

What's Going 'Round

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A publication from The Florida State University's Dean of Students Department's Office of New Student & Family Programs

Home for a Winter Break!

Caleb Cash

The end of the Fall semester is quickly approaching and your student is preparing to head home for the holidays. Of course this is an exciting time for family members and students as each prepare for a the trip to relax from the long semester at Florida State University. While it is a great time to relax for your student, the time at home may be a challenge since your student has experienced the freedoms of college.

To help you prepare for your student's homecoming, we have prepared some tips to help you get through the holidays with your college student. These tips can help you and your college student with the adjustment to house rules as well as setting the boundaries for an exciting visit home.

- **Expect some push back from your student.** It will take a little time for them to warm up to being back home.
- **Have a conversation about your expectations for the holiday break.** This will give you both a chance to make the trip as pleasant as possible.
- **Don't assume that your child is going to just hang out at home.** Before they arrive, they usually have lined up visits with friends and other activities. Check in with them before they head home to discuss family gatherings you would like them to attend. Ask if they would like any of their friends to come along.
- **Remember that sleep is good.** While your day may end at 10 p.m., that is when most college students get going. Now that your student is home, he may spend a lot of time catching up on sleep.
- **Refrain from doing everything for your student.** While it is exciting to have your student at home, encourage your student to continue taking responsibility for the things he or she already does while at school: medical appointments, car and computer maintenance, and finances.

- **Be prepared to discuss money issues openly.** Because money is a tight for most family members who have college students, it is important to help your student learn how to budget their personal finances. Just don't let this be the topic of the entire trip home.
- **If there are siblings at home, the family has to reconfigure.** Remember since your student has left for college the dynamics of the household has changed as well. Be sure to help siblings adjusting to the change of having the student back home.
- **Finally, don't be surprised if your student comes home exhausted.** Your student will have just finished taking final exams and it is important to let them relax so they can begin the next semester refreshed.

Continue to have open conversations with your student to ensure their transitions from the university to home is as smooth as possible. We hope these tips can help you and your student enjoy the time off from the hustle and bustle of school.



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Did you know?

- FSU FILM SCHOOL GRADUATE MICAH RANUM RECENTLY WAS RECENTLY NAMED ONE OF THE FIVE DON AND GEE NICHOLL FELLOWSHIP IN SCREENWRITING, BY THE ACADEMY OF MOTION PICTURE ARTS AND SCIENCES

Join the Family Connection on Tuesday, November 23rd at 11:30 a.m. until 1 p.m. for a FSUchat. Just visit www.nsfp.fsu.edu and click on the FSUchat button to begin!





College Spotlight:

The College of Human Sciences

The College of Human Sciences encompasses fields of study that address the well-being of individuals, families, and communities. We focus on what is good for people--from healthy diet and exercise to satisfying personal relationships to sustainable consumer products. Our programs of study prepare students to work and succeed in the global environment of the 21st century. The programs are located in one of three departments:

- *Family and Child Sciences*
- *Nutrition, Food and Exercise Sciences*
- *Retail Merchandising and Product Development*

For over 100 years the College has long been known for providing a nurturing environment for students, and we like to say that "We don't enroll students, we enroll families." This emphasizes the connection we feel with students and their families both during their study with us, and when they become alumni.

With almost 3000 undergraduate majors and 200 graduate students, Human Sciences is the fourth largest college at FSU. Faculty are known nationally for research on relationships and families designed to inform public policy, the influence of diet and exercise

on chronic disease and aging, consumers in the marketplace, and development of fashionable and functional apparel.

The faculty of the College of Human Sciences is an award winning faculty who are leaders in their respective disciplines and are recognized for their teaching and research. In addition to great faculty the College is accredited by the American Association of Family and Consumer Sciences .

Learn more about the innovative and collaborative research being conducted by student and faculty teams at www.chs.fsu.edu. Here you can Read about the FSU Family Institute and the Marriage and Family Therapy Clinic in the department of Family and Child Sciences. Don't forget to check out The Center for Advancing Exercise and Nutrition Research on Aging, in the department of Nutrition, Food and Exercise Sciences. Discover our Retail Center and the consumer, textile and apparel design research explored in the department of Retail Merchandising and Product Development.

Did You Know?

- Established in 1905 as part of the Florida State College for Women
- Has award winning faculty who are leaders in their respective disciplines and are recognized for their teaching and research
- The flagship program in Human Sciences in Florida

Uphold the Garnet & Gold

The Florida State University is a diverse community with a longstanding tradition of respect for the dignity and worth of each person. While we recognize the importance of differing opinions and informed debate for a dynamic learning environment, we also expect each member of our community to embrace the values of civility and ethical conduct and share in the responsibility to promote these values.

Uphold the Garnet & Gold is a new tradition on Florida State University's campus, kicked off at the 2010 New Student Convocation. This program is meant to encourage civil behavior around campus and in the Tallahassee community. Your student can uphold the values of Florida State University by exhibiting good sportsmanship at athletic events, being open to hearing differing opinions and ideas, and respecting the values and views of others.

To spread the message of Uphold the Garnet & Gold, several gold coins have been given out to various members of the University community. When these people see someone acting in a way that upholds the values of Florida State, they will give a gold coin to that person. That person in turn will then pass it on to someone else when they do something that upholds the Garnet & Gold. The goal is not to hold on to a coin, but to pass it on, and then do something to receive another one - to "pay it forward."

Encourage your student to "pay it forward" and to Uphold the Garnet & Gold to make Florida State University a more civil campus!



Office of New Student & Family Programs

FAMILY CONNECTION: CONNECTING FAMILIES TO THE FLORIDA STATE UNIVERSITY

Phone: 850-644-2785
family@admin.fsu.edu

Enterprising New Academic Center at FSU:

Leading the Country in Innovative Steps to Unite Medical Students + Law Students

Written By: Diane Dulcie

At the Florida State University, you will often hear the term “unite” when discussing our dynamic student body, our strong academic programs, and our ability to bring together the talents and ideas of many people for the good of a common cause. A new, enterprising academic center at the university has taken this principle to new heights in the founding of the first Collaborative Center between medicine and law. Under the direction of Professor Marshall B. Kapp, J.D., M.P.H, the *Center for Innovative Collaboration in Medicine & Law* has been established at FSU to promote co-operation between the two professions who often find themselves at odds.

The Center, a joint effort of the College of Medicine and College of Law, is based in the medical school which just proudly celebrated its 10th anniversary at Florida State. Professor Kapp explains that the idea for the Center arose from informal conversations among faculty members at both schools seeking to break down historical barriers and identify areas where students from each College could work together on the medical humanities and health laws impacting our society. The Center’s unique mission will start at the student level, and incorporate collaborative work at the practitioner level through to the policy level. As an academic institution without its own agenda, the Center’s constituents aspire to implement the level of respected research, education and service projects that will ultimately benefit the healthcare consumer, who represents both the physician’s patient and the lawyer’s client.

Professor Kapp, who has a law degree and a master’s degree in public health, teaches in both Colleges at FSU and is an editor on the boards of several major journals in health law. He has published and spoken extensively on topics in health law, medical ethics, and law and aging. He notes the Center’s goal is to establish the credibility necessary to transcend the fears of both professions and gain the respect of policymakers, both public and private. *“Whether we do briefings, programs or publications for the policymakers, they will see what we have to say on issues.”*

John Fogarty, dean of the College of Medicine, has said the new Center *“provides Florida State an incredible opportunity to truly build collaborative programs between our medical school and law school that should set the national model. Sharing faculty and resources and providing expertise and frameworks for looking at the difficult ethical, moral and health care-related concerns of our society should be a great benefit to our university and our state.”* Among the many issues the Center will address is ‘end-of-life’ care, a looming concern for each profession tackling complex medical-legal situations facing our aging population.

If you have visited other university campuses around the country, it is no secret -- and perhaps no coincidence -- that the medical school and law school buildings are often situated as far from each other as possible. Florida State is one of the few campuses where the two complexes are within walking distance – and now, all eyes around the nation will be watching whether the distance between these two academic powerhouses can be abridged further by our university’s dedication to the vital issues holding an enduring presence, importance and evolutionary impact upon our society.

If you or your student would like more information on the *Center for Innovative Collaboration in Medicine & Law* at the Florida State University, contact Professor Kapp at (850) 645-9260 or visit <http://www.law.fsu.edu/faculty/mkapp.html> and <http://ssrn.com/author=218808>



**GARNET & GOLD
SCHOLAR SOCIETY**

Does your son or daughter qualify to be part of the exciting new Garnet and Gold Scholar Society? Your student can be recognized for his or her engagement experiences by participating in this new initiative from FSU President Eric Barron.

Visit <http://garnetandgoldscholar.fsu.edu>
or email
garnetandgoldprogram@admin.fsu.edu.





THE DORI SLOSBERG FOUNDATION

Florida Road Safety Week

Please join The Dori Slosberg Foundation in participating in Florida Road Safety Week March 12-17, 2011. During this week, law enforcement officers and cyclists from around Florida will undertake a 564 mile bike ride from Miami to Tallahassee in order to raise awareness for safe driving. The cyclists will depart from Miami on March 12th, stopping in the cities of Jupiter, Merritt Island, Orlando, Lake Mary, Gainesville, and Perry, and finally arrive at the Capitol building in Tallahassee at 11:00am on March 17th. Your help and support, along with our many volunteers, sponsors, and supporters will make certain that all of Florida practices safe driving habits while on the road.

According to the Centers for Disease Control and Prevention, in 2009 3000 teens (ages 15-19) were killed and 350,000 injured from motor vehicle related collisions. Motor vehicle accidents are the leading cause of death and injury among teens and young adults, who are four times more likely than older adults to get in a motor vehicle accident. Teens and young people are also less likely to wear a seat belt while driving and more likely to drink and drive. In 2008, three out of four teen and young adult drivers who died in a motor vehicle accident as a result of drinking and driving were also not wearing a seatbelt. These statistics highlight the importance of advocating safe driving and safe driving habits not only to the young drivers of America, but to parents and educators who can influence and encourage a teen's decision to practice road safety.

The Dori Slosberg Foundation is a non-governmental, not for profit, public service organization that works with Florida driver education programs, law enforcement, and the Florida legislature to ensure safety on our roadways. The foundation seeks to: Educate the public about the importance of traffic safety, promote the usage of safe driving habits, especially seatbelt compliance and proper child restraint devices, support and advance the Driver's Education Programs nationwide enabling law enforcement to save lives through legislation, and assist the Florida Department of Transportation to ensure a safe driving environment on our roadways.

To find out more about The Dori Slosberg Foundation or for more information on Florida Road Safety Week, please visit <http://dorislosberg.org/>

IS YOUR STUDENT GOING ABROAD? THEN ENCOURAGE THEM TO COME TO GOING GLOBAL!

Is your student thinking about going abroad? We'd like to invite them to join us for a FREE global photo exhibit, international food, a poster showcase, and presentations all designed to help them learn more about international opportunities and hear from other students who have studied, researched, served, or interned abroad! *Going Global: A Showcase of Student Discovery* will be held on November 12 from 3 until 5pm in the Center for Global Engagement. For more information about Going Global, please contact Jillian White at jvwhite@admin.fsu.edu.

PROFILES OF SERVICE APPLICATIONS OPEN

Students with an outstanding service background are invited to apply for Student Profiles of Service. Profiles of Service Awardees have been recognized through ads in local newspapers, on the Blackboard login page, and through social media outlets. The recognition is sponsored by The Center for Leadership & Civic Education and the Division of Student Affairs. To learn more or to direct your student to apply, visit the following link: http://thecenter.fsu.edu/POS_2010application.pdf. Applications are due on November 19 at 5pm. For questions, please contact Samantha Nix at (850)644-3342 or snix@admin.fsu.edu.

MOELLER SERVICESHIP APPLICATIONS AVAILABLE

Students who set up a service internship for summer 2011 may apply for a chance to earn up to \$4,000 to help fund travel and living costs during their experience! Florida State University students can apply now for a Moeller Serviceship through The Center for Leadership and Civic Education by clicking here: http://thecenter.fsu.edu/summer_serviceships.html. Students interested in applying are expected to spend 30-40 hours per week for 8-12 weeks next summer contributing to an area of community need. To download an application, to view our workshop schedule, or to learn more about last year's Serviceshippers, visit the Moeller Serviceship webpage now! Applications are due December 1 at 5pm.



The Seminole Experience Book

The Seminole Experience Book is now available online! You and your student are not going to want to miss this terrific publication. A joint effort by the FSU Student Alumni Association and Student Government Association, the Seminole Experience Book was created as a guide for students who want to reach beyond the academic classroom and experience all that Florida State has to offer. This Book has exceeded expectations in mastering an enlightening 'literary walk' through the adventures and treasures of campus life at Florida State. It not only promotes all of the enriching opportunities and traditions our university has to offer, it also allows students to document these experiences in a scrapbook throughout their journey at FSU. Its well-edited, colorful pages will keep you engaged, and its wealth of vital information will transform you and your student into the well-rounded Seminoles the authors intended. As you learn about important landmarks on campus, the university's rich history, and the abundance of activities to partake in at Florida State, the Seminole Experience Book will become a family keepsake certain to create lifelong memories.

View Book at: <http://alumni.fsu.edu/community/page.aspx?pid=2666>

The Jim Moran Institute College of Business at The Florida State University Taxi Tab Entrepreneurship

Eric Fritz

Taxi Tab is a student run business that is a member of the Y.E.S. Club (Young Entrepreneurs Society) and funded completely by the Jim Moran Institute at Florida State University. In addition to being a member of Y.E.S., Taxi Tab is also a member of C.E.O. club (Collegiate Entrepreneurs Organization). Taxi Tab is proud to be a part of these exclusive clubs as they provide an opportunity for students to foster their entrepreneurial dreams, and allow them to come true. All the profits that is generated will go back to Florida Stat University and into the entrepreneur clubs. The opportunity that Florida State University and The Jim Moran Institute have provided the students with, has provided them with a world class experience, and is something they would want to share with future students.

Taxi Tab is a business that allows any student or patron in Tallahassee, FL the opportunity to obtain a 'Taxi Tab' card, and this card can be used as a form of payment in any 'Yellow Cab' taxi in Tallahassee. Parents or students can sign up for this service by visiting www.taxitabtally.com or emailing directly at taxitabtally@gmail.com. The company obtains the necessary information for the cardholder as well as the billing party, and bill the customers monthly. Having the card is a great asset for any student in Tallahassee because no matter what the circumstances, they can call Yellow Cab and use the Taxi Tab card to get home safe. The company strives to provide first class customer service, and will go the extra mile to make sure parents and students understand the business and how it can benefit them.



One monthly bill for all of your taxi use!

- **Get your student home even when they are short on cash!**
- **'Taxi Tab' cards are accepted by all Yellow Cab's in Tallahassee**
- **For your convenience, you or your student is only billed monthly, and never billed for a month when you don't use a taxi!**
- **Email for more information regarding how to sign up online for only \$5**

www.taxitabtally.com
taxitabtally@gmail.com
A partner of Yellow Cab (850) 580-8080