

MindTrack-NF1

(Tracking Cognition and Daily Experiences in NF1)

FLORIDA STATE UNIVERSITY COLLEGE OF MEDICINE

**ADULTS WITH NF1 NEEDED FOR A
COGNITIVE STUDY!**

STUDY AIMS:

Our study aims to investigate daily cognitive patterns and predictors within middle-aged and older adults diagnosed with Neurofibromatosis Type 1 (NF1).

IMPORTANCE:

To increase awareness and understanding of cognitive processes (thinking and memory) among individuals with NF1 and potential predictors of cognitive processes, such as social, psychological, and lifestyle factors. This research may help inform future management, care, and interventions aiming to improve cognitive and daily functioning.



PARTICIPANT REQUIREMENTS:

1. Have a diagnosis of NF1
 2. Be 40 years or older
 3. Be able to read and speak English
 4. Reside in the United States
 5. Access to a smart phone
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PARTICIPANT INVOLVEMENT INCLUDES:

1. A virtual Zoom interview with a member of our research team (~0.5 hours)
 2. An online survey (~1 hour)
 3. Track with a Fitbit + 5 quick surveys a day (~ 5 min each) for 10 days
 4. Compensation: up to \$260
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If interested, please provide your contact information and answer a few screening questions here:

<https://redcap.link/MindTrack-NF1>

Or scan the QR Code.

You can also email us at
mindtrack.nf1@med.fsu.edu