trying to teach those individuals who commit to a one-year fellowship,” Cogna said. “Throwing more doctors and providers at the problem is not the solution. Training doctors to biopsy judiciously and utilize health care resources wisely is what is needed to deal with the rapidly aging population and shortage of health care funds.”



Coordinators Faye Justin, Internal Medicine, and Kathleen Mattis, Family Medicine, enjoying the Hall of Fame by night while attending the conference by day.

## New Innovations Conference

-by Faye Justin

I attended the 2012 New Innovations (NI) Software Coordinator Conference in Cleveland this past November. The conference was divided into two groups: those beginning and those more experienced users, the latter of which I participated in.

The conference focused on the latest changes in graduate medical education and the ACGME Next Accreditation System. I was able to get an overview of how to effectively monitor resident learning and measure outcomes for creating safe and effective learning. Also covered was how to apply the NI milestone assessment features and enhanced personnel tracking processes to measure resident competency. The fact that I was able to access my program information and follow along with the step-by-step teaching was extremely beneficial.

Last but not least, being able to interact with other coordinators was amazing. We were able to share stories, experiences and learn from each other alternative ways to solve issues/problems. I highly recommend that everyone, beginner or master level, attend this annual conference.



*PGY-2 OB-GYN Resident Natasha Spencer, also an FSU College of Medicine graduate, informs others what it's like being a resident in our program in Pensacola.*



*Medical students speak with a pediatric resident, Dr. Stephanie Gorman, about pediatric residency.*

## Residency Fair Held at the College of Medicine

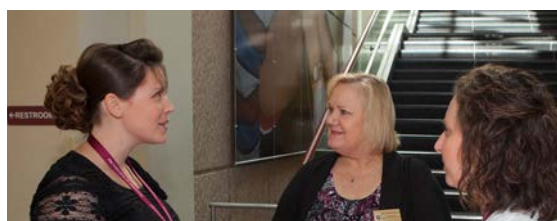
On Nov. 5, the Seventh Annual Residency Fair was held in Tallahassee. Sponsored by the Medical Student Council, the event attracts representatives from many residency programs throughout the state. Our FSU College of Medicine-sponsored residency programs all participated: Pediatrics and Obstetrics & Gynecology located at Sacred Heart Hospital in Pensacola; Internal Medicine located at Tallahassee Memorial HealthCare in Tallahassee; and Family Medicine located at Lee Memorial Health System in Fort Myers.



*Dr. Gregory Todd, inaugural director for our new Internal Medicine Residency Program located at Tallahassee Memorial HealthCare, is excited about recruiting his second class.*



*Family Medicine Program Director Dr. Gary Goforth enjoys speaking with medical students about his specialty.*



*At left (center), Dr. Joan Meek, Associate Dean, GME / Designated Institutional Official, came to Tallahassee for the event. She is speaking with representatives from our Obstetrics and Gynecology Residency Program.*

## Patient Quotes

"We had a resident, **Dr. Tangra Broge**, who would call my husband almost every day to give us updates, which was amazing." - PEDS  
"Thank you, **Dr. Martin Herman**, ER faculty, for your kind, calm and super professional manner." - PEDS

"Our doctors, **Dr. Tricia Pinto** and **Dr. Ashley Duray**, did all they could to comfort me, while also treating him and teaching others with them." - PEDS

*Excerpts from Snips Newsletter*

"Very happy with **Dr. Dawn Stanley's** communication and understanding." - OB-GYN

"**Dr. Cecily Collins** is a great doctor & always takes her time talking to you." - OB-GYN

*Excerpts from Patient Surveys*

"Thank you so much for the wonderful care you provided for our daughter! **FSU docs** and all the nurses ROCK!" - *Excerpt from the Children's Facebook page*

## Kudos:

The American College of Obstetrics and Gynecology (ACOG) recently named **Dr. Julie DeCesare**, Program Director for our FSU College of Medicine OB-GYN Residency Program, as the Chair of the District XII Committee on Healthcare for Underserved Women. The committee identifies problems in access to women's health care, in particular obstetric and gynecologic services, and develops and implements solutions that involve the college and obstetrician-gynecologists at the national, state and community level. This appointment also includes a seat on the District XII Advisory Council.

**Dr. Suzanne Bush**, OB-GYN faculty, was recently appointed to a national ACOG committee, the District XII Program Committee.



PEDS residents **Drs. Aneidra Leysath, Mike Mangubat** and **Tricia Pinto** with **Dr. Joan Meek**, Associate Dean, GME at the District X conference

**Dr. Lisa Bean**, OB-GYN PGY-4 resident, successfully matched into a Gynecologic Oncology Fellowship at University of California- San Diego. This accomplishment reflects Dr. Bean's hard work and dedication within the residency program, as well as the program's commitment to solid, evidence-based, academic medicine in a community setting.



Pediatric Resident **Dr. Rohini Singh** matched with University of Iowa (Iowa City, Iowa) - Pediatric Hematology/Oncology Fellowship. Congrats, Dr. Singh!



**Julie DeCesare, MD**, OB-GYN program director, and **Donna Maxwell, DNP, CNM**, faculty, recently presented at the Virginia Commonwealth University, Virginia Medical College Grand Rounds - *Integrating CenteringPregnancy into a Resident Clinic*. This was funded by the March of Dimes.

PEDS Resident **Dr. Sneha Taylor** matched with Harbor-UCLA, for a Neonatology Fellowship. Congrats, Dr. Taylor!



The American Academy of Pediatrics (AAP) Section on Medical Students, Residents and Fellowship Trainees elected **Dr. Tricia Pinto**, PEDS resident, to the position of assistant district coordinator for 2012-2013. This is a great opportunity for Dr. Pinto and will also provide good exposure for our pediatric training program in our local district and at the national level within the AAP.

PEDS Resident **Dr. Mike Mangubat** matched with LeBonheur Children's Hospital in Memphis, Tennessee for a Pediatric Intensive Care Fellowship. Congrats, Dr. Mangubat!



<http://www.facebook.com/fsu.gme>

## Special Events



PEDS Residents **Dr. Stephanie Gorman**, PGY1, and **Dr. Sneha Taylor**, PGY3 - co-chief, dressed up for Halloween. The kids loved it!



Brides-to-be **Drs. Dawn Stanley & Katie Petro** were honored at a *surprise* bridal shower given by the OB-GYN Residency at The Melting Pot in Pensacola.



Open House at the FM Center, Fort Myers.



*Drs. Jessica Jackson, Lakeema Bruce, Natasha Spencer, Cecily Collins, Gail Joseph, and Ashley Poe*



*Congrats, OB-GYN Dr. Sharon Seidel who had baby Aaron Frank Seidel, 7 lb. 7 oz., on Jan. 31. The residency celebrated his birth at the hospital!*

## Our OB-GYN Pelvic Pilots Team ran a half-marathon to raise money for the Antepartum High-Risk Moms Group

Ask any resident who has spent time working on the High-Risk Antepartum service, and he/she can tell you that it is one of the most stressful places to work at Sacred Heart Health System. Imagine being a mom-to-be almost, literally, stuck on this ward for much of your pregnancy. In this stressful time, these ladies depend on their families, the nursing staff and each other for moral support. When family is far away and the same nurse has been in and out of your room many nights in a row, spirits can become weak. Sacred Heart has made a point of facilitating patient-to-patient interactions, which at this point become a lifesaver for these women. One day per week, those ladies who are able to come off monitoring for a few hours meet together in a group setting. They share stories, de-stress, engage in crafts, enjoy snacks and, most important, build lifelong friendships. This is **Happy Hour on the High-Risk Antepartum Service** and, for many, the reason they don't give up.

The OB-GYN residents felt that one way they could contribute to what is clearly a very important supplement to the care they provide was to raise money to help these ladies purchase much-needed perks. They put together a team to run/walk the Pensacola Half Marathon. Each member of team "Pelvic Pilots" solicited sponsorship from friends, family and co-workers. Every penny raised now goes toward a worthy cause.

**\$1,575** was presented

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