August 23
5th Annual
Advances in Post-Acute and Long-Term Care Symposium

Re-Thinking Best Practices in Long-Term Care

The Maguire Center
Westminster Oaks
4449 Meandering Way
Tallahassee, FL 32308
**Schedule**

8:00 am  
Registration/Check-in  
Continental Breakfast

8:30 am  
David Nace, MD, MPH  
*New Guidelines on Urinary Tract Infection Management*

9:30 am  
Roger Wong, MD  
*Preventing Social Isolation and Loneliness in Older Adults*

10:30 am  
Break

10:45 am  
Naushira Pandya, MD, CMD  
*Navigating Diabetes in Post-Acute and Long-Term Care*

11:45 am  
Lunch Provided

1:00 pm  
Keynote Presentation:  
Wendy Lustbader, MSW  
*Living as Prescribed: Ways to Motivate Improved Self-Care*

2:30 pm  
Break

2:45 pm  
Andrew Costa, PhD  
*The Influence of Physician Practice on Overall Long-Term Care Quality and Patient Outcomes - Evidence from Canada*

3:45 pm  
Workshops

4:30 pm  
Conclusion

**Continuing Education**

Continuing education hours will be offered for:

- MD, DO, and PA: 6.25 CMEs
- 2 Clinical CMD
- 4.25 Management CMD
- ARNP, RN, and LPN: 6 CEUs
- LCSW, LMHC, and MFT: 6 CEUs
- NHA and NAB: 6 CEUs

**Questions?**

Sarah English  
850-644-1507  
geriatrics.research@med.fsu.edu  
med.fsu.edu/geriatrics/PALTCC
Registration

Registration Fee: $70

Payment Options:

Check - send with the form below to
Department of Geriatrics
Attn: Sarah English
1115 W. Call Street, 4225
Tallahassee, Fl 32306-4300

Credit/Debit Card - register online at
https://paltc2019.eventbrite.com

*Registration available at the door with
the check payment option

Name: ____________________________________________________ Title: ____________________________
License #:____________________________ Facility/Organization: _______________________________________
Street Address: _______________________________________ Email: _________________________________________
City: ____________________________ State: _______________ Zip: __________ Phone: _________________________

Which workshop do you wish to attend (please choose one)?

☐ Dr. Roger Wong: Opportunities for intervention to prevent social isolation and loneliness in older adults
☐ Dr. Naushira Pandya: Diabetes Management in Long-Term Care
☐ Dr. Andrew Costa: How to quickly evaluate the effectiveness and cost effectiveness of a treatment based on the evidence
☐ Dr. Robert Nace: Antibiotic Stewardship

Location and Accommodations

This year's symposium will be held at the Maguire Center of Westminster Oaks.
A discounted group room rate is available until August 1 at the Staybridge Suites Tallahassee, just 10 minutes away off I-10 and Hwy 90.

- Maguire Center
  Westminster Oaks
  4449 Meandering Way
  Tallahassee, Florida 32308

- Staybridge Suites Tallahassee
  1600 Summit Lake Drive
  Tallahassee, Florida 32317
  staybridge.com/Tallahassee/Staybridge

Group code provided upon registration.
Meet Our Presenters

Keynote: Wendy Lustbader, MSW

Ms. Lustbader is an Affiliate Associate Professor at the University of Washington School of Social Work and teaches courses in multigenerational studies. She is a skilled psychotherapist, having worked almost 20 years at a community clinic in downtown Seattle. Some of her publications include Taking Care of Aging Family Members - a practical guide to caregiving and Counting on Kindness, which helps readers comprehend the complex and often unspeakable feelings that arise when we become dependent on others for help.

Andrew Costa, PhD

Dr. Costa is the Schlegel Research Chair in Clinical Epidemiology & Aging and an Assistant Professor in the Department of Health Research Methods, Evidence and Impact and the Department of Medicine at McMaster University in Ontario, Canada. Dr. Costa's research promotes evidence-based care and health policy in geriatric care, making use of health information and technology to develop better models of care and decision support systems in home and community care, emergency departments, and acute care.

David Nace, MD, MPH

Dr. Nace is an Associate Professor and Director of Long-Term Care and Flu Programs at the University of Pittsburgh whose research focuses on infectious disease in long-term care. He is the principal investigator for a federally funded study that seeks to implement a program for and update guidelines to improve urinary tract infection management in 40 nursing homes across four states. He also serves as a co-investigator on two other federal studies to design and test a national antimicrobial stewardship toolkit for nursing facilities.

Naushira Pandya, MD, CMD

Dr. Pandya is an Associate Professor and Chair of the Department of Geriatrics at Nova Southeastern University College of Osteopathic Medicine, and Medical Director of the State Veteran's Nursing Home in Florida. In addition to teaching, she has an active nursing home and ambulatory care practice in geriatrics and endocrinology. Her interests focus on bettering management of diabetes in frail, elderly patients by researching sliding-scale insulin options and reducing unneeded blood draws.

Roger Wong, MD

Dr. Wong is a Clinical Professor in the Division of Geriatric Medicine at the University of British Columbia Department of Medicine and a Consultant Physician of the Geriatric Consultation Program at Vancouver General Hospital. His research focuses on hospital medicine in vulnerable older adults, including quality improvement in acute care geriatrics. As President of the Canadian Geriatrics Society, he founded the state-of-the-art Acute Care for Elders (ACE) Unit in Vancouver, which has been implemented nationally and internationally.