

# CAMPUS NEWS & HIGHLIGHTS

**OPTIMAL AGING - DR. KEN BRUMMEL-SMITH**



January 15, 2013, was an important date for the Sarasota Campus. We held our first ever public event, sharing the gift of medical knowledge with our fellow Sarasota residents. Our guest speaker, Dr. Kenneth Brummel-Smith, Chairman of the Geriatrics Department for the FSU College of Medicine focused his talk on information that was extremely useful to those who wish to do their part in remaining healthy and vibrant. He shared the results of medical research and best practices in geriatrics. Guests who attended took notes and were pleased to learn tips and techniques for Optimal Aging.



**THANK YOU TO THE SARASOTA FILM FESTIVAL FOR YOUR SUPPORT**



THE FLORIDA STATE UNIVERSITY  
COLLEGE OF MEDICINE

**FSU College Of Medicine Scholarship Reception and SFF Opening Night Film & Party**



VAN WEZEL  
PERFORMING  
ARTS HALL  
777 N. Tamiami Trail  
Reception and Film \$150  
Reception, Film and Party \$250  
Attire: Cocktail  
  
Friday, April 5th  
5:30 PM Cocktails  
7:00 PM Film  
9:00 PM Party

**WE WISH TO THANK**  
**Sequoia Financial Group and their partners, Lanese & Associates, for their generosity and support in our continuing efforts to "Produce Compassionate Physicians for the 21st Century" by sponsoring this year's Faculty Development sessions.**



**Lanese +ASSOCIATES**  
CPAs | ADVISORS

*Responsive Service. Proactive Solutions.*

## 2012-13 ANNUAL FUND UPDATE

The Sarasota Campus Annual Fund closed on June 30 with gifts totaling over \$60,000. Through the generosity of our faculty, clerkship directors, board members and community donors, we will again be able to award \$20,000 in scholarships to deserving graduating students to offset the costs of their education.

We have had many new pledges to the President's Club, which is a commitment of \$10,000 or more over five years. Clerkship directors Dr. Nicole Bentze, Dr. Jon Yenari and Dr. John Kieffer are among the new members, as well as community board member Drayton Saunders.

Another highlight of our event calendar for the last two years has been the Sarasota Film Festival fundraising event, during which we participated in opening night and raised over \$4,000 from the community.

We have enjoyed steady support from our faculty, corporate community and friends and for that we are most grateful!

*If you'd like to make a gift:*

Online, please visit:  
[foundation.fsu.edu/community/give2med](http://foundation.fsu.edu/community/give2med)  
Or, please send a check payable to:  
**"FSU FOUNDATION, SARASOTA CAMPUS"**

and mail to:

**FSU COLLEGE OF MEDICINE - SARASOTA CAMPUS  
201 COCONUT AVE., SARASOTA, FL 34236**

# COLLEGE OF MEDICINE

# REGIONAL CAMPUS REVIEW

## SARASOTA



THE  
FLORIDA STATE  
UNIVERSITY

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### MESSAGE FROM THE DEAN



**BRUCE BERG, M.D., MBA**

This time of year always represents a time of transition for our regional campus. The students in the Class of 2013 successfully completed the National Residency Match Program in March and have now moved on to their respective residency programs to begin their new lives as physicians. As it has always been for new interns and residents, they will quickly realize that a successful physician must be committed to patient care as well as the continuing process of lifelong learning. I wish them well on their long journey of discovery.

In June the solstice marks the end of spring and the beginning of summer, along with the arrival of our new students from the Class of 2015. They

come to the Sarasota Campus from Tallahassee to begin their last two years of medical school in clinical medicine. They begin with three days of orientation, have a short break and then begin their clinical rotations with our excellent physician faculty.

With the first day of their clinical rotations, their lives will change to become more like the lives of practicing physicians. No longer will their days be occupied with study guides, PowerPoint presentations, lectures and taking tests along with evaluating standardized patients and simulation models. Now they will be working all day with real patients to begin the process of becoming physicians and then go home at night to study for tomorrow. As every past student knows, this new lifestyle definitely takes some getting used to, but all physicians go through this transition. They will be successful in this new life by following the path of those who went before them and the Class of 2015, in turn, will set the example for those who come behind.

### NEW COMMUNITY BOARD MEMBER APPOINTED



**Michael France** graduated with a B.B.A. in both finance and accounting from Loyola University in New Orleans. He graduated in the top 10 percent of his class from the Loyola School of Law in 1999, with dual degrees in both civil and common law. During his years at law school, he published in the Loyola Law Review, was a co-founder of Loyola's Maritime Law Journal and an active volunteer in the Volunteer Tax Assistance Program.

After graduation, he practiced as a commercial and maritime litigator with Sher Garner, a premier law firm in New Orleans. There he handled admiralty issues such as the application of the Jones Act and insurance claims involving the development and construction of offshore oil rigs.

After moving to Sarasota in 2002, he practiced and was made partner at the civil trial firm of Matthews Eastmoore, and subsequently elected to open his own practice in 2008. Since that time, he has served as the Commercial Section Chair for the Sarasota Bar, and has been a Community Member of the Advisory Board at State College of Florida's Paralegal Degree Program.

We are delighted to welcome Michael France to the Community Board of the Sarasota Campus, FSU College of Medicine.

### HEALTH IQ WITH HEIDI GODMAN - WEEKDAYS AT 3PM ON WSRQ



**Health IQ with Heidi Godman** focuses on all aspects of health and wellness. Host Heidi Godman, a veteran medical journalist familiar to Suncoast residents, talks to doctors and other health

experts daily in addition to fielding questions from callers. Health IQ is a community service brought to you by Fyzical.

Heidi has been a Community Board member of the Sarasota Campus since 2007. Contact Heidi at [heidi@healthiqradio.com](mailto:heidi@healthiqradio.com)



*From July 18, 2013: "We trust doctors with our lives, but who's training them?" Heidi talks with Dr. Bruce Berg. Download the discussion from [sarasotatalkradio.com](http://sarasotatalkradio.com).*

# FACULTY FOCUS

## FACULTY AWARDS & RECOGNITIONS

**Andrea Brand, M.D.** – Dr. Brand placed fourth in her age group at the Pan American Games 1K open water swim on June 13. She will be going to New York in August to swim around the Statue of Liberty.

**Adam Bright, M.D.** – Dr. Bright, board member and faculty member, has been at it again, out-running all of us. This year he finished the Boston Marathon, about two hours before the bombing. And as leader among his professional peers, he was chairman of the American Academy of Orthopedic Surgery's membership committee and hosted the New Member Luncheon at their annual meeting, welcoming the 1,000+ new members of the orthopedic academy.

**Carlos Caballero, M.D.** – Dr. Caballero earned a "Top Doctor" designation from Castle Connolly and *US News and World Report* for the ninth consecutive year and was elected a Fellow of the American College of Physicians.

**Myrdalis Diaz-Ramirez, M.D., Comprehensive Pain Center of Sarasota** – The Comprehensive Pain Center of Sarasota was recognized by Pain Medicine News (February 2013) & Anesthesiology News (March 2013). It was the first unaffiliated, small program featured. Dr. Diaz-Ramirez was selected by her peers in Sarasota-Bradenton as Top Doctor in Pain Medicine in 2013 (also in 2012). She is among only two pain physicians selected in both years.

**James V. Fiorica, M.D.** – The Center for Building Hope, a Sarasota-based nonprofit organization, announced that Dr. James V. Fiorica will receive the organization's highest honor, the Stephen H. Goldman, M.D., Keystone Award. Each year, the Center for Building Hope recognizes medical professionals who have shown extraordinary service and commitment to the cancer community.

**Kyle Lee Garner, M.D.** – Dr. Garner, chief of Obstetrics and Gynecology at Sarasota Memorial Hospital, was recently featured in two local publications, "Physician Spotlight," *Manatee-Sarasota-Charlotte Medical News*, by Jeff Webb, June 2013, traces his love of medicine back to childhood and talks about the success of TeamSTEPPS training concepts he initiated at SMH that recognize the full scope of work and decision-making by nurses, anesthesiologists and others. In "Natural births encouraged at hospital's new tower," *Herald-Tribune.com*, by Donna Koehn, published March 24, 2013, Dr. Garner demonstrates new in-ceiling spot lighting inside a delivery room at the hospital's new Courtyard Tower.

**Shirley Jankelevich, M.D.** – Dr. Jankelevich was appointed vice chair of the All Children's Hospital Institutional Review Board this past January (2013).

**Andrew Lzin, M.D.** – Dr. Lzin is on the *US News and World Report* "Top Doctor" list again this year.

**Maureen Maguire, M.D.** – Dr. Maguire was appointed to the American Cancer Society Sarasota Unit Board of Directors and was honored as a "Woman in Power" by the National Council of Jewish Women for 2013.

**Nicholas Monsul, M.D., and Eva Berkes, M.D., Hawthorne Clinic and Research Center** – Dr. Monsul and his wife, Dr.

**Eva Berkes**, were featured in SRQ Magazine, July 2013. The couple co-founded Quorum Innovations to discover, innovate and translate clinically relevant science about the human microbiome, the largest most invisible organ of the human body, composed of bacteria and highly amenable to clinical intervention. Current scientific research correlates an imbalanced human microbiome with diseases such as inflammatory bowel disease, heart disease, diabetes, cancer, sinusitis, chronic bronchitis and skin inflammation and infection, such as with MRSA. Monsul believes that maintaining a healthy skin microbiome is directly relevant to the global health crisis of bacterial antibiotic resistance. The



*"By improving how physicians, nurses, and ancillary staff work together, we can significantly improve efficiency as well as patient safety."*  
~ Kyle Garner, M.D.



NICHOLAS MONSUL, M.D. AND EVA BERKES, M.D.

# ALUMNI ANNOUNCEMENTS

## CLASS OF 2008 ALUMNA CONTRIBUTES A CHAPTER FOR PEDIATRIC HANDBOOK



All Children's Hospitalist **Paola Dees, M.D., '08** is the author of a chapter in a new American Academy of Pediatrics handbook: *Caring for the Hospitalized Child: A Handbook of Inpatient Pediatrics*. This useful resource is a publication of the AAP's Section on Hospital Medicine and is edited by Daniel A. Rauch, M.D., FAAP and Jeffrey Gershel, M.D., FAAP.

**PAOLA DEES, M.D.** The book is written by hospitalists, for hospitalists. In addition to a wide range of clinical issues, this comprehensive manual also addresses ethics, equipment, economics, patient safety and quality management.

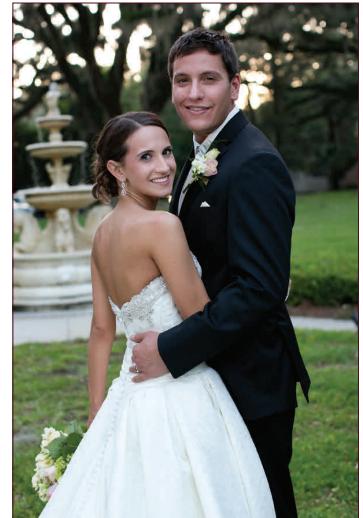
Dr. Dees joined All Children's Specialty Physicians as a pediatric hospitalist in June 2011.

## CLASS OF 2009 ALUMNA TO SERVE AT LANGLEY AIR FORCE BASE IN VIRGINIA



**Christine Rojas, (M.D., '09 USAF)**, finished her residency in obstetrics & gynecology this past June and will be moving to Hampton, Virginia, to work at Langley Air Force Base as an Ob/Gyn staff attending. She is very happy about this assignment and will be working with six other OB/GYNs and three midwives. She is also pursuing gynecologic oncology and hopes to start this fellowship with the military in 2 years.

## CONGRATULATIONS TO...



Sarasota Campus alums **Marco Ferrara, (M.D., '12)** and **Allison Poimboeuf Ferrara, (M.D., '12)** at their wedding in May 2012. They are pleased with their residency programs in Birmingham, Ala., just bought a house, and are interested in returning to Florida after residency.

Allison wrote:

*"Please say hello to everyone from Marco and me! We miss you all and appreciate everything*

*during our two years in Sarasota. If we are ever in the area we will be sure to stop by!"*

## IT'S A SMALL WORLD AFTER ALL



TAMMY FINGER, (M.D., '07) (LEFT)  
AND LINDSAY MARTIN, (M.D., '12)

While assisting with a laparoscopic surgery for ovarian cancer, **Lindsay Martin, M.D.** worked with minimally invasive GYN fellow (and fellow FSU College of Medicine alumna) **Tammy Finger, M.D.**!

Do you have any news you'd like to share? Have you been published lately? Spoken at a conference, taken a trip to visit long-lost relatives? Whatever it may be, we want to hear about it!

Jot down your news and send it to us! You can either drop it in the mail or email us at the address below:

FSU COLLEGE OF MEDICINE ~ SARASOTA CAMPUS, 201 COCONUT AVE., SARASOTA, FL 34236  
DARLENE.SPARKS@MED.FSU.EDU



# STUDENT SPOTLIGHT

## CLASS OF 2014 STUDENTS SELECTED FOR GOLD HUMANISM HONOR SOCIETY



The **Gold Humanism Honor Society** is an initiative from the Arnold P. Gold Foundation that honors senior medical students, residents, role-model physician teachers and other exemplars recognized for "demonstrated excellence in clinical care, leadership, compassion and dedication to service." Between 10-15 percent of the graduating class is selected through a process including nominations from both peers and faculty.

**Colin Swigler**, a member of the Sarasota Campus Class of 2014, along with 14 other classmates, has been selected for membership.

Congratulations, Colin!

COLIN SWIGLER

## GIRLS INC. STUDENTS VISIT SARASOTA CAMPUS

Middle school students from **Girls Inc.** visited the Sarasota Campus to learn what medical school is really like. Fourth-year students **Lauren Carter** and **Kim Truong** enjoyed hosting them in a well-rounded day of discovery about the College of Medicine and what it is like to be a medical student.



## SARASOTA CAMPUS WELCOMES THE CLASS OF 2015



THE SARASOTA REGIONAL CAMPUS CLASS OF 2015

**FRONT (L-R):** NEEKA AKHAVAN, CHRISTINA KIM, SHALINI GOLLA, PAULA DOMINO, TONY BRAR  
**MIDDLE:** ANISH RAJ, RAUL CASTELLANOS, ELIZABETH GIANGRECO, FARNAZ SHARIATI, MEGAN ELIOS,  
 RYAN HUMPHRIES, JOSHUA GREENSTEIN  
**BACK:** JASON HINTON, JESSE O'SHEA, ANDREW VAN SICKLER, RYAN DICKERT, LUKE MCKENNA,  
 ROBERT MORRIS, RYAN BROSCHE, TYLER REINTHALER

Quorum Innovations team patent was recently noted in *Nature Biotechnology*. The Human Microbiome Foundation, which Monsul and Berkes are helping to develop, is expected to help fund clinical research and translate research discoveries to patient care.

**Bruce Robinson, M.D., Clerkship Director for Geriatrics** – Dr. Robinson is serving as chairman of the Board of the American Medical Directors Certification Program, the national organization of long-term care medical directors, as well as serving on the State of Florida Alzheimer's Disease Initiative committee.

**Russel H. Samson, M.D., FACS, RVT** – Dr. Samson has been appointed as the Editor-in-Chief of *Vascular Specialist*, the official newspaper of the Society for Vascular Surgery.

## FACULTY PRESENTATIONS & PUBLICATIONS

**Bruce Berg, M.D.** – "Who's training today's doctors?" A discussion with Heidi Godman on Health IQ, WSRQ Radio July 18 with fourth-year medical student **Ibrahim Isa** and **Dr. Kristen Shepherd** ('07), alumna of the FSU College of Medicine, Sarasota Campus. First-hand accounts were shared about the success of the FSU distributed model and where we are today in medical education. Download the discussion at: <http://sarasotatalkradio.com/2013/07/health-iq-july-18th-2013-dr-bruce-berg-and-fsu-college-of-medicine/>

**Nicole Bentze, D.O.** – "Patient Satisfaction: It's Not Just the Doctor," presented at the Florida Academy of Family Practice Spring Forum, May 11, 2013

**Andrea Brand, M.D.** – "The Mental Status Exam: Brainteaser for Primary Care Clinicians," Primary Care Issues. Retrieved from: <http://www.primaryissues.org/2013/03/mental-status-exam/>

**Mark A. Lupo, M.D.** – Lupo, M, Levine, R. (2013). Ultrasound of Diffuse Thyroid Enlargement: Thyroiditis. In: H Baskin, D Duick, R Levine, 3rd Editioneds. *Thyroid Ultrasound and Ultrasound-Guided FNA* (pp. 99-125). New York, New York: Springer.  
 Lupo, M. (2013) Thyroid Nodule Evaluation: US-FNA and On-Site Cytology Assessment. *Endocr Pract.* 2013 Mar 19:1-10 (in press)

"Thyroid Nodule Ultrasound Guided FNA Technique," Invited Speaker, AACE Thyroid Cancer Advances Tempe, Arizona, January 2013.

"Thyroid Nodule Guideline Review and Office-based Thyroidology" Invited Speaker, AACE Annual Meeting, Thyroid Special Session, Phoenix, Arizona, May 2013.

**Bruce Robinson, M.D., Clerkship Director for Geriatrics** – Presented on Quality Improvement at the national meeting of the American Medical Directors Association.

**Russel H. Samson, M.D., FACS, RVT** – Dr. Samson was invited speaker and session moderator for the 36<sup>th</sup> Caring Cross Vascular Symposium in Europe. He was an invited lecturer at the annual meeting of the Society for Vascular Surgery in San Francisco, giving five presentations. Research has been published this year in the *Journal of Vascular Surgery* and presented at the Society for Clinical Vascular Surgery, the Florida Vascular Society. Dr. Samson is the author of a chapter in press in "Medical Vascular and Endovascular Surgery" and "Vascular."

**Joe Scarano, M.D.** – Investigator and participant in the Pediatric Research in the Office Setting. Secondary Sexual Characteristics in Boys: Data From Pediatric Research in Office Settings Network, *Pediatrics*, November 2012.

**Brian Schofield, M.D.** – Dr. Schofield presented the Tornier Sports Medicine and Biologics Workshop - Introducing New High-tensile Strength Resorbable Suture – Phantom Fiber and Cinchable Tension Bridge Technique for Double-Row Rotator Cuff Repair and conducted two shoulder labs at the 30th Annual San Diego Shoulder Course.

**John Sylvester, M.D.** – Sylvester J, Grimm P, Naidoo D, Bilik J, Miller A, Wong J. "First report on the use of a thinner I125 radioactive seed that fits into 20 gauge needles for permanent seed prostate brachytherapy: A report on post-implant dosimetry and acute toxicity," *Brachytherapy*. 2013 Jul-Aug;12 (4): 375-81.

**Dean Theophilopoulos, M.D. and Darlene Calhoun, M.D.** – Napolitano, A, Theophilopoulos, D, Seng, SK, Calhoun, DA. "Pharmacologic management of Neonatal Abstinence Syndrome in a Community Hospital." *Clin Obstet Gynecol.* 2013 Mar; 56 (1): 193-201.

# CONGRATULATIONS, CLASS OF 2013!

## CLASS OF 2013 GRADUATION CEREMONY IN TALLAHASSEE



## CLASS OF 2013 GRADUATION DINNER AT SARASOTA YACHT CLUB



DEAN FOGARTY CONGRATULATES THE CLASS OF 2013



DR. KATHRYN WINN RECEIVED THE 2013 REGIONAL CAMPUS DEAN'S AWARD FROM DR. BRUCE BERG

*On behalf of the Florida State University College of Medicine Sarasota Regional Campus, we would like to express our sincerest gratitude to our friends for their thoughtful donations to help celebrate the Class of 2013 Graduation.*

**SARASOTA MEMORIAL  
HEALTHCARE  
FOUNDATION**  
**INCORPORATED 1976**  
Sarasota Memorial  
Healthcare Foundation  
Sarasota Regional Campus  
Clinical Faculty



# CLASS OF 2013 RESIDENCY MATCH RESULTS



ELIZABETH  
AUTL, M.D.  
PSYCHIATRY

Louisiana State University  
School of Medicine  
Baton Rouge, LA



CHRISTINA  
BALDWIN, M.D.  
PEDIATRICS

University of South Florida  
College of Medicine  
Tampa, FL



GARRETT  
BROWN, M.D.  
INTERNAL  
MEDICINE

University of Florida  
College of Medicine –  
Shands Hospital  
Gainesville, FL



NICOLE  
DE JESÚS-BRUGMAN, M.D.  
PEDIATRICS

University of Tennessee  
College of Medicine  
Memphis, TN



ASHLEY  
DLUGOKIENSKI, M.D.  
INTERNAL  
MEDICINE

Orlando Health  
Orlando, FL



EMILY  
DODENHOFF, M.D.  
PEDIATRICS

Greenville Hospital System/  
University of South Carolina  
Greenville, SC



ZACH  
FOLZENLOGEN, M.D.  
NEUROLOGICAL  
SURGERY

University of Colorado  
School of Medicine  
Denver, CO



SARAH  
GENET, M.D.  
INTERNAL  
MEDICINE

Georgetown University/  
Washington Hospital Center  
Washington, DC



ALEXA  
KAMINSKI, M.D.  
ANESTHESIOLOGY

University of Texas  
Southwestern  
Medical School  
Dallas, TX



JASON  
LORENZEN, M.D.  
PSYCHIATRY

University of Colorado  
School of Medicine  
Denver, CO



CHRISTOPHER  
MARTIN, M.D.  
UROLOGY

Mayo Clinic  
Scottsdale, AZ



BRITTANY  
MC CREERY, M.D.  
INTERNAL  
MEDICINE

Thomas Jefferson  
University  
Philadelphia, PA



BABAK  
MISSAGHI, M.D.  
EMERGENCY  
MEDICINE

Harbor-University of  
California, Los Angeles  
Medical Center  
Torrance, CA



VIKALP  
PATEL, M.D.  
INTERNAL  
MEDICINE

Baptist Health System  
Birmingham, AL



BENJAMIN  
POWELL, M.D.  
SURGERY

University of Tennessee  
College of Medicine  
Chattanooga, TN



KATHRYN  
POWELL GARD, M.D.  
OBSTetrics &  
GYNECOLOGY

George Washington  
University  
Washington, DC



KATHLEEN  
RELIHAN, M.D.  
GENERAL  
SURGERY

Orlando Health  
Orlando, FL



LUBY  
SIDOFF, M.D.  
DIAGNOSTIC  
RADIOLOGY

Rhode Island Hospital/  
Brown University  
Providence, RI



KYLE  
SOLARI, M.D.  
PEDIATRICS

Miami Children's  
Hospital  
Miami, FL



ANDREA  
TAYLOR, M.D.  
DERMATOLOGY

University of Florida  
College of Medicine –  
Shands Hospital  
Gainesville, FL



KATHRYN  
WINN, M.D.  
PEDIATRICS

Carolinas Medical  
Center  
Charlotte, NC