



THE
FLORIDA STATE
UNIVERSITY

COLLEGE of MEDICINE

Regional Campus Review

Orlando

APRIL 2014

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Dean's Message



Michael J. Muszynski,

2014 is yet another stellar year for the Orlando Regional Campus. The Class of 2014 has had a phenomenal scholastic performance. Each successive class has pushed the envelope of achievement, blessed with the resources of outstanding community teaching faculty and institutional teaching partners.

I recently sent an email to all Orlando campus faculty noting the United States Medical Licensing Examination (USMLE) results for the class. The average score was 245 on USMLE Step 2 clinical knowledge examination with an amazing increase of 24 points compared to the Step 1 examination results in Year 2 of medical school. Readers who are familiar with medical education will recognize these scores as truly remarkable for any medical school; they are way above the national average.

Why am I pointing this out? March is the time of the national residency match. This is the process where residency programs interview students for positions and the students create match lists of preferences; where the students match is where they go. It is an excitingly nerve-racking time and the moment of opening the match results envelope can cause more than a few palpitations. Imagine that you cannot predict with certainty



Muhammad Hussain and medical school best buddies

where you might be going for your next phase of training until you read that report in the Match envelop. So Match Day is also a ceremony where students share their joys and sometimes their angst when the moment of truth finally arrives. The Orlando students did extremely well in the



Jessica Specht gets her No. 1 choice, Otolaryngology at Emory

match, which I dare say matched their academic performance. Their hard work, dedication, and quality predicted the result that all Orlando students matched in their specialty of choice and the vast majority matched at their top program choices. On Page 2 of this newsletter, you will see where they are going. It's impressive. In addition, 13 Florida State University students are staying at or coming to residency programs in Orlando. Congratulations to the Class of 2014!



Angela Guzman opens her envelope that has her No. 1 choice of Orlando Health OB/GYN. Her niece proudly announces to the audience: "We're going to Disney World!!"

Class of 2014 Match List



Guimy Alexis
Internal Medicine
Morehouse (GA)



Thomas Beardsley
Emergency Medicine
Yale (CT)



Annie Chau
Internal Medicine
Orlando Health (FL)



Joshua Claunch
Psychiatry-Neurology
U. of Mass. (MA)



Camilo Fernandez-Salvador
Otolaryngology
Tripler Army Med Center (HI)



Nathalie Gutierrez
OB/GYN
Orlando Health (FL)



Angela Guzman
OB/GYN
Orlando Health (FL)



Muhammad Hussain
Internal Medicine
Rutgers (NJ)



Mariana Karram
Family Medicine
Houston San Jacinto (TX)



Darren Klawinski
Pediatrics
Orlando Health (FL)



Li Li
Dermatology
Eastern Virginia (VA)
Prelim-Medicine
Orlando Health (FL)



Joseph Limback
Diagnostic Radiology
Florida Hospital (FL)
Prelim-Surgery
Orlando Health (FL)



Christopher Martin
Emergency Medicine
UF Jacksonville (FL)



Hima Pius Raju
Pediatrics
Albert Einstein (NY)



Taylor Smith
Emergency Medicine
UAB (AL)



Jessica Specht
Otolaryngology
Emory (GA)



Matthew Welsh
Orthopedic Surgery
Orlando Health (FL)



Zachary Williamson
Ophthalmology
Tufts (MA)
Prelim-Medicine
Penn Hospital (PA)

Clinical Research Network Update



Florida State University's Clinical Research Network (CRN) expanded in July 2013, with the addition of **Lori Drum** (*pictured left*) to our team at the Orlando Regional Campus as our regional Clinical Research Associate. Lori is a licensed mental health counselor and certified clinical research coordinator. Her responsibilities

focus on protocol execution and training at the site level, data collection, and collaborating with the CRN staff on policies, procedures, and network expansion.

In 2013, the initial Health IMPACTS (UF-Florida State University Research Collaborative) pilot studies were completed within the Florida State University CRN. Research posters were presented at two national meetings: North American Primary Care Research Group (Bethesda, June 2013) and American Public Health Association (Boston, November 2013). The Adolescent Health Risk Assessment Study was conducted at FSU-affiliated sites in Orlando, Tallahassee, and Marianna, along with UF-affiliated sites in Gainesville and Jacksonville. A manuscript titled "Adolescent Views on Comprehensive Health Risk Assessment and Counseling: Assessing Gender Differences" was accepted for publication in the *Journal of Adolescent Health*. Additional manuscripts are in preparation. The Concussion Study has completed the clinical assessment tool (SCAT2) data collection and has moved forward into a second phase, utilizing new and improved methods, the SCAT3 or Child SCAT3, which are specific for a subject's age. Two manuscripts are underway involving SCAT2 data and provider concussion knowledge with journal submission in the coming months.

We thank these Orlando-area sites for participation in our pilot research studies: **All About Kids Pediatrics, Arnold Palmer Medical Center Pediatric Residency Program, Joseph F. Savona, M.D., PA, Centre for Family Medicine and the Florida Hospital Family Medicine Residency Program, Community Health Centers, Inc., Level One Sports Medicine at Orlando Health, Pediatric Associates, Premier Family and Sports Medicine, ProHealth Family Physicians, TLC Pediatric and Adolescent Medicine, and Whole Health Family Medicine.**

The Florida State University CRN is also expanding geographically. Our newest member practice locations are affiliated with Daytona Beach and Fort Pierce regional campuses and are joining a study titled "Women's Emotional Health Research Program." **Heather Flynn, PhD**, Associate Professor and Vice Chair for Research in the Department of Behavioral Sciences and Social Medicine in Tallahassee, is directing this initiative. Dr. Flynn's study is well-established, involving investigational sites in several states, including Florida. Target practices include Obstetrics practice settings to implement a depression screening tool for women.

Article written by Michelle Vinson, MS, RD, LD/N, Director of the Clinical Research Network



Faculty and Student Research Spotlight



Evan Allen, M.D., MBA (*pictured left*), Stroke System Medical Director, Florida Hospital Neuroscience Institute, and Clinical Assistant Professor at our regional campus, received the International Stroke Conference Stroke Care in Emergency Medicine Award for outstanding research. Fourth-year FSU medical student **Joshua Claunch** (*pictured right*) was a co-author on the paper.

When asked about his research Dr. Allen said, "Sometimes EMS will bypass smaller stroke centers to transport more

severe stroke patients to larger stroke centers for necessary procedures often unavailable at the smaller stroke centers. Being bypassed is a concern of the smaller stroke centers. Our research identified an array of unexpected ways this type of bypass actually helps the bypassed smaller stroke centers by decreasing the potential of major patient complications and death...Joshua Claunch was an instrumental member of our research team."



Dr. Meek Appointed Chair of AAP's 2nd-Largest Section

Dr. Joan Meek (Associate Dean for Graduate Medical Education and Orlando campus Pediatrics Clerkship Director) has been elected Chairperson of the Executive Committee of the Section on Breastfeeding of the American Academy of Pediatrics (AAP). The Section is the second-largest of the AAP, established in 2002 to offer networking and educational opportunities for AAP members interested in breastfeeding promotion and management.

Dr. Meek has served on the Section's executive committee developing and promoting its mission of educating pediatricians on the scientific and practical aspects of breastfeeding. She has served as a national and international representative of the AAP on breastfeeding practices and was instrumental in the development of AAP policy and teaching tools, including the *Breastfeeding Support and Promotion Speaker's Kit*. She is the editor-in-chief of the book *New Mother's Guide to Breastfeeding*, now in its second edition,

earning a 4-out-of-5 star review rating on Amazon. This is not surprising, considering the AAP describes Dr. Meek as "one of the country's preeminent lactation experts." Dr. Meek is a board-certified Pediatrician, Registered Dietitian, and Internationally Board Certified Lactation Consultant.



Dr. Meek at a recent book signing for her book, *Mother's Guide to Breastfeeding*

She was a Board Member and Past President of the Academy of Breastfeeding Medicine and Chair of the U.S. Breastfeeding Committee (2008-2010). Dr. Meek was invited to meet with White House policy advisors, USDA and Department of Labor leaders, and first lady Michelle Obama on the "Let's Move" initiative on child obesity.

Dr. Sherin Receives Prestigious Shepherd's Hope Award



Shepherd's Hope Clinic in Orlando honored **Kevin Sherin, M.D., MPH, MBA**, with its 2014 Dr. Ruth M. McKeefery Physician Provider Volunteer Award.

Dr. Sherin has been Health Officer and Director of the Florida Department of Health in Orange County since 2004. He received his medical degree from Loyola University Chicago/Stritch School of Medicine, his MPH from the University of Illinois College of Public Health, and his MBA from the University of Massachusetts, Isenberg School of Management. Dr. Sherin's Family Medicine Residency was at the University of Illinois. He is also a graduate of the Centers for Disease Control's Public Health Leadership Institute. He has held numerous prestigious state and national leadership positions.

Despite a grueling professional schedule, Dr. Sherin has consistently donated his time and expertise for patient care at Shepherd's Hope serving on its Board of Directors. Dr. Sherin is the principal College of Medicine faculty for many volunteer medical student activities across central Florida, including Shepherd's Hope. He is regarded by students as an outstanding mentor and advocate for those in need, with a commitment to the College of Medicine mission to serve the elderly, rural communities, the underserved, and minority populations. Students consider him a consummate physician role model. In fact, because of Dr. Sherin's outstanding mentorship, volunteering at Shepherd's Hope Clinic has become so popular with College of Medicine students that they must be 'waitlisted' to work with him.

The vice president of the Orlando Class of 2015 Jonathan Salud noted, "Every opportunity I get to work with Dr. Sherin leaves me inspired to become not only a better physician, but a better person." Angela Guzman, Class of 2014 Vice President (*pictured below*), was not surprised Dr. Sherin has been honored, saying, "Dr. Sherin is a living testimony of the power that one has when you genuinely care about the plight of the patient and the education of the students."

The Orlando campus congratulates Dr. Sherin on his outstanding honor!



Dr. Sherin (*left*) with Florida State University Medical Students Angela Guzman (*center*) and Stephanie Morales-Flores at Shepherd's Hope Clinic

Apopka Health Fair 2014



Third-year students Anushi Patel (*left*) and Natalie Voithofer review patient charts



Fourth-year student Guimy Alexis (*back left*) observes a blood pressure test

The Orlando Regional Campus hosted the annual Apopka Health Fair on Jan. 19. Third- and fourth-year students from the regional campuses, as well as first- and second-year students from the main campus in Tallahassee, volunteered at the fair. The event is designed to provide basic medical services to underserved patients in and around Apopka.

The Apopka Health Fair is orchestrated through FSUCares, a College of Medicine student organization devoted to helping the underserved and underprivileged populations both locally and internationally. (Click [here](#) to learn more about FSUCares).

Donate to the Orlando Regional Campus

You, too, can support the students of the Orlando Campus by a donation toward scholarships. Please consider making a gift to the Orlando RMSC Scholarship Fund.

Also, ask us about *naming opportunities* for your gift:
Contact Cindy Porter at cynthia.porter@med.fsu.edu.

If you would like to make an unnamed gift online, please click [here](#) and designate your gift for the Orlando Regional Campus.

Faculty Development

Do you teach a required course? Remember, you need to earn a minimum of two faculty development credits each year!



These photos were taken at an Orlando Regional Campus LIVE faculty development session, “Effective Clinical Teaching: Views from Our Learners.” This workshop featured a panel of third- and fourth-year students (*above*) who helped lead a lively topic discussion. If you would like to attend one of our live sessions, please see below!

Upcoming Sessions

Check our website, med.fsu.edu/orlando, for the faculty development schedule.

Current faculty, be on the look-out for email reminders and save-the-date postcards!

For all workshops:

RSVP TO: Rachel Meek

Email: rachel.meek@med.fsu.edu

Phone: 407-835-4103

For directions to the Orlando Regional Campus, please click [here](#).