BCC 7113 Internal Medicine Sub-Internship 2022-2023

Education Director

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Overview

Course Description

The Internal Medicine Sub-Internship is an experiential, competency-based internal medicine acting internship, designed to allow students the opportunity to *actively* participate in the management of patients with common clinical presentations encountered in the practice of hospital-based internal medicine. Each student will have the experience of a broad range of illness severity ranging from acute care upon presentation to the emergency department to life-threatening processes in the intensive care unit. Many of these patients will not be previously worked up. Students will be able to improve their basic clinical skills, learn new inpatient procedures and examination techniques, and assess the effectiveness of their clinical interventions and work with an interdisciplinary team. The student will have increasing responsibility for the care of patients during this clerkship. Based on the Alliance for Academic Internal Medicine's <u>AAIM Internal Medicine Sub-Internship Curriculum 2.0</u> and aligning with COM Educational Program Objectives the sub-internship will focus on 5 broad areas:

- 1. Time management
- 2. Communication
- 3. Patient evaluation
- 4. Knowing when to ask for assistance
- 5. Wellness

Orientation and Syllabus Review

Students are required to view the <u>Internal Medicine Sub-Internship Orientation video</u> and read the syllabus to be familiar with clerkship expectations before beginning the clerkship. A site-specific orientation will occur at the assigned clinical site before the initiation of clinical activities. Students are responsible for communicating with clerkship faculty before the start date of the clerkship to coordinate meetings.

Scheduled Hours/On-Call

The clerkship is four weeks in duration and will consist of inpatient shifts, in-house calls, lectures, conferences, and reading assignments. It is expected that the student will work at least 10 hours per day for 6 days per week. Students must have experience providing extended coverage and patient care after hours through night calls, "late" calls, or night float. For this sub-internship, "short call" is defined as remaining with your team or attending on call until about 5:00 PM, "long call" is defined as remaining with your team or attending until 10:00 PM, and "night float" is defined as remaining in the hospital overnight. The student is expected to remain on-call with their team, which may include weekend days. The call schedule will be determined by the faculty member, while the mix of call types will be determined by the Clerkship Director. Work hours are to be documented in ETS on a daily basis.

Required Assignments

Required Assignment 1: Clerkship Educational Goals and Reflection

At the start of the clerkship, students will identify at least **three specific educational goals within internal medicine** that they hope to learn during this rotation, along with a *specific plan* to achieve these objectives, such as extra readings or following extra patients. The goals must be SMART (Specific, Measurable, Achievable, Relavant, and Timely). Students **must list the EBM sources** they will use to achieve these goals and can also work with the Clerkship Director and faculty to gain knowledge about these topics.

Submission

Students will upload their clerkship educational **goal plan** to the "Project Documents" tab for the course in Student Academics by 5:00 PM on Friday of the **first week** of the clerkship. The Education Director will review and return with feedback. *If Student Academics is unavailable students will email their document to the Education Director.*

At the end of the sub-internship, students will briefly report on the extent to which their clerkship educational goals created in week 1 were achieved and by what means.

Submission

Students will upload their clerkship educational **goals reflection** to the "Project Documents" tab for the course in Student Academics by **5:00 PM on Friday of the last week of the clerkship**. The Education Director will review and return with feedback. *If Student Academics is unavailable students will email their document to the Education Director.*

Required Assignment 2: Interprofessional Activities

Interprofessional relationships and working as an integral member of a team are important physician activities. Students should function collaboratively on health care teams that include health professionals from other disciplines as they provide coordinated services to patients. Students may do this as part of the healthcare team when acting as or requesting a consultation. Students can utilize and enhance their expertise by understanding and engaging the unique and diverse knowledge, skills, and abilities of other professionals to enhance team performance and maximize the quality of patient care. Working with other professionals will enhance patient safety and improve the quality and value of care.

Submission

Students will document at least four (4) interdisciplinary or case management conferences as an Educational Activity in ETS by selecting "[IMSI] Participation in Interdisciplinary or Case Management Conference" in the drop-down box. The assessment of this requirement will be completed by the Clerkship Director.

Required Assignment 3: Transition of Care Handoffs

To prepare the student for PGY1 responsibilities, the student is expected to learn and be evaluated on both giving and receiving patient handoffs by residents and/or Clerkship Faculty.

Submission

Students will document their completion of at least four (4) handoffs as an Educational Activity in ETS by selecting "[IMSI] Participation in Patient Care Handoff" in the drop-down menu.

Required Assignment 4: Faculty Observed Partial History and Physical Examination

Clerkship Faculty will observe at least one partial history and physical examination by the student. It is the **student's responsibility** to make sure this observation occurs.

Submission

Students will document at least one (1) faculty observation of a partial history and physical as an Educational Activity in ETS by selecting "[IMSI] Completion of Faculty Observation of Partial H & P" in the drop-down menu.

Required Assignment 5: Transitions Project

The Transitions Project highlights the importance of proper management of a patient transition at the time of discharge from the hospital or transfer to another healthcare facility, including an interprofessional collaboration that must occur for a successful discharge. Eligible patients are those admitted, followed throughout hospitalization, and discharged/transferred by the student. Complete project instructions are located on the AY2022-23 MD Clerkship Org Site IMSI homepage.

Submission

Students will upload their transitions project to the "Project Documents" tab for the course in Student Academics by **5:00 PM on the last day of the sub-internship.** The **Education Director** or their designee will evaluate this assignment and provide written feedback. If the assignment is returned for revision, submitted late, or incorrectly, the student will be assigned an incomplete until remediation has been completed.

Evaluation Rubric: Components		Does not meet expectations	Meets Expectations	Feedback
Discharge summary	Organization			
OR	Pertinent details			
Transfer summary	Follow up plan			
	Evidence of hand-off			
HIPAA	HIPAA compliant			
Reflection	Challenges			
	Lessons learned			
	Medication reconciliation findings with attention to patient safety, the potential for medical error, and adherence challenges			
	Thoughts on patient education and health literacy			
	Importance of care team at discharge			
	Systems insight			
Overall evaluation				

Required Assignment 6: Patient Safety/Ethics Case

Students will give a case presentation of a selected case at the weekly Clerkship Director meeting that will be assessed by the Clerkship Director. Students will discuss issues of biomedical ethics and futility that arise during their care of patients, using the curriculum and resources posted on the AY2022-23 MD Clerkship Org Site IMSI resources page.

Submission

During the final week of the clerkship, students will present a case where the principles of patient safety and ethics are outlined and addressed in a patient-centered manner. Students will be expected to have completed the readings located on the AY2022-23 MD Clerkship Org Site IMSI homepage for this presentation.

Patient Care

Overview

The Internal Medicine Sub-Internship is primarily an **apprenticeship-style experience** with an Internal Medicine Clerkship Faculty member. The clinical faculty will have primary responsibility for assessing the achievement of the clerkship competencies; residents that the student may work with will also have input into the final student assessment.

Inpatient Care

Students will be preferentially placed within a residency program. Students will also learn about many of the ancillary services that occur inside and outside the hospital setting through interactions with other professionals. Students will learn and evaluate the basics of patient safety and the hazards of hospitalization as well as review ethical issues that arise with their patients. Students will be required to work up a **minimum of 3 new/undifferentiated patients each week** in the inpatient setting, and students will see 6-10 follow-up/established patients each week. Students are required to document **at least 60** patient encounters over the 4-week clerkship.

Patient Log Requirements using the Encounter Tracking System (ETS)

Students should enter patient encounter data into the Encounters Tracking System (ETS) daily. Students are required to see **all** of the conditions listed and record them in the ETS patient log. Students should use chapter 3 of the <u>AAIM</u> Internal Medicine Sub-Internship Curriculum 2.0 as an outline for the learning objectives for these conditions. Problems marked with an asterisk* must be completed in the clinical setting and require direct patient contact. The remaining conditions should be seen in the clinical setting but may be fulfilled by alternate educational activities as determined by the Education Director. **At least 90%** of the patient encounters during this subinternship must be at the **perform** level.

	Minimum			Minimum Level of Participatio		ticipation
Category	Required	Condition/Problem	Location of Care	Observe	Assist	Perform
Acute Pain	1	Acute Pain	Inpatient Hospital			х
Altered Mental State	1	Altered Mental State	Inpatient Hospital			х
Blood Pressure	1	Hypotension	Inpatient Hospital			х
Derangement	1	Hypertension, Hypertensive Emergency or Hypertensive Urgency	Inpatient Hospital			х
Cardiovascular	1 Arrhythmia		Inpatient Hospital			х
	1 Chest Pain		Inpatient Hospital			х
Flactualista	1 Hyperkalemia*		Inpatient Hospital			х
Electrolyte 1 Hypokalemia* Derangement 1 Hyponatremia*		Hypokalemia*	Inpatient Hospital			х
		Inpatient Hospital			х	
Fever	1	Fever	Inpatient Hospital			х
Hyperglycemia	1	Hyperglycemia	Inpatient Hospital			х
Renal	1	Acute Kidney Injury*	Inpatient Hospital			х
Respiratory Disorder	1	Acute Respiratory Distress, Shortness of Breath* or Dyspnea*	Inpatient Hospital			х
Distriber	1	Hypoxemia*	Inpatient Hospital			х

Patient Log (ETS) Monitoring Policy

Encounter data are monitored by the Clerkship Directors to assure that students are meeting clerkship requirements. If it becomes apparent that students are not encountering the required patient conditions, efforts will be made to specifically select the patients with the required conditions. The level of participation in the care of patients is determined by the student's involvement during the history, physical exam, assessment, and treatment plan. The complexity of these components will vary, but for the purposes of choosing a level of participation, three categories have been created, *all of which include supervision of the medical student*. The student will select the level of

participation that most closely describes their involvement in the patient encounter, and will receive credit for documented participation at the required level or higher.

- **Observe** should be selected when the student observes a clinician conducting the patient encounter.
- Assist should be selected when the student assists a clinician in conducting the patient encounter.
- Perform should be selected when the student leads or conducts the patient encounter.

Alternate Educational Experiences

Should the student be unable to complete and record a required clinical encounter or other clerkship requirements due to circumstances beyond their control, the Education Director will determine an appropriate alternative educational experience. Students may be exposed to the conditions/diseases secondarily through reading assignments, completion of Aquifer or OnlineMedEd cases, or discussions with the Clerkship Director, and will record as instructed in the ETS. The utilization of alternative educational activities is monitored by the curriculum committee regularly.

For Transition of Care Handoffs: Simulated handoffs with the Clerkship Director can be an alternate activity and the iPASS template should be used, see PDF template on Canvas. This will be evaluated by the Clerkship Faculty and the Clerkship Director and may require brief documentation of the activity.

Written Documentation of Patient Encounters

Students will document patient encounters in the appropriate format (e.g. admission note, SOAP note, discharge summary) either in the electronic health record or in a Word document submitted to their faculty for review. Evaluation of student's charting of admissions and daily progress notes will be done by the Clerkship Faculty member during patient care activities. Students are expected to participate in and be evaluated on their interprofessional communication (including requesting consultations). Please review chapter 4 of the AAIM Internal Medicine Sub-Internship Curriculum 2.0 for more details.

Meetings

Clerkship Director Meeting

Students are required to attend lectures and conferences where available. Students will meet with the Clerkship Director once per week during the clerkship for case presentations and discussions. The Clerkship Director will oversee student's ETS patient log entries assuring breadth of experience and avoiding duplication. Review of student work hours will be part of the weekly meetings with the Clerkship Director and the mid-clerkship evaluation. The final meeting of the clerkship may include a debriefing about the student's overall clerkship experience.

Clerkship Exams

Formative

The NBME's Self-Assessment Services (NSAS) Clinical Science Mastery Series offers a \$20 clerkship-specific exam preparation that includes in-depth answer explanations. Students may purchase an NSAS examination for any clerkship. Students in academic need should contact their Student Support Coordinator for more information on the institutional paid voucher availability policy.

Summative

At the end of the clerkship students will take the 100-question NBME Clinical Subject Examination for Advanced Internal Medicine.

Learning Resources

Institutional Resources

The <u>Maguire Medical Library</u> offers 24/7 remote access to online resources such as <u>Mobile Resources</u>, <u>Point of Care</u>, and <u>Subject Guides</u> to support the **core clerkships**.

Required Reading

Specific resources that are required for this clerkship include:

- 1. <u>Cecil Essentials of Medicine, 10^h edition</u> 2021 (Andreoli, Benjamin, et al) Saunders Elsevier, Inc.
- 2. <u>The Washington Manual of Medical Therapeutics, 36th edition</u> 2020 (Crees, Fritz, Heudebert, Noe, Rengarajan, Wand, editors) (Also available as a mobile resource through the UCentral app)
- 3. <u>Harrison's Principles of Internal Medicine 21st edition</u> 2022 (Jameson, Fauci, Braunwald, Kasper, Hauser, Longo, Loscalzo) McGraw-Hill, Inc.

The following resources are available on the AY2022-23 MD Clerkship Org Site IMSI resources page:

- AAIM Internal Medicine Sub-Internship Curriculum 2.0
- Additional readings on patient safety and the hazards of acute hospitalization
- Ethics curriculum regarding futility
- Internal medicine journal articles of interest

Evaluation

Clerkship Specific Grading

The standardized clerkship policy can be found on the Office of Medical Education website.

- Any assignments that are submitted late or require remediation renders the student ineligible for honors and will result in the assignment of an initial grade of IR (Incomplete Remediation) until remediation has been completed
- 2. Any breach in professionalism renders a student ineligible for honors
- 3. Failure to document work hours timely and accurately renders a student ineligible for honors
- 4. Document a minimum of **60** inpatient hospital encounters in ETS with at least **90% at the perform level** of participation (pass/fail)
- 5. Document all required problems in ETS (pass/fail)
- 6. Satisfactory and timely performance on the clerkship educational goal and goal reflection (pass/fail)
- 7. Satisfactory completion and documentation of at least **four (4)** interprofessional activities and record as an Educational Activity in ETS (pass/fail)
- 8. Satisfactory completion and documentation of at least **four (4)** transitions of care handoffs and record as an Educational Activity in ETS (pass/fail)
- 9. Satisfactory competence/completion of at least **one (1)** faculty observed partial history and physical examination clinical encounter and record as an Educational Activity in ETS (pass/fail)
- 10. Satisfactory and timely performance on the Transitions Project (pass/fail)
- 11. Satisfactory competence/completion of a patient safety/ethics case presentation to Clerkship Director (pass/fail)
- 12. Active participation in Clerkship Director meetings (pass/fail)
- 13. Satisfactory faculty and Clerkship Director evaluations documenting competency in all required domains
- 14. Clinical performance must be exemplary to be considered for honors
- 15. NBME must be at the 75th percentile or higher to be eligible for honors consideration and must be at the 10th percentile to pass the clerkship

Formative Evaluation

A mid-clerkship evaluation is completed by the Clerkship Director to provide feedback to students on their progress in the clerkship. This will include progress toward the achievement of clerkship objectives, competencies, assignments, and required encounters. A student workflow guide is available on the <u>AY2022-23 MD Clerkship Org Site</u>.

Summative Evaluation

An evaluation of student clinical performance will be completed by the assigned Clerkship Faculty at the end of the clerkship, as well as by the resident the student worked with during the clerkship. A final summative report will be completed by the Clerkship Director at the end of the clerkship. The Education Director will review all components of the clerkship and include an assessment of each in the final grade summary.

Grade Assignment

The final grade is assigned by the Education Director and is based on all aspects of the clerkship, including clinical performance, attitude, and performance during the weekly meetings with the Clerkship Director, and the results of the NBME Clinical Subject Exam. There are no grade quotas, and any student can earn the grade of honors.

Course Objectives

The following table outlines the clerkship objectives and assessment method for each, intended to be used as a guide for student learning. Each clerkship objective is mapped to the <u>FSU COM Educational Program Objectives (EPOs)</u> and <u>ACGME Core Entrustable Professional Activities (EPAs)</u>. To view the complete table and for an overview of the curricular map for the clerkship years at the Florida State University College of Medicine, please visit the syllabi page of the <u>Office</u>

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Internal Medicine Sub-Internship Objectives	Objectives (EPOs)	Activities (EPAs)	Assessment
Gather essential and accurate information about patients and their condition through history-taking, physical examination, and the use of laboratory data, imaging, and other tests.	1.2	1	Observed history and exam by faculty Review of patient log/notes by faculty Oral presentation
Make informed decisions about diagnostic and therapeutic interventions based on patient information and preferences, upto-date scientific evidence, and clinical judgment.	1.5	3	 Patient documentation Oral presentation Clerkship Director observation Education Director evaluation of assignments
Develop and carry out patient management plans with appropriate supervision with commonly occurring inpatient internal medicine presentations, including acute pain, altered mental state, blood pressure derangement, cardiovascular issue, electrolyte derangement, fever, hyperglycemia, renal issue and respiratory disorder.	1.6	2, 10	 Faculty observation Review of patient log/notes by faculty Clerkship Director observation Education Director evaluation of assignments
Apply established and emerging principles of clinical sciences to diagnostic and therapeutic decision-making, clinical problemsolving, and other aspects of evidence-based health care.	2.3	3, 7	 Faculty observation Clerkship Director observation Education Director evaluation of assignments
Identify strengths, deficiencies, and limits in one's knowledge and expertise.	3.1	7	 Faculty observation Clerkship Director observation Education Director evaluation of assignments
Set learning and improvement goals; identify and perform learning activities that address one's gaps in knowledge, skills, or attitudes.	3.2, 3.3	7	 Faculty observation Clerkship Director observation Education Director evaluation of assignments
Locate, appraise, and assimilate evidence from scientific studies related to patients' health problems.	3.6	7	 Faculty observation Clerkship Director observation Education Director evaluation of assignments
Communicate effectively with patients, families, and the public, as appropriate, across a broad range of socioeconomic and cultural backgrounds.	4.1	5, 6, 8	Faculty observation
Communicate effectively with colleagues within one's profession or specialty, other health professionals, and health-related agencies.	4.2, 4.3	5, 6, 8	Faculty observationEvaluation of handoffsClerkship Director evaluation
Work effectively with others as a member or leader of a health care team or other professional groups.	4.2, 4.3	5, 6, 8	Faculty observationEvaluation of handoffsClerkship Director evaluation
Demonstrate sensitivity, honesty, and compassion in difficult conversations about issues such as death, end-of-life issues, adverse events, bad news, disclosure of errors, and other sensitive topics.	4.6	5, 6, 8	Faculty observationClerkship Director observationOral case presentation
Demonstrate a commitment to carrying out professional responsibilities and an adherence to ethical principles.	5		Faculty observationClerkship Director observationEducation Director observation
Participate in identifying system errors and implementing potential systems solutions.	6.5	13	Oral presentation Faculty and Clerkship Director evaluation
Work in interprofessional teams to enhance patient safety and improve patient care quality.	6.6	9	Attendance at interdisciplinary meetingsOral presentationClerkship Director evaluation
Demonstrate the ability to engage in an interprofessional team in a manner that optimizes safe, effective patient- and population-centered care.	7	8	 Faculty observation Clerkship Director evaluation Attendance and participation at interdisciplinary team meetings

Develop the ability to use self-awareness of knowledge, skills, and emotional limitations to engage in appropriate help-seeking	8.1	13	Faculty observation Clerkship Director evaluation
behaviors.			Duty hours log

Policies

Absence and Attendance Policy

The College of Medicine has detailed attendance policies as they relate to each cohort and events that conflict with course schedules. See FSUCOM Student Handbook for details of the attendance policy, a notice of absences, and remediation. Students must use the student absence request form that is located on Student Academics. Extended absences from the clerkships are not permitted. Any absence from the clerkships must be pre-approved by the Regional Campus Dean before the beginning of the clerkship, using the student absence request form. The Clerkship Faculty, Clerkship Director, and Education Director must be notified of any absence in advance by the student, once approved by the campus dean. Under no circumstances should a student arrange with the Clerkship Faculty or elective faculty to be away from the rotation without first obtaining the approval of the campus dean. Any approved absence from a required clerkship may result in the student receiving a grade of "incomplete" and the student is expected to make up missed time and/or complete alternative/additional assignments before a final grade will be assigned. Unapproved absences during the clerkship are considered unprofessional behavior, will result in a grade of "incomplete" until remediated, and may result in a grade of "fail" for the clerkship. In the case of illness or other unavoidable absence, follow the same procedure outlined above, and notify everyone as soon as possible.

Academic Honor Policy

The Florida State University Academic Honor Policy outlines the University's expectations for the integrity of students' academic work, the procedures for resolving alleged violations of those expectations, and the rights and responsibilities of students and faculty members throughout the process. Students are responsible for reading the Academic Honor Policy and for living up to their pledge to "...be honest and truthful and...[to] strive for personal and institutional integrity at Florida State University." (Florida State University Academic Honor Policy, found at http://fda.fsu.edu/academic-resources/academic-integrity-and-grievances/academic-honor-policy.

Americans with Disabilities Act

Florida State University (FSU) values diversity and inclusion; we are committed to a climate of mutual respect and full participation. Our goal is to create learning environments that are usable, equitable, inclusive, and welcoming. FSU is committed to providing reasonable accommodations for all persons with disabilities in a manner that is consistent with academic standards of the course while empowering the student to meet integral requirements of the course. To receive academic accommodations, a student: (1) must register with and provide documentation to the Office of Accessibility Services (OAS); (2) must provide a letter from OAS to the instructor indicating the need for accommodation and what type; and, (3) should communicate with the instructor, as needed, to discuss recommended accommodations. A request for a meeting may be initiated by the student or the instructor. Please note that instructors are not allowed to provide classroom accommodations to a student until appropriate verification from the Office of Accessibility Services has been provided. This syllabus and other class materials are available in alternative format upon request. For more information about services available to FSU students with disabilities, contact the Office of Accessibility Services, 874 Traditions Way, 108 Student Services Building, Florida State University, Tallahassee, FL 32306-4167; (850) 644-9566 (voice); (850) 644-8504 (TDD), oas@fsu.edu, https://dsst.fsu.edu/oas/

Clinical Experience and Education (formerly Duty Hours or Work Hours) Policy

The FSU COM uses the ACGME requirements regarding clinical experience and education as a guideline for our policy. Our goal is to provide a structure that supports patient safety and student education and facilitates personal-professional balance and well-being.

- Clinical experience and scheduled educational activities must be limited to no more than 80 hours per week when averaged over 4 weeks.
- Students must have at least one day out of every 7 completely free from clinical duties and required educational activities when averaged over 4 weeks.
- Clinical experience must not exceed 24 hours of continuously scheduled assignments, with the exception that up to 4 hours of additional time may be used for effective transitions of care or student education. No additional patient care responsibilities may be undertaken during these 4 hours. After 24 hours continuously on call,

students must have at least 14 hours free of clinical work and scheduled educational activities.

Students should have 8 hours off between scheduled clinical experience and education periods.

Documentation of time spent on clinical experience and education:

Students will use ETS to document by self-report their daily work hours on required clerkships and courses. Students must enter daily hours to include both clinical experience and required educational activities. Failure to report work hours is considered a breach of professionalism.

Students will report the following:

- Clinical experience, including documentation in the medical record
- Required educational meetings (i.e. Doctoring 3, clerkship meetings, meetings with clerkship faculty, educational meetings at residency programs)
- Hours that should not be included in self-reported "work" hours include reading about patient conditions and
 procedures, self-directed study for clerkships/courses, work completed for assignments, learning modules, and
 assigned reading.

Office of Student Counseling Services

Candidates for the M.D. degree must be able to fully and promptly perform the essential functions in each of the following categories: Observation, Communication, Motor, Intellectual, and Behavioral/Social. However, it is recognized that degrees of ability vary widely between individuals. Individuals are encouraged to discuss their disabilities with the College of Medicine's Director of the Office of Student Counseling Services and the FSU Office of Accessibility Services (OAS) to determine whether they might be eligible to receive accommodations needed to train and function effectively as a physician. The Florida State University College of Medicine is committed to enabling its students by any reasonable means or accommodations to complete the course of study leading to a medical degree.

Student Mistreatment Policy

"Mistreatment" arises when behavior shows disrespect for the dignity of others and unreasonably interferes with the learning process. It can take the form of physical punishment, sexual harassment, psychological cruelty, and discrimination based on race, religion, ethnicity, sex, age or sexual orientation. If a student feels they are being mistreated, the student should report this concern to the Division of Student Affairs (Student Support Coordinator, Assistant or Associate Dean for Student Affairs or the Regional Campus Dean). We treat all such reports as confidential and do not tolerate reprisals or retaliations of any kind. Please refer to the Student Mistreatment Policy in the FSUCOM Student Handbook and report incidents of mistreatment as soon as possible.

Syllabus Change Policy

Except for changes that substantially affect the implementation of the evaluation (grading) statement, this syllabus is a guide for the course and is subject to change with advance notice.