

## Experiential Learning Resource Guide

Review the IMS resources site: <https://med.fsu.edu/imsDegree/resources>

- ☐ Look under the Experiential Learning Resources to find the following:
  - IMS Experiential Learning Checklist
  - Experiential Learning Tips
  - Experiential Learning Resource Guide
  - Experiential Learning Hours Guide – what counts/doesn't count for EL hours
  - Experiential Learning Milestones and Guidelines (dates, deadlines, minimum EL hours by map term)
  - Volunteer Opportunities List
  - ServScript Program information (voluntary program for posting service hours to transcripts)
  - IMS Database – step by step instructions for documenting hours

### Get Connected

- ☐ Watch for announcements from **IMS Canvas Site** for EL hour opportunities
- ☐ Attend Grand Rounds, Guest Lectures, and other presentations
- ☐ Network with professionals/professors
- ☐ Join a Pre-Health Club/Student Organization
- ☐ Meet with Community Coordinator/EL Advisor at least once a year
- ☐ Attend Pre-health advising and special topic workshops

### Shadowing

- ☐ Career Center [www.career.fsu.edu](http://www.career.fsu.edu) - [NoleNetwork](#) - **Employer Job Posting Database**
- ☐ Visit health insurance providers' physician directories, such as:
  - Capital Health Plan – [www.capitalhealth.com](http://www.capitalhealth.com)
  - Florida Blue – [www.floridablue.com](http://www.floridablue.com)
  - Cigna Dental - <https://hcpdirectory.cigna.com/web/public/providers>
- ☐ Tallahassee Physician Directory: [https://issuu.com/rowlandpublishing/docs/22tpmrg\\_linked/6](https://issuu.com/rowlandpublishing/docs/22tpmrg_linked/6)
- ☐ Start with your own healthcare providers and friends/family members in healthcare professions
- ☐ Shadow a variety of health professionals in a variety of settings (5-10 times per year)
  - Hospitals, clinics, health department, rehab centers, hospice care, assisted living, etc.
  - Health Professionals – *anyone in scrubs* – Doctors, Physician Assistants, Dentists, Veterinarians, Nurses, Specialists, Technicians, Therapists, Social Workers, Administrators, etc.
  - Shadow in both urban and rural settings (such as Big Bend area, outside Leon County: Madison, Jefferson, Gadsden, Wakulla, etc.)

## **Clinical Training**

Get trained so that you can have hands-on, direct patient care experience. Here are some options:

- ☐ Go to [www.4yourcna.com](http://www.4yourcna.com) and watch the videos and then go to the Florida Board of Nursing to sign up for the CNA test. They use Prometric a private testing company. The exam cost \$140.00  
<https://www.prometric.com/en-us/clients/nurseaide/pages/fl.aspx>
- ☐ Contact Express Training Services about their Weekend Warrior program. It starts with an on-line portion followed by weekend classroom sessions in Destin, Pensacola, Fort Myers and Gainesville.  
<https://www.expresstrainingservices.com/classes/cna-2/ww/>
- ☐ Gator CNA has a similar service. <https://www.gatorcpr.com/cnaprep>
- ☐ S.E. School of Health Sciences does CNA and CMA training here in Tallahassee. Call 850-222-0020 or <https://southeasternschool.org/> They can also be found at Health Science Consulting 850-559-1678  
<https://www.healthscienceconsulting.com/>
- ☐ EMR training. The Medical Response Unit at FSU can help you start the process.  
<http://uhs.fsu.edu/mru/>
- ☐ Tallahassee State College has a semester long EMT training class  
<https://www.tsc.fl.edu/academics/programs/healthcare/>
- ☐ Goodwill Industries, W. Pensacola Street – CNA training. Call 850-608-0557 for details. Visit <https://gwcareercampus.com/healthcare/> for more information.

## **Clinical Experience/Healthcare related jobs & internships (paid or unpaid)**

- ☐ Various healthcare facilities (hospitals, clinics, private practice, nonprofits)
- ☐ Health-related organizations (assisted living, nursing homes, rehab centers, ability services, etc.)
- ☐ Career Center Jobs, Internships, and Health Fairs (through [NoleNetwork](#))
- ☐ **IMS Canvas site** – announcements about jobs and other EL opportunities
- ☐ Go to the HR sites of various healthcare & wellness centers: medical offices, hospitals, therapy, rehab, assisted living, clinics, private companies (at home healthcare), etc.

## **Volunteering**

Serve communities in a variety of settings, addressing a variety of issues/needs/circumstances. Service hours do not need to be healthcare related. Volunteering can address any community need, and/or help any disadvantaged/vulnerable population.

- ☐ Visit the Center for Leadership & Service website: [www.thecenter.fsu.edu](http://www.thecenter.fsu.edu)
- ☐ Join RSOs actively engaged in service: <https://nolecentral.dsa.fsu.edu/organizations>
- ☐ 2-1-1 Big Bend Crisis Hotline @ [www.211bigbend.org](http://www.211bigbend.org)
- ☐ Leon County Volunteer Center website: [www.volunteerleon.org](http://www.volunteerleon.org)

## **Undergraduate Research Opportunities**

- ☐ Visit the research section of the IMS Resources webpage: <https://med.fsu.edu/imsdegree/resources>
- ☐ Visit <https://cre.fsu.edu/gettingstarted> for research opportunities
- ☐ Join CELLS (research-focused RSO)
- ☐ Attend Group and Peer Advising sessions (Fridays @ 12:30pm on Zoom)