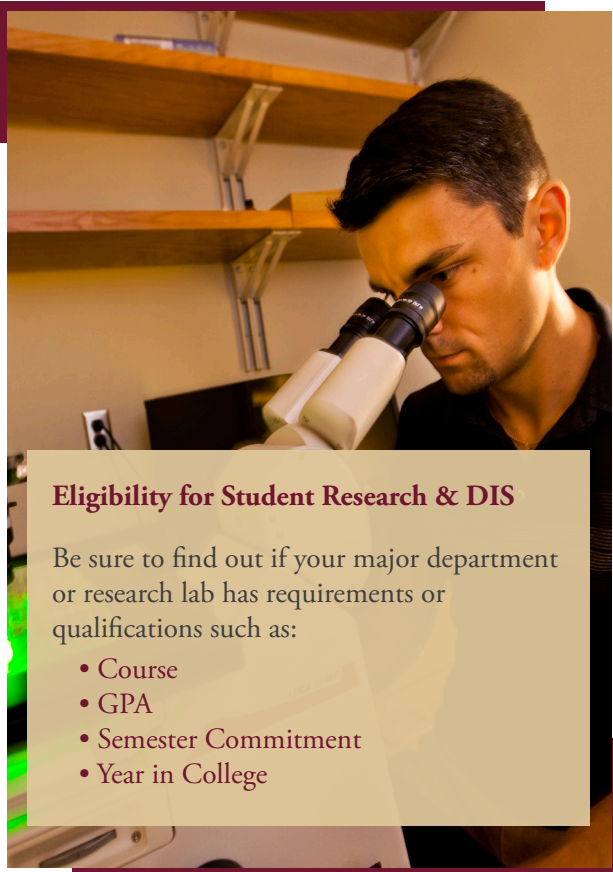


# HOW TO CHOOSE A RESEARCH LAB

Find faculty doing work that intrigues you. Most faculty are active in research and are training grad students and post-doctoral fellows. Learn about them by reading their website, profile page, and recent publications.

Seek advice and information from professors and lab instructors. After you find what interests you, ask to meet with a professor to talk about their work. Make a good impression by first becoming knowledgeable about research.



## Eligibility for Student Research & DIS

Be sure to find out if your major department or research lab has requirements or qualifications such as:

- Course
- GPA
- Semester Commitment
- Year in College



## FLORIDA STATE UNIVERSITY

### CONTACT INFORMATION

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For more information, please visit:  
[www.med.fsu.edu](http://www.med.fsu.edu)

- > Search 'Undergraduate Research Opportunities'
- > Click on the first link titled 'Division of Research – Undergraduate Research Opportunities'



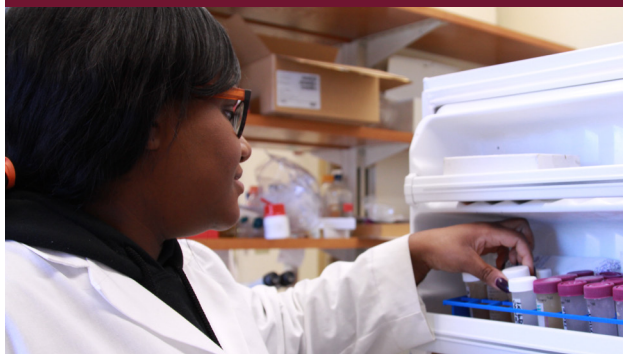
FLORIDA STATE  
UNIVERSITY



UNDERGRADUATE RESEARCH  
**DIRECTED  
INDIVIDUAL  
STUDY**

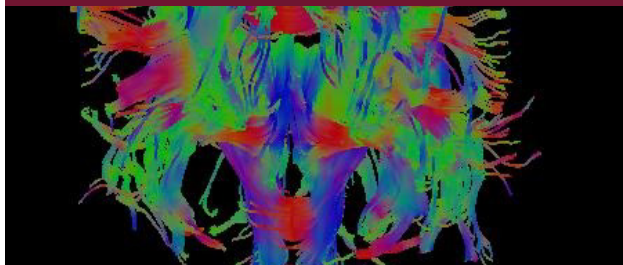
## CAN I DO RESEARCH AS A STUDENT?

Yes! Florida State University has fantastic programs, advising, and organizations for students interested in research. Start early and apply for UROP, the Undergraduate Research Opportunity Program as a freshman, or learn about research through your advisors and courses. Take advantage of learning outside of the classroom and gain hands-on experience in any area, discipline, or department.



## WHAT IS A DIS?

Directed Individual Study (DIS) is an opportunity for undergraduates to participate in research with faculty and graduate students at Florida State. It is a great way to gain hands-on research experience.



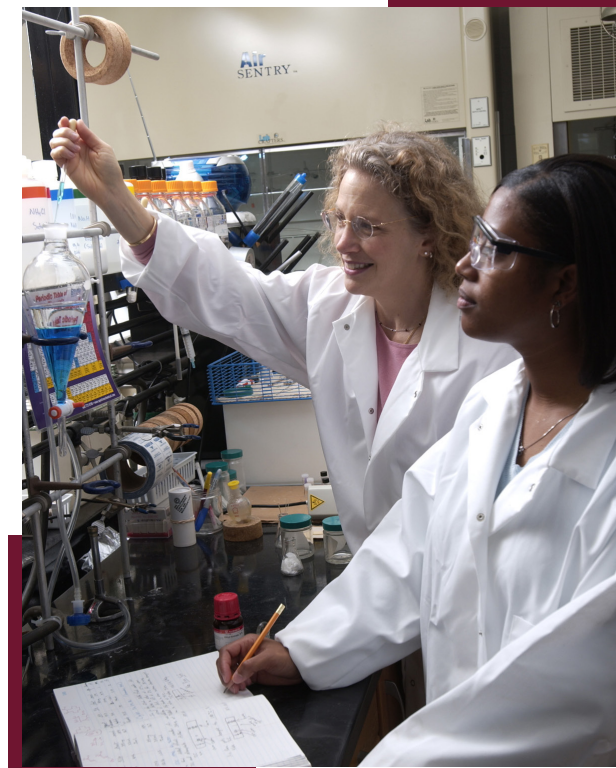
## WHEN SHOULD I PLAN ON A DIS?

Plan Ahead! Begin reading and learning about research and what it entails in each department at FSU. Faculty work with students at any level – freshman, sophomore, junior, and senior.

Most labs and researchers need a MINIMUM two semester commitment.

Freshman Year - use your coursework and network with faculty and TA's to find out what really interests you. Bio or chemistry experiments? Social sciences like psychology? Applied areas like social work or public policy?

Some labs prefer working with students who already have some college experience. You can start by volunteering with a lab, then advance to doing DIS for academic credit in your sophomore year or later.

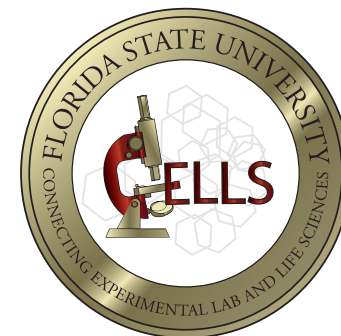


## GET ADVICE

Join Dr. Foster and Research Peer Advisors to learn how to navigate the process of getting involved in research. Get your questions answered by peer advisors with valuable research experience.

**Group and Peer Advising for Research**  
**FRIDAYS, 12:30 PM**  
**Room 3316 at the College of Medicine**

Join CELLS! FSU's Student Organization for Undergraduate Research provides a social and professional network for students engaged in biomedical, clinical, and social science research.



## HOW TO START A DIS

DIS credit can vary from 1 – 3 credits depending on the commitment established between you and the faculty member or lab. Registration can also vary, so check with your major advisor about the process you need to follow. Typically, you will complete a DIS registration form in your major department and given a course reference number to register yourself for the DIS.