Human Systems in Health and Disease
BMS 6047
Musculoskeletal and Integumentary Systems

Florida State University
College of Medicine
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Overview

Course Goals

In the Musculoskeletal and Integumentary Systems block, students acquire a fundamental knowledge of the structures and functions of these systems in the context of caring for patients. Students learn principles of recognition and management of musculoskeletal and integumentary disorders, including autoimmune and rheumatologic diseases, and knowledge of the medications used in their treatment. Through active exploration of case-driven problems, students discover how basic science and clinical medicine explain the signs and symptoms of musculoskeletal and integumentary disorders that are likely to be seen by the primary care physician. They learn how to evaluate clinical history, physical examination, and laboratory data related to musculoskeletal, integumentary and rheumatologic disorders using an “evidence-based” approach. COM mission-based domains are underscored in specific objectives that address important issues in geriatric, rural and other underserved populations, such as age-related changes in skin that predispose elderly patients to injury. Curricular themes such as cultural issues, ethics, and public health are developed as essential components in clinical encounters with standardized patients and in case studies, for example, the impact on skin care of cultural attitudes about beauty, and the disparities in vulnerability to arthritis and joint degeneration associated with employment and socioeconomic status. Our goal is to help our learners acquire a mastery of concepts that will allow them to perform as exemplary clinicians in any area of practice, long after the course has been completed.

Course Objectives mapped to Education Program Objectives (EPO)

<table>
<thead>
<tr>
<th>Course Objectives</th>
<th>EPOs</th>
<th>Means of Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Demonstrate effective communication with patients and their families from diverse backgrounds, including culturally and linguistically appropriate interviewing skills, appropriate use of an interpreter, and culturally appropriate verbal and non-verbal behaviors that promote building rapport and trust, and accurate and appropriate vocabulary and concepts about musculoskeletal disorders and diseases of the skin.</td>
<td>2.2, 2.3, 4.1, 5.5</td>
<td>Observation by faculty and staff</td>
</tr>
<tr>
<td>2. Demonstrate the ability to perform, interpret and report the results of pertinent patient-centered history, physical examination and diagnostic testing regarding the musculoskeletal and integumentary systems across the lifespan.</td>
<td>1.2, 1.3, 5.1, 5.5</td>
<td>Observation by faculty and staff; OSCE</td>
</tr>
<tr>
<td>3. Demonstrate clinical skills and clinical reasoning necessary for diagnosis, evaluation, and management of musculoskeletal, rheumatological, and dermatological disorders and diseases, including selection and interpretation of appropriate diagnostic imaging and testing and development of a management plan.</td>
<td>1.2, 1.4, 1.6, 2.3</td>
<td>Observation by faculty in CLC and small groups</td>
</tr>
<tr>
<td>4. Compare and contrast the normal and abnormal structures (including microscopic anatomy) and functions of the musculoskeletal and integumentary systems, including: genetic and environmental factors, host-defense functions of the integumentary system, and significance of cutaneous microbiological flora in relationship to disease, and anticipate the clinical effects expected to result from injury, disease and environmental factors impacting the musculoskeletal and integumentary systems, including the rheumatologic disorders</td>
<td>2.2, 2.3, 2.4</td>
<td>Observation by faculty in small groups; Exam</td>
</tr>
<tr>
<td>5. Anticipate the psychosocial effects expected to result from injury, disease and environmental factors impacting the musculoskeletal and integumentary systems, including the rheumatologic disorders, and describe their appropriate identification, prevention and management, including pharmacologic and non-pharmacologic approaches</td>
<td>2.2, 2.3, 2.4, 2.5</td>
<td>Observation by faculty in small groups; Exam</td>
</tr>
<tr>
<td></td>
<td>Detailed learning objectives are provided for each session in the course.</td>
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</tr>
<tr>
<td><strong>Course Format</strong></td>
<td>The course emphasizes engaged and active learning through a variety of individual, interactive large group, and case-based small group learning activities as well as encounters in the Clinical Learning Center. Formative on-line assessment materials emphasize the development of thinking skills through analysis of data and cases, including biostatistics and epidemiology and NBME/USMLE-type questions. Students are expected to self-assess their learning needs and set goals to address them with the aid of faculty and their learning groups.</td>
<td></td>
</tr>
<tr>
<td><strong>Large Group Sessions (Remote, via Zoom)</strong></td>
<td>Formal lectures are limited in favor of interactive large group sessions. This learner-centered model uses the principles of active learning, where students consolidate their understanding and identify gaps in understanding as a session evolves, by answering questions and solving problems.</td>
<td></td>
</tr>
</tbody>
</table>
All ICS assignments, templates, links and submissions are through the Class of 2023 Interprofessional Collaborative Skills course site on Interprofessional Collaborative Skills (ICS). During the Fall semester, students complete the activities related to Teamwork and patient safety. The final assignment – a Reflection on communication errors and Care Team activities to reduce and/or address such errors – is due no later than 11:59 PM on Monday, December 7th.

Professionalism

Medicine is a Profession, which means it entails unique responsibilities and obligations as well as unique privileges. “Professional identity formation” is an objective as important as learning the sounds and anatomy of the heart, but requires a different set of learning skills. Important among those are integrity, reflection, self- and peer assessment, deliberate practice, and learning for mastery (not grades).

Two essential Professional behaviors that will become a part of your everyday life are founded on respect for patients:

Small Group Sessions (Remote, via Zoom; attendance required)

Small group exercises are case- and/or problem-oriented. Some sessions pattern thinking through progressive disclosure, others focus on concept development through guided engagement with data, while others employ the Jigsaw paradigm to focus on discovering similarities and differences of presentations or aspects of disease – the basis of differential diagnosis. Small group exercises are designed for engaged and active learning and emphasize reasoning, hypothesis formation, and hypothesis testing. The groups evaluate cases in terms of stated objectives and define additional learning objectives they will need to resolve. In all small group exercises, all members of the group share responsibility for analyzing and explaining the clinical presentations. The value of small group exercises is not always the “answer,” but the reasoning behind it. Basic and clinical science faculty will be present to ask helpful questions if your group is “stuck” and to encourage your curiosity. During small group exercises, you are free to use any resources (unless otherwise instructed). At the end of each small group exercise, you will be expected to review the complete cases and create a summary in your own words of the “take home” points of the cases considered as a group. Summarizing and paraphrasing in your own words is a powerful learning tool.

PICO Assignment

PICO is a format physicians can use for converting clinical scenarios to researchable and answerable questions to provide evidence-based care of patients. This format can be used to answer questions about treatment, diagnosis, risk factors, etiology, statistics and phenomena.

- **P** = Population and/or Problem
- **I** = Intervention, treatment, Prognostic factor, and/or Exposure (Which specific are you considering?)
- **C** = Comparison and/or Control (What is the main alternative to the above?)
- **O** = Outcome (What are you trying to accomplish, improve, or effect?)

During the Musculoskeletal and Integumentary Systems block each student will develop a clinically relevant question, framed using the PICO format. Students will independently research the answer to their question, evaluate, and report the results of their search. The completed assignment is to be submitted via Canvas no later than 5:00 pm, Friday, December 4, 2020. Supporting materials and suggestions about PICO questions and EBM resources for answering these questions are available with the assignment on Canvas.

Clinical Learning Sessions (CLC) (attendance required)

Throughout the block learners will continue to develop their clinical skills and clinical reasoning during individual or paired encounters in the CLC. These encounters will not be restricted to the exam or problems associated with the specific system being studied in the block. They will often include reviews of prior organ systems and demonstrations of how systems intersect and impact one another.

Interprofessional Collaborative Skills (ICS)

All ICS assignments, templates, links and submissions are through the Class of 2023 Interprofessional Collaborative Skills course site on Canvas.

During the Fall semester, students complete the activities related to Team work and patient safety. The final assignment – a Reflection on communication errors and Care Team activities to reduce and/or address such errors – is due no later than 11:59 PM on Monday, December 7th.
Confidentiality: Patients — including Standardized Patients — deserve to be treated with respect. Respect for patients includes keeping all patient information confidential. Patient information may be shared with other health care professionals that have a legitimate, professional “need to know,” or with specific family members, friends, or others that have permission from the patient for access to the information.

Be especially conscious about discussions of patients in public places. Even when patient names are not used, the discussion may reveal the patient’s identity to others who overhear the discussion. Rather than risk a violation of patient confidentiality, discuss patients only in a private setting and only with individuals who have a legitimate need to know.

Be careful to keep all patient notes, reports and materials confidential. Patient records, should be returned to faculty, destroyed, or kept in a secure place.

Similarly, your classmates deserve to be treated with respect. Information learned about your classmates and their families while in class is considered confidential. You are not free to disclose this material to others without the specific consent of the person.

Violation of confidentiality may result in a Report of Concern for Unprofessional Behavior and may be referred to the Student Evaluation and Promotion Committee (SEPC). Egregious unprofessional behavior of any variety may result in suspension of the student, a failing grade for the course, and/or referral to SEPC.

Professional Attire: Medical students, faculty and staff are all ambassadors and representatives of the College of Medicine and of the medical profession. Appearance and behavior should at all times demonstrate respect for the profession and for our patients. The needs of patients must always come first, and any barriers to meeting those needs (including attire, appearance and grooming) must be removed.

Professional attire should be worn in settings where students interact with people from outside the COM, and particularly when interacting with Standardized Patients (SPs) in the CLC, on a “house visit,” or when in a preceptor’s office or clinic, a hospital or nursing facility. Professional attire should also be worn when patients, guests, or visitors are present in large or small group sessions.

Specific standards for professional attire for men and for women are detailed at the end of this document and can always be found on the course Canvas site (the University Learning Management System).

Content

Musculoskeletal and Integumentary System is organized in 4 modules:

Musculoskeletal and Integumentary System

Musculoskeletal System

- Arthritic disorders: osteoarthritis, gout, infectious
- Traumatic injury, back, neoplastic and osteoporotic disorders
- Calcium homeostasis across the lifespan
- Acute and chronic pain syndromes
- Diagnosis and management, pharmacological and non-pharmacological

Integumentary System

- Atopic, autoimmune, genetic, infectious, systemic, neoplastic, and traumatic disorders
- Diagnosis and management, pharmacological and non-pharmacological

Skin

- Adult
- Genital
- Neonatal
- Pediatrics

Bone

- Arthritic disorders: osteoarthritis, gout, infectious
- Traumatic injury, back, neoplastic and osteoporotic disorders
- Calcium homeostasis across the lifespan
- Acute and chronic pain syndromes
- Diagnosis and management, pharmacological and non-pharmacological

Rheumatology

- Mechanical, immune and autoimmune disorders including: rheumatoid arthritis, lupus, Sjogren’s syndrome
- Diagnosis and management, pharmacological and non-pharmacological

Muscle

- Neuromuscular disorders: inherited, toxic, sarcopenic, neoplastic, traumatic and atrophic
- Acute and chronic pain syndromes
- Diagnosis and management, pharmacological and non-pharmacological
Required Materials (All required texts are available as ebooks through COM library course page)

Basic and Clinical Pharmacology (Katzung)
Bates Guide to Physical Examination and History
Taking Behavioral Science in Medicine (Fadem)
Cecil Essentials of Medicine (Wing)
Histology: A Text and Atlas With Correlated Cell and Molecular Biology (Ross)
How the Immune System Works (Sompayrac)
Physiology (Costanzo)
Resolving Ethical Dilemmas: A Guide for Clinicians (Lo)
Robbins and Cotran Pathologic Basis of Disease (Kumar)
Sherris Medical Microbiology (Ryan)
Smith's Patient-Centered Interviewing: An Evidence-Based Method (Fortin)
Understanding Health Policy: A Clinical Approach (Bodenheimer)
OnlineMedEd

Additional required readings will be assigned from a variety of sources. These readings will be provided to you and posted on Canvas when possible.

Other materials required for clinical sessions

a. Clinical examination equipment: Each student must purchase and/or have available the following clinical examination equipment: stethoscope with diaphragm, bell and pediatric option, oto/ophthalmoscope, 128Hz and 512Hz tuning forks, penlight, reflex hammer, Rosenbaum eye chart and a sphygmomanometer with pediatric, adult, and large adult sized cuffs. Opportunities to purchase this equipment at a discount will be provided prior to orientation. Bring your examination equipment with you to each CLC session.

b. Also bring the following to each session in the CLC:
   • A watch capable of measuring seconds
   • A pen for writing (blue or black ink)
   • The student’s personal mobile device loaded with the appropriate medical software/applications.
**Grading System**

**Description of Student Assessment Methods and Grading**

**Examinations**
There will be one assessment in the course. This exam will be comprised wholly or in part of questions from the NBME (National Board of Medical Examiners) question bank. The questions on the customized NBME exam will be selected by course faculty as appropriate assessment of course objectives. A formative practice exam and/or other assessment exercises will be offered throughout the course but do not contribute to the final grade.

**Written exams**
Multiple choice and other question formats are used to assess both content knowledge and application skill (ability to solve problems, demonstration of clinical reasoning, interpretation of images and laboratory results, etc.) on written exams. Exam questions may be drawn from material presented in any activity or assignment, from assigned readings, and from CLC sessions, in addition to questions from the NBME question bank. Exams are cumulative across the curriculum, i.e., main concepts, content and skills from material presented in prior courses may be included in questions. Written questions may also be presented in context with standardized patient encounters during the examination.

Students must score a cumulative average of ≥70% on all exam questions to pass the written examination component of the course. Students with a written exam average below 70% risk failing Musculoskeletal and Integumentary System, and being referred to the Student Evaluation and Promotions Committee.

**Clinical skills exams / Objective Structured Clinical Examination (OSCE)**
Formative and summative assessment of clinical skills occurs periodically throughout the preclerkship phase. OSCEs are skills-based examinations conducted in the CLC to assess the student’s ability to demonstrate clinical skills and behaviors. OSCEs typically consist of several “stations.” Each station will require the student to demonstrate one or more clinical skills/behaviors that will be assessed by a trained observer using established performance criteria for that assessment. The passing score for an OSCE is ≥80%. Students who do not achieve a score of 80% or higher on the formative OSCE must develop a plan to remediate these clinical skills.

**Practice exam**
A formative faculty-written practice examination will be made available after the Thanksgiving break for students to use as part of their exam preparation. It is recommended that students take the examination without collaboration or consulting resources (e.g. textbooks, peers, notes, websites, etc.) in order to give themselves a fair assessment of their current state of knowledge. The practice exam is an important opportunity for students to practice the self-assessment and responsibility for their own learning that are part of Professionalism and Practice Based Learning and Improvement. Answers and rationale for each question are provided to assist students in modifying their study strategy accordingly and identifying resources that will help them succeed in the curriculum.

**Grading**
The FSU COM has adopted a pass/fail grading system which is used in the curriculum for the first and second years (See Student Handbook). To achieve a grade of Pass in BMS 6047 Musculoskeletal and Integumentary Systems a student must earn a minimum of 158 points as described in the table below, including a minimum of 106 points from the assessment categories. The final grade of a student who accumulates 158 total points but has not achieved the minimum required number of points in any non-assessment category will be at the discretion of the course directors following discussion and any required remedial action:

<table>
<thead>
<tr>
<th>Category</th>
<th>Criteria for points</th>
<th>Points</th>
<th>MINIMUM REQUIRED</th>
<th>MAXIMUM POSSIBLE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSESSMENTS (Minimum total points required = 106)</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>End of course exam</td>
<td>Overall score of ≥ 75%</td>
<td>100 points</td>
<td>90</td>
<td>100</td>
</tr>
<tr>
<td></td>
<td>Overall score 70-74.9%</td>
<td>90 points</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Score &lt; 70%</td>
<td>0 points</td>
<td></td>
<td></td>
</tr>
<tr>
<td>OSCE</td>
<td>Satisfactory performance</td>
<td>20 points</td>
<td>16</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>Satisfactorily remediated performance</td>
<td>16 points</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Failed remediation</td>
<td>0 points</td>
<td></td>
<td></td>
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<tr>
<td><strong>TOTAL ASSESSMENT</strong></td>
<td></td>
<td><strong>106</strong></td>
<td></td>
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</tr>
</tbody>
</table>

| **NON-ASSESSMENT CATEGORIES (Minimum total points required = 52)** |
|-------------------------------------------------|-----------------|
| CLC and FOSCE                                   |                 |
| On-time arrival                                 | 1 point each    | 6               |
| Professionalism                                | 1 point each    | 6               |
| Evidence of preparation (non-assessment weeks)  | 1 point each    |                 |
| Clinical skills small group                     |                 |
| On-time arrival                                 | 1 point each    | 5               |
| Evidence of preparation                         | 1 point each    | 6               |
1. An end of course exam average between 70% and 74.9% (90 points) is considered a “marginal” pass. Students in this category are encouraged to consult the academic counselors in Student Affairs as well as the course faculty for advice on study and test-taking skills. An end of course exam average < 70% (0 points) will receive a grade of fail* (see Grading Policy below), which will require remediation or repetition of the course, as proposed by the course directors and determined by decision of the Student Evaluation and Promotion Committee.

2. A student whose performance is <70% (below passing) on any individual exam during the course is required to
   a. Attend the exam review,
   b. Contact the course directors within 24 hours of that exam review, and
   c. Meet with the course directors.

3. A student who achieves an overall passing score (≥ 70%) but has demonstrated a significant deficit in one or more content areas will be required to develop and complete a Performance Improvement Plan in consultation with the course directors. The purpose of the Plan is to assure the student has the requisite knowledge base to succeed in subsequent courses in the curriculum.

4. Attendance and satisfactory participation in all required sessions, all activities scheduled in the CLC, and other activities as determined by the course directors and clinical skills director. Unexcused absence from an activity for which attendance is required may require remediation as determined by the course directors. Multiple unexcused absences from required activities will be considered a Professionalism concern and may result in a Report of Concern for Unprofessional Behavior and referral of the student to the Student Evaluation and Promotions Committee.
5. Demonstration of the attitudes and behaviors of Medical Professionalism in all aspects of the course, including adherence to the Honor Code, adherence to COVID-19-related safety protocols and behaviors, and observation of the dress code. Professionalism concerns may generate a Report of Concern for Unprofessional Behavior (see Student Handbook) and may result in receiving a grade of fail in the course.

6. Satisfactory completion of all assignments, as determined by the course directors.

**Preclerkship course grading policy – Year 2**

**Course written exam score:**
All quizzes are mandatory and must be completed without collaboration or consulting resources (e.g., textbooks, peers, notes, websites, etc.).

The Pass value for an in-house exam is 70%. The Pass value for an NBME exam in an M2 course is set as the national p value for the selected questions, minus 10 points OR 70%, whichever is LOWER (i.e., never higher than 70%). Students will be informed of the NBME p value prior to the exam. For written exams that incorporate both in-house and NBME questions, the passing score for the combined written exam will reflect the proportion of in-house and NBME questions on the exam.

**Course grade:**
If the written exam score is below passing as defined above, a grade of IR will be recorded.

In courses that include an OSCE:
- OSCE score < 80%, if the course written exam score is Pass OR IR (see above) = IR

In courses that include Preceptorship (M1 Spring, M2 Fall):
- Unsatisfactory performance in Preceptorship, if the course written exam score is Pass OR IR = IR

Unsatisfactory Professionalism, if the course written exam score is Pass OR IR = IR or Fail depending on the nature of the Professionalism concern, as determined by the Student Evaluation and Promotion Committee (SEPC).

In any course in which the student's performance merits a grade of IR in 2 or more of the above categories (written exam score, OSCE, Preceptorship, Professionalism), the student will be referred to the SEPC, and a grade of Fail may be awarded, as determined by the SEPC.

**Pre-clerkship course remediation policy – Year 2:**
A student who has completed all the assessments and activities of a course and has not achieved a passing score (see above), will be required to demonstrate competence through an assessment which is consistent with the original course. Remediation activities, including final testing, may involve other students. For an M2 course:
- Students with a score < 10 points below Passing (as defined above) remediate the week after the course ends by taking an individually tailored, open-ended question (essay) format exam.
- Students with a score ≥ 10 points below Passing (as defined above) remediate by taking another NBME exam – the same, or slightly modified from the original.

1. For an M2 Fall course, remediation occurs over Thanksgiving or Winter break.
2. For an M2 Spring course, remediation occurs in the first 2 weeks of dedicated Step 1 study. Course remediation will be integrated with the student’s use of UWorld blocks as part of the study plan.

If a student has IR grades in 2 or more M2 courses they will be referred to the SEPC.

A student who scores <70% on the remediation assessment or does not adequately engage in the remediation process (as monitored by the course directors) will receive a grade of Fail for the course and be referred to the SEPC.

**Course Evaluation**
Students will have the opportunity to provide constructive feedback through evaluation forms completed throughout the semester. Evaluations will include both content and facilitation/teaching. Feedback is encouraged at all times on all components of the course and will assist the block directors in providing a timely continuous quality improvement.
Policies

Americans with Disabilities Act

Candidates for the M.D. degree must be able to fully and promptly perform the essential functions in each of the following categories: Observation, Communication, Motor, Intellectual, and Behavioral/Social. However, it is recognized that degrees of ability vary widely between individuals. Individuals are encouraged to discuss their disabilities with the College of Medicine’s Director of Student Counseling Services and the FSU Office of Accessibility Services to determine whether they might be eligible to receive accommodations needed in order to train and function effectively as a physician. The Florida State University College of Medicine is committed to enabling its students by any reasonable means or accommodations to complete the course of study leading to the medical degree.

The Office of Student Counseling Services
Medical Science Research Building, 2301
Phone: (850) 645-8256
Fax: (850) 645-9452

Students with disabilities needing academic accommodation should:
(1) register with and provide documentation to the Office of Accessibility Services; and
(2) bring a letter to the instructor indicating the need for accommodation and what type.

Please note that instructors are not allowed to provide classroom accommodation to a student until appropriate verification from the Office of Accessibility Services has been provided.

This syllabus and other class materials are available in alternative format upon request. For more information about services available to FSU students with disabilities, contact the:

Office of Accessibility Services
874 Traditions Way
108 Student Services Building
Florida State University
Tallahassee, FL 32306-4167
Voice: (850) 644-9566 TDD: (850) 644-8504
oas@fsu.edu

Academic Honor Code

The Florida State University Academic Honor Policy outlines the University's expectations for the integrity of students' academic work, the procedures for resolving alleged violations of those expectations, and the rights and responsibilities of students and faculty members throughout the process. Students are responsible for reading the Academic Honor Policy and for living up to their pledge to "...be honest and truthful and...[to] strive for personal and institutional integrity at Florida State University." (Florida State University Academic Honor Policy, found at http://fda.fsu.edu/Academics/Academic-Honor-Policy)

Attendance Policy

University Attendance Policy:
Excused absences include documented illness, deaths in the family and other documented crises, call to active military duty or jury duty, religious holy days, and official University activities. These absences will be accommodated in a way that does not arbitrarily penalize students who have a valid excuse. Consideration will also be given to students whose dependent children experience serious illness.

The College of Medicine has detailed attendance policies as they relate to each cohort and events that conflict with course schedules. See pages 28-29 of FSUCOM Student Handbook for details of attendance policy, notice of absences and remediation.

Unexcused absence from a scheduled examination or quiz may result in a score of zero (0 %) being assigned for that assessment.
Unexcused absence from an activity for which attendance is required (for example, Small Group session) may be considered as an issue of Professionalism. Any unexcused absence may require completion of the Performance Improvement Plan (see Grading section, above).
Clinical Learning Center (CLC) Specific Absence Policy

**CLC scheduled activities**

Students with a legitimate reason to miss a scheduled session in the CLC must request an approved absence through Student Affairs through the [online link](#). Students with approved absences will be allowed to reschedule or participate in a make-up session. **Unapproved absences may not be rescheduled or made up.** Repeated unapproved absences may result in a failing grade for the course and a [Report of Concern for Unprofessional Behavior](#).

If you know you will be absent from a scheduled CLC session, please complete the absence approval request at least two weeks in advance. For absences that are approved at least two weeks in advance, a change in CLC schedule assignment will be arranged.

One method for addressing a planned and approved absence is to identify a classmate willing to exchange scheduled sessions with you. In this situation, both students (the student with the approved absence and the willing classmate) should send a request via email to the [CLC Team](#) at least two weeks in advance. Students will be notified re: approval of these requests. Please note: Sending a request is NOT equivalent to receiving approval.

Unplanned but excusable absences from CLC sessions are absences due to circumstances beyond the student’s control. Examples include student illness and/or family death. When such a situation occurs, please contact the [CLC Team](#) as soon as possible, to inform her that you will not be present. Then, submit an absence request to Student Affairs through the [online link](#). Student Affairs will classify the absence as excused or unexcused.

If the absence qualifies as an “excused” absence, the student must contact the [CLC Team](#) to develop a plan to make up the missed session. These sessions may require the presence of an SP and or CLC faculty member. Any excused absence will not impact the student’s grade.

Unexcused absences generally involve circumstances within the student’s control. Examples of unexcused absences include the student who forgets about a scheduled CLC session, the student who skips the session to study, and/or any absence where an able student fails to contact Student Affairs and the [CLC Team](#) to inform them that the student will not be present for the session.

If the absence is unexcused, the clinical skills director will discuss the situation with the student. Any further unexcused absences will result in the notification of Student Affairs, a [Report of Concern for Unprofessional Behavior](#), and referral of the student to the Student Evaluation and Promotions Committee. Students with unexcused absence(s) will still be responsible for the missed material in future OSCE’s and written examinations.

**Objective Structured Clinical Examination (OSCE)**

If a student knows he/she will not be able to participate in the OSCE, he/she should complete and submit the appropriate forms to Student Affairs, and, if within 24 hours of the time he/she is scheduled for the OSCE, contact the [CLC Team](#). If the absence is excused by Student Affairs, the student will receive an “I” (incomplete) grade and be required to complete a make-up OSCE at a designated time after the course has ended.

Any excused absence—whether planned or unplanned—will not impact the student’s grade.

Any absence that does not qualify as an excused absence per Student Affairs is an unexcused absence. These generally are due to circumstances within the student’s control. Examples of unexcused absences include the student who forgets about an OSCE session, the student who skips an OSCE to study for an exam and/or any absence where an able student fails to follow the procedures above if they are not able to participate in the OSCE. An unexcused absence will result in failure of both the OSCE and the course.

**Professional Attire**

Professional attire consists of clothes consistent with community norms for physicians. Examples of these norms in Tallahassee are: no jeans, seductive, revealing or tight-fitting clothes, sheer or see-through fabrics, strapless, low-necked or midriff-baring clothes, shorts, sweats, hats, or open-toed shoes.

*For men,* professional attire consists of slacks, a collared shirt and dress or casual shoes (no sport shoes or sandals). Ties may be
either required or forbidden in some clinical situations.

For women, professional attire consists of slacks or a conservative length dress or skirt with a blouse or sweater. Skirt edge should rise no higher than 2” above the top of the knee during all clinical care and training maneuvers and should not be tight-fitting. Heels more than 3” in height are never appropriate in clinical settings.

For both men and women, a white lab coat is required. On those occasions when students are examining each other, you will be informed of the appropriate apparel for that session.

Professional appearance: Long hair must be pulled back and secured. Facial hair must be neatly groomed. If possible, all tattoos should be covered by clothing. No visible body piercing except a single piercing in each ear. No large earrings or loose jewelry. Fingernails must be trimmed. If nail polish is worn, it should not be a distracting color. No strong perfume or other scented products. In compliance with OSHA regulations, closed-toed shoes are required in all clinical settings—including the CLC.

The established “norms” of certain clinical settings may modify these standards for professional attire, but any variations in professional attire must be approved by the student's supervisor. Consult your supervisor to clarify expectations for student attire in any ambiguous or new situations.
COVID-19-related Behavioral Expectations

It is essential that every faculty, staff and student at the FSU College of Medicine practice certain behaviors in order to minimize the risk of spreading the coronavirus through our school and our community. These guidelines are available at the websites [https://www.cdc.gov/coronavirus/2019-ncov/index.html](https://www.cdc.gov/coronavirus/2019-ncov/index.html) and [https://floridahealthcovid19.gov/](https://floridahealthcovid19.gov/). These behaviors will take a shared commitment to maintaining a safer environment. Just as in the hospital or outpatient setting, we teach and maintain a healthcare team safety culture. This means that we look out for each other and communicate with each other. If someone is breaking protocol (see below), we point it out and ask them to get it right, for their own protection and for the protection of others. (If someone is wearing a mask that slipped below their nose, gently remind them to adjust it. If someone steps close to speak with you, then step back to maintain 6ft of separation with a gentle reminder.) This applies regardless of roles, titles, or personalities. We need to know that we’re all following universal precautions, all the time, and that if any of us sees something, we say something. FSUCOM leadership will back you up. We can get through this safely together, but only if we all together practice safety.

COMMON SYMPTOMS OF COVID-19

Fever (>100.4°F or 38°C) – Chills – Cough – Shortness of breath or difficulty breathing – Fatigue – Muscle or body aches – Headache – New loss of taste or smell – Sore throat – Congestion or runny nose – Nausea or vomiting – Diarrhea

1. Follow universal precautions - assume that anyone you meet, touch, or spend time with might have COVID, and any surface you touch might have been touched recently by someone with COVID. That means:
   a. Wear a mask at all times, and wear it properly. Masks are required throughout the entire FSU campus. If you are alone in an office, they may be removed, but should be worn in hallways and throughout the entire building. You do not know when you will turn a corner and encounter another person.
   b. Maintain social/physical distancing. Stay six feet away from other people, and don't be in rooms filled beyond 25% capacity. Don't be part of any large-group indoor gatherings
   c. Wash your hands frequently. Soap and water every hour for >20 seconds is best. Hand sanitizer is 2nd best. In-between handwashing, use hand sanitizer before and after every contact with another person or any physical surface touched by others.
   d. Use germicidal wipes on shared surfaces. Before using a shared computer keyboard, touchscreen, microphone, etc. wipe it down. Germicidal wipes will be made available.
   e. Monitor your health and symptoms. If you are sick (see COVID symptoms above), do not come to school or work. Stay home. If others in your household are sick, do not come to school or work. Stay home. An app is under development by main campus FSU IT that can be used to check symptoms from home and advise you to stay home as needed.

2. If you must make physical contact or enter another person's six-foot bubble (such as during CLC, anatomy lab, or other clinical activities), use health care worker safety protocols, procedures, and protective equipment appropriate to the level of contact.
   a. Relevant training, equipment, and supplies will be provided to each student (and faculty or staff) in any FSUCOM educational activity, when required.

3. AVOID the three “C”s at ALL times, including evenings, weekends, time away from the COM.
   a. Avoid CROWDED SPACES
   b. Avoid CLOSE CONTACT SETTINGS like close conversations – do not sit across a table while eating a meal (likely you are only 3 feet apart AND you have your mask off)
   c. Avoid CLOSED SPACES with poor ventilation.

Whether you’re at FSUCOM or out in the community, do all these things all the time. Protect EVERYONE.

For persons needing to isolate or quarantine because of COVID:

- If you test positive for COVID, or have symptoms of COVID, isolate for at least 10 days from the date of your test or the start of your symptoms, and at least 24 hours after fever has resolved without antipyretics, and symptoms have improved. [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html)

- If you have been a close contact of someone testing positive for COVID, quarantine for 14 days from the date of the last close contact. [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html)

- If you had COVID and were sick enough to be hospitalized and/or if you are immunocompromised, you may need to isolate for 20 days – talk to your physician.
FSU COM Education Program Objectives

1. **PATIENT CARE: Provide patient care that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health**
   - 1.1 Perform all medical, diagnostic, and surgical procedures considered essential for the area of practice
   - 1.2 Gather essential and accurate information about patients and their condition through history-taking, physical examination, and the use of laboratory data, imaging and other tests
   - 1.3 Organize and prioritize responsibilities to provide care that is safe, effective, and efficient
   - 1.4 Interpret laboratory data, imaging studies, and other tests required for the area of practice
   - 1.5 Make informed decisions about diagnostic and therapeutic interventions based on patient information and preferences, up-to-date scientific evidence, and clinical judgment
   - 1.6 Develop and carry out patient management plans
   - 1.7 Counsel and educate patients and their families to empower them to participate in their care, showing consideration for their perspective throughout treatment
   - 1.8 Provide appropriate referral of patients including ensuring continuity of care throughout transitions between providers or settings, and following up on patient progress and outcomes
   - 1.9 Provide health care services to patients, families, and communities aimed at preventing health problems or maintaining health
   - 1.10 Provide appropriate role modeling
   - 1.11 Perform supervisory responsibilities commensurate with one’s roles, abilities, and qualifications

2. **KNOWLEDGE FOR PRACTICE: Demonstrate knowledge of established and evolving biomedical, clinical, epidemiological and social-behavioral sciences, as well as the application of this knowledge to patient care**
   - 2.1 Demonstrate an investigatory and analytic approach to clinical situations
   - 2.2 Apply established and emerging bio-physical scientific principles fundamental to health care for patients and populations
   - 2.3 Apply established and emerging principles of clinical sciences to diagnostic and therapeutic decision-making, clinical problem-solving, and other aspects of evidence-based health care
   - 2.4 Apply principles of epidemiological sciences to the identification of health problems, risk factors, treatment strategies, resources, and disease prevention/health promotion efforts for patients and populations
   - 2.5 Apply principles of social-behavioral sciences to provision of patient care, including assessment of the impact of psychosocial-cultural influences on health, disease, care-seeking, care-compliance, barriers to and attitudes toward care
   - 2.6 Contribute to the creation, dissemination, application, and translation of new health care knowledge and practices

3. **PRACTICE-BASED LEARNING AND IMPROVEMENT: Demonstrate the ability to investigate and evaluate their care of patients, to appraise and assimilate scientific evidence, and to continuously improve patient care based on constant self-evaluation and life-long learning**
   - 3.1 Identify strengths, deficiencies, and limits in one’s knowledge and expertise
   - 3.2 Set learning and improvement goals
   - 3.3 Identify and perform learning activities that address one’s gaps in knowledge, skills or attitudes
   - 3.4 Systematically analyze practice using quality improvement methods, and implement changes with the goal of practice improvement
   - 3.5 Incorporate feedback into daily practice
   - 3.6 Locate, appraise, and assimilate evidence from scientific studies related to patients’ health problems
   - 3.7 Use information technology to optimize learning
   - 3.8 Participate in the education of patients, families, students, trainees, peers and other health professionals
   - 3.9 Use information technology to obtain and utilize information about individual patients, populations of patients being served or communities from which patients are drawn to improve care
   - 3.10 Continually identify, analyze, and implement new knowledge, guidelines, standards, technologies, products, or services that have been demonstrated to improve outcomes

4. **Interpersonal and Communication Skills: Demonstrate interpersonal and communication skills that result in the effective exchange of information and collaboration with patients, their families, and health professionals**
   - 4.1 Communicate effectively with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds
   - 4.2 Communicate effectively with colleagues within one’s profession or specialty, other health professionals, and health related agencies
   - 4.3 Work effectively with others as a member or leader of a health care team or other professional group
   - 4.4 Act in a consultative role to other health professionals
   - 4.5 Maintain comprehensive, timely, and legible medical records
   - 4.6 Demonstrate sensitivity, honesty, and compassion in difficult conversations about issues such as death, end-of-life issues, adverse events, bad news, disclosure of errors, and other sensitive topics
   - 4.7 Demonstrate insight and understanding about emotions and human responses to emotions that allow one to develop and manage interpersonal interactions

5. **PROFESSIONALISM: Demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles**
   - 5.1 Demonstrate compassion, integrity, and respect for others
   - 5.2 Demonstrate responsiveness to patient needs that supersedes self-interest
   - 5.3 Demonstrate respect for patient privacy and autonomy
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<thead>
<tr>
<th>5.4</th>
<th>Demonstrate accountability to patients, society and the profession</th>
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<tbody>
<tr>
<td>5.5</td>
<td>Demonstrate sensitivity and responsiveness to a diverse patient population, including but not limited to diversity in gender, age, culture, race, religion, disabilities, and sexual orientation</td>
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<td>5.6</td>
<td>Demonstrate a commitment to ethical principles pertaining to provision or withholding of care, confidentiality, informed consent, and business practices, including compliance with relevant laws, policies, and regulations</td>
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<td><strong>6</strong></td>
<td><strong>SYSTEMS-BASED PRACTICE</strong>: Demonstrate an awareness of and responsiveness to the larger context and system of health care, as well as the ability to call effectively on other resources in the system to provide optimal health care</td>
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<tr>
<td>6.1</td>
<td>Work effectively in various health care delivery settings and systems relevant to their clinical specialty</td>
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<td>6.2</td>
<td>Coordinate patient care within the health care system relevant to their clinical specialty</td>
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<td>6.3</td>
<td>Incorporate considerations of cost awareness and risk-benefit analysis in patient and/or population-based care</td>
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<td>6.4</td>
<td>Advocate for quality patient care and optimal patient care systems</td>
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<td>6.5</td>
<td>Participate in identifying system errors and implementing potential systems solutions</td>
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<td>6.6</td>
<td>Work in interprofessional teams to enhance patient safety and improve patient care quality</td>
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<td><strong>7</strong></td>
<td><strong>INTERPROFESSIONAL COLLABORATION</strong>: Demonstrate the ability to engage in an interprofessional team in a manner that optimizes safe, effective patient- and population-centered care</td>
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<tr>
<td>7.1</td>
<td>Work in cooperation with other professionals to establish and maintain a climate of respect, dignity, diversity, ethical integrity, and trust in order to enhance team functioning and serve the needs of patients, families, and populations</td>
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<td>7.2</td>
<td>Utilize and enhance one’s own expertise by understanding and engaging the unique and diverse knowledge, skills, and abilities of other professionals to enhance team performance and maximize the quality of patient care</td>
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<td>7.3</td>
<td>Exchange relevant information effectively with patients, families, communities, and other health professionals in a respectful, responsive, and responsible manner, considering varied perspectives and ensuring common understanding of, agreement with, and adherence to care decisions for optimal outcomes</td>
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<td>7.4</td>
<td>Participate in and engage other members of interprofessional patient care teams in the establishment, development, leadership, and continuous enhancement of the team in order to provide care that is safe, timely, efficient, effective, and equitable</td>
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<td><strong>8</strong></td>
<td><strong>PERSONAL AND PROFESSIONAL DEVELOPMENT</strong>: Demonstrate the qualities required to sustain lifelong personal and professional growth</td>
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<tr>
<td>8.1</td>
<td>Develop the ability to use self-awareness of knowledge, skills and emotional limitations to engage in appropriate help-seeking behaviors</td>
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<td>8.2</td>
<td>Demonstrate healthy coping mechanisms to respond to stress</td>
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<td>8.3</td>
<td>Manage conflict between personal and professional responsibilities</td>
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<td>8.4</td>
<td>Practice flexibility and maturity in adjusting to change with the capacity to alter behavior</td>
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<td>8.5</td>
<td>Demonstrate trustworthiness that makes colleagues feel secure when one is responsible for the care of patients</td>
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<td>8.6</td>
<td>Provide leadership skills that enhance team functioning, the learning environment, and/or the health care delivery system</td>
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<td>8.7</td>
<td>Demonstrate self-confidence that puts patients, families, and members of the health care team at ease</td>
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<td>8.8</td>
<td>Recognize that ambiguity is part of clinical health care and respond by utilizing appropriate resources in dealing with uncertainty</td>
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<td><strong>9</strong></td>
<td><strong>FSU COM MISSION</strong>: Demonstrate responsiveness to community needs – especially elder, rural, minority and underserved populations</td>
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<td>9.1</td>
<td>Describe the social determinants of health, and identify how they create opportunities for and barriers to wellness for underserved populations</td>
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<td>9.2</td>
<td>Identify community resources and the ways physicians can partner with them to improve individual and population health and address social determinants of health</td>
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<td>9.3</td>
<td>Discuss the process and components of community health assessment</td>
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<tr>
<td>9.4</td>
<td>Illustrate how community health assessment is used to identify the health needs and issues of a given population and inform decision making to improve population health status</td>
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