




FSU MEDICAL ALUMNI
FLORIDA STATE UNIVERSITY COLLEGE OF MEDICINE

ALUMNI SPOTLIGHT

NARIMAN HESHMATI, M.D.

CLASS OF 2005

Obstetrics & Gynecology

Dr. Heshmati is the senior regional medical director and medical director of advocacy for Optum Care Network - Washington. He oversees all specialty and surgical service lines, including more than 40 departments at The Everett Clinic and The Polyclinic, and provides guidance on legislative, regulatory and governmental initiatives. Dr. Heshmati is president elect of the Washington State Medical Association and the legislative chair of the state's section of the American College of OBGYNs. In 2022, he received his Executive MBA from Seattle University and was appointed to the governor's Pandemic After-Action Review Task Force to help identify lessons from the state's pandemic response efforts.