



# Experiential Learning Hours Guide

## Contents

Training in Clinical and Research Settings ..... 1

Service Activities ..... 3

Professional Shadowing..... 4

Paid Experiences.....5

### 1. Training in Clinical and Research Settings

Some training opportunities in clinical and research settings have potential to count toward academic credit and Experiential Learning Hours. Other structured opportunities that do not carry academic credit (e.g., do not appear on your academic transcript and/or require faculty or department permission) may also be approved for Experiential Learning Hours in the IMS Degree Program.

#### Training with Academic Credit

Students can gain Experiential Learning Hours through structured clinical and research training programs offered by FSU or other institutions. Generally, clinical and research experiences, conducted while enrolled in a course for academic credit, that add to the fund of science knowledge and/or clinical skills will be considered toward Experiential Learning Hours. However, clinical and research experiences used to fulfill lab course requirements for the IMS B.S. Degree will not be considered toward Experiential Learning Hours. Students pursuing a second major should be aware that experiences used to fulfill second major requirements will not be considered toward Experiential Learning Hours.

**Table 1. Examples of Academic Experiences for Experiential Learning Credit in the IMS Degree Program**

<b>Academic Experience</b>	<b>Experiential Learning Hours</b>	<b>Examples</b>
Labs associated with science courses	No	Core and elective courses applying towards degree credit (e.g. BSC 2085L, BSC 3402L, CHM 1046L, etc.)
Certified Nursing Assistant Certificate Program	Yes	TCC Program
Directed Individual Study (DIS)	Yes	Enrolled in DIS hours cleared by the IMS Director of Research.
Emergency Medical Technician Certificate Program	Yes	TCC Program
FSU Medical Response Unit (MRU)	Yes	ATR 3112 – First Responder Course (3 credits)



# COLLEGE OF MEDICINE, FLORIDA STATE UNIVERSITY

## B.S. Degree in **Interdisciplinary Medical Sciences (IMS)**

Honors in the Major Research	Yes	Enrolled in honors credit hours cleared by IMS Director of Research
Internship/Practicum	Yes	Medical Spanish Interpreting Practicum, Research internships with academic credit offered
Volunteer research experience	Yes	Volunteering with faculty conducting research

*This list is not exhaustive. Experiences will be evaluated for counting towards Experiential Learning hours when information describing the nature of the program is provided.*

### **Training without Academic Credit**

Students can gain Experiential Learning Hours through structured clinical and research training programs that do not offer academic credit. Experiential Learning Hours can be earned for paid or unpaid experiences. Clinical and research experiences that add to the fund of science knowledge and/or clinical skills will be considered toward Experiential Learning hours, in most cases.

**Table 2. Examples of Non-Academic Experiences for Experiential Learning Hours in the IMS Degree Program**

<b>Non-Academic Experiences</b>	<b>Experiential Learning Hours</b>	<b>Examples</b>
Attending meetings/conference	No	Professional Association conferences, RSO Meetings/Guest Lectures
Certified Nursing Assistant Training/Certification/Employment	Yes	Southeastern School of Health Sciences, TCC Program
Community Emergency Response Training (CERT)	Yes	FEMA's CERT Online Training
CPR Training/Certification	Yes	Southeastern School of Health Sciences; Florida Health Science Consulting
EKG Training/Certification/Employment	Yes	Southeastern School of Health Sciences
Electronic Health Records Specialist Certification/Employment	Yes	National Healthcare Association
Emergency Medical Technician Training/Certification/Employment	Yes	TCC Program
FSU Safe Zones Training	Yes	
Human Subjects Research Training/Certification	Yes	FSU Office of Research Human Subjects Training; NIH Protecting Human Research Participants
Laboratory Safety Training/Certification/Employment	Yes	FSU Department of Environmental Health & Safety



# COLLEGE OF MEDICINE, FLORIDA STATE UNIVERSITY

## B.S. Degree in **Interdisciplinary Medical Sciences (IMS)**

Leadership Development Training	Yes	LeaderShape Institute, Leadership LOGIC
Lifeguarding Training/Certification/Employment	Yes	FSU Campus Recreation, City of Tallahassee
Medical Assisting/Clinical Assisting Training/Certification/Employment	Yes	Southeastern School of Health Sciences; Florida Health Science Consulting
Phlebotomy Training/Certification/Employment	Yes	Southeastern School of Health Sciences; Florida Health Science Consulting
Research Internships	Yes	Summer Programs; SMDEP, REU
Scribe Training/Employment	Yes	PhysAssist, Scribe America
Social Justice Ally Training	Yes	
Tobacco Cessation Facilitator Training/Employment	Yes	Tobacco Treatment Specialist Training
Victim Advocate/Sexual Violence Prevention Training	Yes	FSU Green Dot Bystander Trainings

*This list is not exhaustive. Experiences will be evaluated for counting towards Experiential Learning Hours when information describing the nature of the program is provided.*

### 2. Service Activities: Direct and Indirect

Volunteering and service activities can provide students with Experiential Learning appropriate for the IMS B.S. Degree Program. Some activities provide direct health service to clients, while others only have an indirect impact. For service and volunteering activities to be considered experiential learning, they must help students understand the health care system, its challenges and issues, appreciate a patient-centric delivery system, and/or understand the importance of a collaborative healthcare team. Service to the community should also address community needs and serve disadvantaged or vulnerable populations. Ask yourself when committing to service or volunteering, “Will this help me learn more about my major-- Pre-Health Professions, Community Patient Care, or Health Management, Policy & Information?”

**Table 3. Examples of Direct and Indirect Service Activities for Experiential Learning Hours in the IMS Degree Program**

Service Activity	Direct/Indirect Service	Experiential Learning Hours	Examples
Fundraising/Philanthropic Events (Walk/Runs/Socials)	Indirect	No	Participant/Team Captain in: Dance Marathon, Light the Night, Relay 4 Life; other fundraising events (concessions, share nights, socials).
Organizing Fundraising Events/Leadership Position/Responsibility	Indirect	Yes	Primary Organizer/Leader for: Dance Marathon, Light the Night, Relay 4 Life, March of Dimes, Alzheimer’s Walk



# COLLEGE OF MEDICINE, FLORIDA STATE UNIVERSITY

## B.S. Degree in **Interdisciplinary Medical Sciences (IMS)**

Toiletry/Medicine/Food Drive Donation	Indirect	No	Red Cross Blood Drives, FSU College of Medicine Drives
Toiletry/Medicine/Food Drive Volunteer	Indirect	Yes	Red Cross Blood Drives, FSU College of Medicine Drives
Religious/Spiritual service	Direct or Indirect	No	VBS/Bible teaching, involvement in worship service, religious missions
Community Gardens	Indirect	Yes	iGrow, Lotts Community Garden; Damayan, Inc.
Ability Services	Direct	Yes	FSU SDRC Note-taker, Companion Animal Training
Food Bank/Pantry Food Volunteer	Indirect	Yes	America's Second Harvest, FSU Food Pantry, Homeless Shelter
Homeless Shelter Volunteer	Direct or Indirect	Yes	The Kearney Center, Project Downtown
Literacy Programs	Direct	Yes	Literacy Volunteers of Leon County, Conversation Partner
Telephone Counseling/Referral	Direct	Yes	2-1-1 Big Bend Crisis/Suicide Hotline
Tutoring/ Mentoring	Direct	Yes	SSTRIDE Program, K-12, nonprofit organizations
Youth Services	Direct	Yes	Capital City Youth Services, Big Brothers-Big Sisters, Early Learning Coalition, FSU Youth Programs

*This list is not exhaustive. Experiences will be evaluated for counting towards Experiential Learning Hours when information describing the nature of the activity is provided.*

### 3. Professional Shadowing: Observation or Active Engagement

- Shadowing can be a deciding factor in your healthcare career choice. Some shadowing opportunities can involve working side by side with healthcare providers while others involve simply observing and seeing what they do.
- In order for shadowing experiences to count for Experiential Learning Hours, the activity must engage the student with the healthcare provider and patients.

**Table 4. Shadowing for Experiential Learning Hours in the IMS Degree Program**

Shadowing Activity	Observation/Engagement	Experiential Learning Hours	Examples
Surgery Observation	Observation	No	Red Hills Surgical Center Observation



# COLLEGE OF MEDICINE, FLORIDA STATE UNIVERSITY

## B.S. Degree in **Interdisciplinary Medical Sciences (IMS)**

Health Fair Volunteer	Engagement	Yes	Activities with patients and/or providers
Physician Shadowing	Engagement	Yes	Rounding Post-Op with a Surgeon, Shadowing a Primary Care Physician in a clinic
Dentist/Orthodontist Shadowing	Engagement	Yes	Shadowing a dentist/orthodontist in a clinic
Physician Assistant Shadowing	Engagement	Yes	Shadowing a PA in a clinic
Shadowing in health related businesses	Engagement	Yes	Shadowing a pharmaceutical rep, shadowing in medical billing or medical informatics

*This list is not exhaustive. Experiences will be evaluated for counting towards Experiential Learning Hours when information describing the nature of the activity is provided.*

#### 4. Paid Experiences

Paid experiences qualify for EL hours only if they are directly related to the healthcare/medical field, or related specifically to your career plans.

**Table 5. Shadowing for Experiential Learning Hours in the IMS Degree Program**

Position/Location	Experiential Learning Hours	Examples
Teacher/Learning Assistant (TA/LA)	No	T.A. , L.A., FIG leader, ACE Tutor, etc.
Jobs unrelated to medical field or career goals	No	Cashier, retail, food service, etc.
Medical Scribe	Yes	Part-time/full-time job
Jobs that are directly related to health careers of interest.	Yes	Veterinary Tech, Surgical Tech, Dental Hygiene Assistant, Pharm Tech, etc.
FSU Health & Wellness Center, Campus Recreation, University Counseling Center	Yes	Jobs on campus, involved with assisting clients with services related to health/wellness (nutrition, insurance, medical treatment, counseling, fitness training, coaching, etc.)
FSU Childcare Center, Student Disability Resource Center, Student Veteran Center	Yes	Jobs on campus involved in serving a specific population that you are interested in serving in your future career (children, veterans, differently abled).
Working with a clinical certification	Yes	CNA, CMA, EMT, First Responder