

TOBACCO TREATMENT SPECIALIST TRAINING SCHEDULE

TOPIC	SPEAKER
DAY 1 8:00 A.M. – 5:30 P.M.	
WELCOME	
TOBACCO KNOWLEDGE AND EDUCATION – BRIEF HISTORY AND THE PUBLIC HEALTH PERSPECTIVE	
15 MINUTE BREAK	
USPHS CLINICAL PRACTICE GUIDELINES FOR TREATING TOBACCO USE AND DEPENDENCE	
PRACTICAL COUNSELING	
LUNCH	
OTHER TOBACCO PRODUCTS	
15 MINUTE BREAK	
MOTIVATIONAL INTERVIEWING	
DAY 2 8:00 A.M. – 5:30 P.M.	
PHARMACOTHERAPY	
15 MINUTE BREAK	
PHARMACOTHERAPY, CONTINUED	
LUNCH	
ASSESSMENT	
15 MINUTE BREAK	
TREATMENT PLANNING	
PROFESSIONAL RESOURCES	

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TOPIC	SPEAKER
DAY 3 8:00 A.M. – 5:15 P.M.	
RESEARCH LITERATURE	
GROUP TREATMENT	
15 MINUTE BREAK	
RELAPSE PREVENTION	
DOCUMENTATION & EVALUATION	
LUNCH	
SPECIAL HEALTH ISSUES	
BEHAVIORAL HEALTH	
15 MINUTE BREAK	
STRESS MANAGEMENT	
LAW & ETHICS	
DAY 4 8:00 A.M. - 12:15 P.M.	
JOURNEY'S FACILITATOR TRAINING	
15 MINUTE BREAK	
JOURNEY'S FACILITATOR TRAINING CONTINUED	