Nephrology It Is!

Deciding internal medicine was going to be my specialty was probably one of the easier choices I had to make in medical school, given the breadth of opportunity within the field and the privilege such broad exposure to disease it brings to us. But following that decision, the churning uncertainty in what follows in our relatively short stint in residency hovers over us even prior to starting our post-graduate training.

There is so much out there to explore and learn when we poke our heads outside the confines of our day-to-day routine. This January, I had the opportunity to attend the Florida Society of Nephrology’s (FSN) Annual Meeting along with Dr. Luba Muaddi through their Outreach Scholarship Program. I had heard of the program through our very own Dr. Avon Doll who is Vice President of FSN. Dr. Doll met us there and introduced us to the society’s leadership and many of the talented nephrologists practicing in the state. It was a great opportunity to explore the subspecialty from life in small community practices to large academic centers, and all sorts of different niches of the specialty like interventional and transplant nephrology and nephrology-critical care.

The lecture series featured notable speakers from the field including an expert in glomerular disease, Dr. Gerald Appel from Columbia University and a leading expert on calciphylaxis from Harvard University, Dr. Sagar Nigwekar, both delivering excellent and engaging lectures. Considering what is to come next, nephrology certainly has my attention.

- Vincent Riesgo, MD