

HEALTHCARE INFORMATION FOR AND ABOUT SARASOTA

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FALL 2017
COMPLIMENTARY

TOP CLASS

The FSU Internal Medicine Residency Program at SMH establishes Sarasota Memorial as a teaching hospital for future physicians—and continues a legacy of quality, accessible medical care for the community



SARASOTA MEMORIAL
HEALTHCARE
FOUNDATION
INCORPORATED 1976





Teach Them Well

FSU/SMH's Internal Medicine Residency Program is training physicians today to secure healthcare for the community for generations to come



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Hospitals such as Sarasota Memorial are one of the most important institutions in a community. Strong health systems safeguard our health, provide critically needed, lifesaving care, and grow and change to meet our needs now and in the future. It is an unspoken contract between the residents of Sarasota County and the leadership of its flagship hospital, Sarasota Memorial, that the future of healthcare for us and our loved ones is in the forward-thinking hands of SMH.



The establishment of a graduate medical education (GME) program, thereby designating SMH as a teaching hospital, is meant to secure healthcare for the community for generations to come. It is a gift of immeasurable importance.

Sarasota Memorial Hospital's first class of 13 resident physicians began their training July 1, kicking off a GME program developed to offset a shortage of physicians and increase access to medical care in the community. SMH joined forces with Florida State University College of Medicine to create Sarasota County's very first GME program.

Working side by side and under the supervision of SMH attending physicians, the new residents are now caring for ill or injured patients in the hospital, as well as providing primary and preventive care to patients in SMH's new internal medicine practice at Newtown, named after one of its donors: the Jean & Alfred Goldstein Health Center at Sarasota Memorial Internal Medicine Practice at Newtown.

"Our overall goal is to train outstanding community physicians who are knowledgeable, skilled and compassionate," says Wilhelmine Wiese-Rometsch, MD, FACP, Director of the FSU College of Medicine Internal Medicine Residency Program at Sarasota Memorial. "But we also hope they will form lasting relationships with the community, put down roots and start their practices here."

Well-Rounded Experience

During three years of training, each new physician rotates through the various subspecialties of internal medicine, including hospital/inpatient medicine, intensive care, cardiology, pulmonology and geriatrics. Each resident also will spend one week a month caring for patients at the Newtown practice.

Training is provided through observation, lectures and medical oversight of attending SMH physicians who serve on the FSU College of Medicine faculty and who will guide the decisions and care provided to all patients, says Karen Hamad, MD, who serves as Associate Director of the Internal Medicine Residency Program. The faculty includes more than 40 internal medicine physicians and subspecialists practicing at SMH and in community practice settings.

An important part of the resident physicians' outpatient training, the Newtown

practice operates like a traditional group physician practice, except that each patient has two doctors managing his or her care—the resident physician and supervising attending physician—instead of one. All of SMH's attending physicians are board-certified internal medicine specialists and experienced members of Sarasota Memorial's medical staff. Together, the residents and attending physicians provide a full range of primary and preventive care.

After successfully finishing the program, the resident physicians can become licensed as independent practitioners. SMH will accept a new class of up to 13 internal medicine residents each year, with up to 39 residents in the three-year program at one time.

Meeting a Critical Need

According to the Association of American Medical Colleges (AAMC), the work of teaching hospitals is more important than ever, as the nation faces a growing shortage of physicians. By 2020, the AAMC predicts the shortage of physicians will reach an all-time high of 91,500, while the Medicare population grows

by 36 percent and more than 30 percent of physicians reach retirement age.

Teaching hospitals provide around-the-clock, on-site, fully staffed standby services for critically ill and injured people. These hospitals receive more than 40 percent of all transferred patients whose illnesses or injuries require a sophisticated level of technology and expertise not available elsewhere in the community.

Teaching hospitals also provide 41 percent of all hospital charity care and 25 percent of all Medicaid hospitalizations.

For a community hospital to also be a teaching hospital is a gift to a community and its citizens that will pay dividends for generations.



Resident physicians in Sarasota Memorial's Internal Medicine Residency Program will train for three years under the supervision of SMH attending physicians, with the goal of starting practices in the community.

EMERGENCY MEDICINE RESIDENCY TO BE ADDED IN 2019

As a regional referral center with one of the busiest Emergency Departments on Florida's Gulf Coast, Sarasota Memorial Hospital handles more than 100,000 visits per year, with two Emergency Departments, a Level 2 Trauma Center and the region's only Comprehensive Stroke Center. More than 30 percent of all hospital admissions come through the Emergency Department doors.

Next year, Sarasota Memorial hopes to earn approval from the Accreditation Council for Graduate Medical Education to start an Emergency Medicine Residency Program.

If approved, the first class of emergency medicine resident physicians will begin training in 2019.

The Emergency Medicine Residency Program at Sarasota Memorial will be dedicated to improving the outcomes of acutely ill and injured patients through high-quality, cost-efficient care, education and research. As with the Internal Medicine Residency Program, Florida State University will be the academic partner with SMH.

The three-year residency program will train nine residents a year, with up to 27 physicians enrolled when the program reaches capacity in its third year.



Sarasota Memorial Internal Medicine Practice at Newtown could serve up to 1,800 people in its first year, decreasing unnecessary trips to the Emergency Department for care.

NOW OPEN IN NEWTOWN

New internal medicine practice extends quality healthcare to more people in the community

The Jean & Alfred Goldstein Health Center at Sarasota Memorial Internal Medicine Practice at Newtown opened July 6 to the applause of local residents, Sarasota city and county officials, Sarasota Memorial Hospital (SMH) leadership, physicians and employees, and dozens of supporters. It is a community success story of several groups coming together to make high-quality medical care accessible to the medically underserved residents of Newtown.

The practice, ultimately, will decrease unnecessary trips by community members to the SMH Emergency Care Center, resulting in better care and promoting better health. It has been estimated that the practice will serve up to 1,800 people in its first year.

The much-needed facility was designed in 2016 and completed in June 2017, just in time to greet the hospital's first class of internal medicine resident physicians.

Wide Range of Care

The building, at 1825 Dr. Martin Luther King, Jr. Way, in the heart of Newtown, is home to a group physician practice that provides comprehensive, coordinated care to people age 18 and older. The practice offers primary and preventive care, including:

- Physicals, annual exams and adult vaccinations
- Care for chronic conditions, such as diabetes, high blood pressure, asthma and thyroid disease
- Care for acute illnesses, such as the flu, pneumonia and ear infections
- General health, nutrition and medication counseling

The Newtown practice is staffed by 13 resident physicians working in concert and under the direct supervision of experienced and board-certified internal medicine physicians on staff at Sarasota Memorial. The residents are doctors who have graduated from medical school and are continuing specialty training in the Florida State University College of Medicine Internal Medicine Residency Program at SMH. A team of care providers, including registered dietitians, pharmacy residents and social workers, also will work with Newtown patients to promote overall health and well-being.

Getting In to See a Provider

Services are provided on weekdays by appointment. Although the office is not a walk-in clinic and does not offer urgent or emergency medical care, same-day appointments for sick visits are available.

The internal medicine practice accepts most commercial insurances, including Medicare and Medicaid. Free and discounted care will be available to uninsured patients on a sliding-fee scale based on need.



Resident physicians, as well as registered dietitians, pharmacy residents and social workers, will see patients at the Newtown practice. The center is open weekdays by appointment.

WASHINGTON CLARK HILL, MD: AN ADVOCATE FOR NEWTOWN



Washington Clark Hill, MD, has been a long-time advocate for the community of Newtown and a Healthcare Foundation donor. Now, two rooms at the Sarasota Memorial Internal Medicine Practice at Newtown bear his name.

Dr. Hill, an obstetrician, gynecologist and maternal-fetal specialist, has spent 25 years caring for moms in Newtown and elsewhere with high-risk pregnancies—at Sarasota Memorial Hospital (SMH) and now for Sarasota County Health Department—and delivering babies.

Breaking Down Barriers

“Over the years, there were attempts to provide some form of medical care to the residents of Newtown, but nothing that really took hold,” Dr. Hill says. “Now, a wonderful collaboration among Sarasota Memorial Hospital, Sarasota Memorial Healthcare Foundation, Sarasota government and the residents of Newtown is removing some of the barriers to care that have been there in the past. It’s a tremendous benefit to the community.”

Prior to the opening of the new facility, many Newtown residents ended up getting care either at Sarasota Memorial’s Emergency Care Center or at the health system’s free Community Specialty Clinic.

“There are so many sick people in Newtown who have never seen a doctor or don’t see one frequently enough,” Dr. Hill says. “It might be easy for the rest of us to get into our cars and drive down Tamiami Trail to see our doctor, but it’s not that simple or easy for people in Newtown. It is well known that to improve healthcare in a community, there needs to be a facility in the community for better access.

“This is going to make a difference in people’s lives.”

More Than Healthcare

At the Newtown practice, 13 resident physicians work alongside six SMH attending physicians. SMH and Florida State University were committed to selecting physicians who excelled academically but also reflected diversity in race and culture.

Furthermore, the new physicians are becoming involved in Newtown through special projects and education. Dr. Hill is among many Newtown advocates helping the newcomers learn about the community’s history and challenges.

“These doctors are doing more than just providing healthcare,” Dr. Hill says. “They are getting involved with the Newtown community and its residents on many levels.”

Dr. Hill joined Sarasota Memorial’s medical staff in 1992, founding the hospital’s Maternal-Fetal Medicine Program and, for two decades, providing vital care to at-risk mothers and babies throughout the region. He also served as Past President and Chief of SMH’s medical staff, Chairman of the Department of Obstetrics & Gynecology and Medical Director of Labor & Delivery at Sarasota Memorial.