Department Faculty Receive Three New Grants

- **North and Central Florida Geriatrics Workforce Enhancement Partnership (NCF-GWEP)**
  Paul Katz

- **Optimization of “Powerful Tools” for Caregivers of Dementia Patients**
  Antonio Terracciano

- **Developing Educational Modules for Physician/Attorney Collaboration on Behalf of Older Individuals**
  Marshall Kapp

Read about these new grants (linked above) on the next three pages.

**In This Issue**

New Projects & Collaborations 2-4

Partnerships & Community Involvement 4

Presentation Spotlight 5-6

Announcements 6-7

Senior Artist Project 7

Publications & Presentations 8-9

**Want to give to the Department?**

Go to oneFSU to find out about the types of gifts you can give and their impact. If you have questions, call the FSU Foundation at (850) 644-4389.
New Projects and Collaborations

North and Central Florida Geriatrics Workforce Enhancement Partnership (NCF-GWEP)

In July 2015, the Health Resources and Services Administration (HRSA), Bureau of Health Professions, awarded the FSU College of Medicine through the Department of Geriatrics, a three-year grant totaling $2,250,000. Dr. Paul Katz, Program Director, and Dr. Ken Brummel-Smith are Co-Principal Investigators.

The NCF-GWEP will develop a health care workforce that maximizes patient and family engagement and improves health outcomes for older adults by integrating geriatrics with primary care. Six innovative projects provide the framework for the grant’s activities and allow for the creation of new service delivery models in addition to novel opportunities for interprofessional and interdisciplinary training and patient and caregiver education.

The NCF-GWEP is anchored by the Department of Geriatrics at the College of Medicine in concert with the FSU Colleges of Nursing and Social Work, Tallahassee Memorial HealthCare, Halifax Hospital Medical Center in Daytona Beach, Florida Hospital in Orlando, Westminster Communities of Florida, Health Care Network of Southwest Florida, Isabel Collier Read Medical Campus in Immokalee, and the Alzheimer’s Project, Inc. of Tallahassee.

Objectives Include:

1) Enhancing geriatric competencies for family medicine and internal medicine residents through the establishment of a primary care consortium.

2) Training caregivers of family members who have chronic illnesses, including dementia, to improve self-care techniques using a nationally recognized, structured training program.

3) Developing medical and social work students who can assess and address the health information needs of older adults through community-based programs.

4) Transforming the HCN of Southwest Florida, a federally qualified rural-based health center, into a high-quality geriatric care provider and educator.
5) Creating a novel interprofessional, geriatric-focused educational program targeting nursing, medical, and social work students.

6) Enhancing the geriatric competencies of nurses practicing in assisted living and nursing centers through the collaboration of nursing, medical, and social work faculty.

Trainees for the six projects include the lay public; medical, nursing, and social work students; practicing nurses, social workers, and physicians; and family and internal medicine residents.

The map below highlights the location of the NCF-GWEP core projects as well as their proximity to FSU-College of Medicine regional campuses.
Recently funded through the Florida Department of Health, this grant totals $250,000. Under the leadership of Antonio Terracciano, PhD, the proposed project will examine the effectiveness and advance translational research of a caregiver-centered psychoeducational program for improving outcomes in caregivers and care recipients with Alzheimer’s disease and related dementias.

Marshall Kapp, JD, MPH, in collaboration with Greg Turner, EdD, MBA, MPH, received a $40,000 grant through the Retirement Research Foundation to develop continuing professional education modules for physicians and attorneys on the topic of interprofessional cooperation on behalf of older patients/clients. This project will improve the quality of medical and legal services provided to older Floridians. To learn more visit our website.

Partnerships and Community Involvement

- FSU College of Nursing
- FSU College of Social Work
- Tallahassee Memorial HealthCare
- Halifax Hospital Medical Center in Daytona Beach
- Florida Hospital in Orlando
- Westminster Communities of Florida
- Health Care Network of Southwest Florida
- Isabel Collier Read Medical Campus in Immokalee
- The Alzheimer’s Project Inc. of Tallahassee
- Tallahassee Senior Center
Presentation Spotlight

Tamara Marryshow

Tamara Marryshow wins the Florida Geriatrics Society’s 2015 David T. Lowenthal Founders Award for her poster presentation on “Exploring Depression in Older Adults, Barriers to Diagnosis and Treatment.” Tamara traveled to Orlando this summer to present the results of her work with faculty mentors Ms. Suzanne Baker and Dr. Angelina Sutin and fellow student, Stephanie Poteau. This study examined the intersection of depression, stigma, treatment seeking, and personality factors in older adults. According to both her mentors, Tamara “has been a true pleasure to work with, an asset to the research, and deserves this recognition.”

Lauren Jeck

Medical Students and the Dying Patient: Reflections on Advanced Illness and Palliative Care by Lauren Jeck (MS2)

Lauren Jeck had the opportunity to present her summer research project with faculty mentors Dr. Ken Brummel-Smith and Ms. Suzanne Baker during Grand Rounds on October 8, 2015. Her study examined student responses to the palliative care assignment completed during fourth-year geriatrics clerkship.

View Lauren’s Grand Rounds Presentation:

Student PowerPoint Presentations | Grounds Rounds Presentation Videos
Presentation Spotlight

American Geriatrics Society Lunch and Learn

For the fourth consecutive year, the Department has shared key points and important information from the annual American Geriatrics Society meeting. Request a copy of the recording from this session by emailing geriatrics.research@med.fsu.edu. This year’s topics included:

- PREPAREforYourCare.org: New Advanced Care Planning Resources
- Hypoglycemia/Glycemic Control in Older Adults
- Interprofessional Education and Collaborative Practice
- New Multiple Chronic Conditions App

Announcements

Charles R. Mathews Scholarship for Geriatrics Education and Research

The goal of the Charles R. Mathews Scholarship for Geriatrics Research and Education is to provide first-year medical students at the FSU College of Medicine with the opportunity to engage in a geriatrics-related summer research project. The Department will sponsor up to four eight-week summer research scholarships in the amount of $2,500 each. For more information or to discuss a research idea, contact Suzanne Baker, Research Program Director, at suzanne.baker@med.fsu.edu or 645-1831.

Student proposals are due March 25, 2016.

Recruiting Older Adults into Research (ROAR)

The National Institute on Aging at National Institutes on Health, the Centers for Disease Control and Prevention, and the Administration for Community Living are collaborating on the Recruiting Older Adults into Research (ROAR) project to encourage older adults and their family caregivers, including underrepresented populations, to consider participating in research. The ROAR Toolkit provides best practices and resources on how to recruit older adults, currently focusing individuals who have Alzheimer’s disease or dementia, into research studies. Read more on the ROAR website.
Maureen P. Bruns, MD – Florida Geriatrics Society Outstanding Student in Geriatrics Award

This year Maureen “Paulie” Bruns won the Florida Geriatrics Society Award for Outstanding Student in Geriatrics. This award is presented to the senior medical student who uses a patient-centered approach to problem solving and patient management for the older adult and who recognizes the distinct benefit this approach gives the older patient, their family, and caregivers. Paulie is a past president of the Geriatrics Interest Group.

Senior Artist Project

Spotlight Artist: Nancy Swords

View the gallery of art works by Nancy Swords and other Senior Artists, and read Ms. Swords’ bio.


Presentations

View the full list of presentations from June 2015 through December 2015.

John Agens, December 4, 2015: “Savvy Seniors” Capital Health Plan presentation, Tallahassee, FL.

John Agens, October 26-28, 2015: “Fourth Year Medical Students’ Required Written Patient Care Assignments Reflecting Awareness of Use of Vitamin D in Older Patients at Risk for Falling,” Nutrition through Life Course. Fourth International Conference and Exhibition on Nutrition, Chicago, IL.

Suzanne Baker, November 17, 2015: Leon County Outreach Lunch & Learn on Osteoporosis at Fort Braden Community Center, Tallahassee FL.

Ken Brummel-Smith, December 18, 2015: “Right Care” Capital Health Plan, Tallahassee, FL.

Ken Brummel-Smith, November 28, 2015: International Congress on Gerontology and Geriatrics, Delhi, India.

Marshall Kapp, November 12, 2015: Co-presented “My Life, My Decisions…I think: Autonomy, Capacity & Impaired Mental Status” at the Annual Convention of the American Speech-Language-Hearing Association (ASHA), Denver, CO.

Marshall Kapp, November 3, 2015: “Nursing Home Culture Change: Legal Apprehensions and Opportunities” as part of the Brown Bag Lunch Series sponsored by the Florida State University Institute for Successful Longevity at the FSU College of Medicine, Tallahassee FL.


Alice Pomidor, June 9, 2015: “Engaging the Public and Professionals in Surveying Needs to Put into Action via Statewide Coalition”, Maryland Older Driver Safety Symposium - Promoting a Culture of Safe Mobility for Life, Linthicum Heights, MD.
The full list of faculty publications and presentations follow.
John E Agens, Jr., MD

**Publications**


**Presentations**


October 26-28, 2015: “Fourth Year Medical Students’ Required Written Patient Care Assignments Reflecting Awareness of Use of Vitamin D in Older Patients at Risk for Falling” Nutrition through Life Course. Fourth International Conference and Exhibition on Nutrition, Chicago, IL.

Suzanne Baker, MA

**Publications**

**Presentations**

November 17, 2015: Leon County Outreach Lunch & Learn on Osteoporosis at Fort Braden Community Center.

Ken Brummel-Smith, MD

**Publications**

**Presentations**

<table>
<thead>
<tr>
<th>Date</th>
<th>Venue</th>
<th>Where</th>
<th>Who</th>
<th>What</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec 18</td>
<td>Local</td>
<td>Tallahassee</td>
<td>CHP</td>
<td>Right Care</td>
</tr>
<tr>
<td>Nov 28</td>
<td>International</td>
<td>Delhi, India</td>
<td>International Congress on Gerontology and Geriatrics</td>
<td>Advance Care Planning</td>
</tr>
<tr>
<td>Nov 27</td>
<td>International</td>
<td>Delhi, India</td>
<td>International Congress on Gerontology and Geriatrics</td>
<td>Managing Patients with Multiple Comorbidities</td>
</tr>
<tr>
<td>Nov 27</td>
<td>International</td>
<td>Delhi, India</td>
<td>International Congress on Gerontology and Geriatrics</td>
<td>Motivational Interviewing</td>
</tr>
<tr>
<td>Nov 27</td>
<td>International</td>
<td>Delhi, India</td>
<td>International Congress on Gerontology and Geriatrics</td>
<td>Using Mobile Apps in Patient Care</td>
</tr>
<tr>
<td>Nov 27</td>
<td>International</td>
<td>Delhi, India</td>
<td>International Congress on Gerontology and Geriatrics</td>
<td>Falls Workshop</td>
</tr>
<tr>
<td>Nov 17</td>
<td>National</td>
<td>National</td>
<td>National POLST webinar</td>
<td>POLST in Dementia</td>
</tr>
<tr>
<td>Nov 4</td>
<td>Local</td>
<td>Tallahassee</td>
<td>Tallahassee Senior Center</td>
<td>End of Life Care</td>
</tr>
<tr>
<td>Nov 1</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Dying with Dementia</td>
</tr>
<tr>
<td>Oct 29</td>
<td>Local</td>
<td>Tallahassee</td>
<td>Tallahassee Senior Center</td>
<td>Age Friendly Communities</td>
</tr>
<tr>
<td>Date</td>
<td>Location</td>
<td>City</td>
<td>Organization</td>
<td>Topic</td>
</tr>
<tr>
<td>----------</td>
<td>----------</td>
<td>---------------</td>
<td>------------------</td>
<td>--------------------------------------------</td>
</tr>
<tr>
<td>Oct 28</td>
<td>Local</td>
<td>Tallahassee</td>
<td>FSU College of SW</td>
<td>Frailty</td>
</tr>
<tr>
<td>Oct 26</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Physician Aid-in-Dying</td>
</tr>
<tr>
<td>Oct 19</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Palliative Care</td>
</tr>
<tr>
<td>Oct 12</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Withholding and Withdrawing Life-sustaining Treatment</td>
</tr>
<tr>
<td>Oct 10</td>
<td>Local</td>
<td>Tallahassee</td>
<td>AARP</td>
<td>How to Talk to Your Dr.</td>
</tr>
<tr>
<td>Oct 9</td>
<td>Local</td>
<td>Gainesville</td>
<td>AHEC</td>
<td>Making the End Count</td>
</tr>
<tr>
<td>Oct 5</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Advance Care Planning</td>
</tr>
<tr>
<td>Oct 5</td>
<td>Local</td>
<td>Tallahassee</td>
<td>AARP</td>
<td>How to Talk to Your Dr.</td>
</tr>
<tr>
<td>Oct 1</td>
<td>Local</td>
<td>Tallahassee</td>
<td>Westminster Oaks</td>
<td>Right care</td>
</tr>
<tr>
<td>Sept 28</td>
<td>Local</td>
<td>Tallahassee</td>
<td>Tallahassee Senior Center</td>
<td>Getting the Right Care</td>
</tr>
<tr>
<td>Sept 28</td>
<td>Local</td>
<td>Tallahassee</td>
<td>OLLI</td>
<td>Understanding Dying in America</td>
</tr>
<tr>
<td>Sept 25</td>
<td>Local</td>
<td>Tallahassee</td>
<td>Tallahassee Senior Center</td>
<td>Positive Aging</td>
</tr>
<tr>
<td>Sept 11</td>
<td>National</td>
<td>Los Angeles</td>
<td>UCLA</td>
<td>Rehabilitation</td>
</tr>
<tr>
<td>Aug 14</td>
<td>National</td>
<td>Tallahassee</td>
<td>STFM</td>
<td>HeartMath Training for FPs</td>
</tr>
<tr>
<td>Aug 2</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>Dementia</td>
</tr>
<tr>
<td>Aug 2</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>End of Life Care</td>
</tr>
<tr>
<td>Aug 1</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>Medications</td>
</tr>
<tr>
<td>Aug 1</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>Rehabilitation</td>
</tr>
<tr>
<td>July 31</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>Optimal Aging</td>
</tr>
<tr>
<td>July 31</td>
<td>National</td>
<td>Bar Harbor, ME</td>
<td>CME Conferences</td>
<td>Health Screening</td>
</tr>
<tr>
<td>July 24</td>
<td>National</td>
<td>Tallahassee</td>
<td>STFM</td>
<td>HeartMath Training for FPs</td>
</tr>
<tr>
<td>June 30</td>
<td>State</td>
<td>Orlando</td>
<td>Leading Age FL</td>
<td>Advance Care Planning</td>
</tr>
<tr>
<td>June 25</td>
<td>National</td>
<td>Bozeman, MT</td>
<td>The Society</td>
<td>Dealing with Uncertainty</td>
</tr>
</tbody>
</table>
### Marshall Kapp, JD, MPH

**Publications**


**Presentations**

- November 12, 2015: Co-presented “My Life, My Decisions…I think: Autonomy, Capacity & Impaired Mental Status” at the Annual Convention of the American Speech-Language-Hearing Association (ASHA), Denver, CO.
- November 3, 2015: “Nursing Home Culture Change: Legal Apprehensions and Opportunities,” as part of the Brown Bag Lunch Series sponsored by the FSU Institute for Successful Longevity at the Florida State University College of Medicine, Tallahassee, FL.
- September 18, 2015: “Physician Orders for Life-Sustaining Treatment (POLST) in Florida,” at CLE course Lawyers at the Bedside: The Intersection of Legal and Medical Ethics, sponsored by Florida Bar Continuing Legal Education Committee and the Health Law Section, Orlando, FL.
- July 15, 2015: “The Physician’s Responsibility Concerning Guns and Older Patients,” at 34th International Congress on Law and Mental Health” sponsored by the International Academy of Law and Mental Health at Sigmund Freud University, Vienna, Austria.
- June 5, 2015: “Resident Choices in Long Term Care Communities: Risk Management Challenges and Opportunities,” at 38th Annual Health Law Professors Conference sponsored by American Society of Law, Medicine and Ethics, St. Louis, MO.

### Paul Katz, MD

**Publications**


### Alice K Pomidor MD, MPH, AGSF

**Publications**


Pomidor AK (2015). Florida Academy of Family Physician’s Florida Family Physician - Improving the Quality of Geriatric Care. *The Older Adult Driver*. 64(3).
### Presentations


June 9, 2015: “Engaging the Public and Professionals in Surveying Needs to Put into Action via Statewide Coalition” at the Maryland Older Driver Safety Symposium - Promoting a Culture of Safe Mobility for Life.

### Antonio Terracciano, PhD

### Publications


* Contributed equally to work.