



← [Ventas Q2 2010 FFO Up 6.4% to \\$119 Million: Looks For More Opportunities in MOBs, Senior Living](#)
[HUD Announces \\$19.5 Million in Funding To Produce More Assisted Living in Four States](#) →

New Survey Examines Evolving Concept of Retirement

August 1st, 2010 · No Comments

The refinement of the definition of retirement continues as Americans continue to age. In a new nationwide poll of older adults, ages 65 to 80, shows that over 80% of them view their retirement will be different and more exciting than their parents retirement. The Vi Next Chapter study examines the expectations and self perception of what the respondents are looking towards or experiencing in their retirement. Some of the survey highlights include:

- 96% say retirement doesn't mean they are ready to stop being productive and 79% feel productive currently
- 80% of respondents stated that declining or deterioration of health concerns them most versus 20% worried about not having enough money to live
- 60% of older Americans polled say they are exercising more than 2-3 hours a week with 21% saying they exercise more than 5 hours each week.
- More than four out of five say they prepare meals from scratch rather than eating frozen, pre-prepared or takeout meals and 97% say the food they eat is very or somewhat healthy

"Today's seniors are relatively healthy, very active, engaged in their lives, their interests and their communities and are a real hoot to be around," said Kenneth Brummel-Smith, MD, Charlotte Edwards Maguire, Chair, and Professor, Department of Geriatrics, Florida State University. "This generation is redefining so many aspects of aging and retirement. It is no surprise this dynamic demographic is shattering outdated perceptions and rewriting the way we perceive older adults."

Tags: Retirement Lifestyle · Senior Living

 [Email This Post](#)  [Print This Post](#) 

SUBSCRIBE NOW FOR FREE!

Email Subscriptions Available:

[Senior Living Weekly \(Consumer\)](#)

[Senior Housing News Daily \(Business\)](#)



MOST POPULAR POSTS

[Thoughts on retiring in Mexico](#)

[Betty White Ignites SNL Ratings](#)

[10 Senior Housing and Senior Living Trends To Watch in 2010](#)

[Senior Technology Review Of Silver Summit - CES 2010](#)

[Senior Housing Industry Outlook and Trends for 2009](#)

[What Does A Housing Bottom Mean For Senior Housing & Living Industry?](#)



3 tweets

retweet

Rejuvenate
your seniors
housing portfolio

To discover how Jones Lang LaSalle can help you maximize your seniors housing investment, contact our Seniors Housing Group leaders:
Michael Berme, +1 212 812 5945;
Richard Donohue, +1 212 812 5902
www.us.joneslanglasalle.com/seniorhousing



Real value in a changing world

Ads by Google 

[Sr. Housing Dev. Experts](#)
Market Analysis & Construction
Ecumen Senior Housing Development
www.EcumenDevelopme

[Live Right on the Bay](#)
Affordable Retirement
Community Rental Senior Living. St Pete.
www.watermarkcommun

[55 & Better Communities](#)
New Homes

Priced from \$140k+ Browse Active Adult Communities! www.WCICommunities.c

[Florida Senior Living](#)
Phase Closeout - Great Bargains Top Independent Living in Florida www.viennasquare.com

Ads by Google

[Independent Senior Living](#)
Find Independent Senior Living Near You. Our Free Service Makes It Easy www.SeniorsForLiving.cc

[Sun City HH Buyers Agent](#)
Why settle for the seller's agent? Get Hal Meeks free monthly report www.halmeeks.com

[Retirement communities](#)
Search Styles, Floor Plans, Photos, Builders. Find Your New Home Now! www.NewHomeGuide.co

[Retirement Villages](#)
Come See Our Gorgeous Active Adult Retirement Communities in Greece. www.CrimsonRidgeSenic

0 RESPONSES SO FAR ↓

There are no comments yet...Kick things off by filling out the form below.


You must [log in](#) to post a comment.

Today's Senior Living Options Offer Far More Than Board Games



The image of senior living being shuffleboard, checkers and dozing on the porch are yesterday's stereotype (not that there's anything wrong with any of those). The socializing and activities at retirement, independent and assisted living communities today go way beyond board games. Aside from the modern rooms, amenities and great food the opportunities for continuing personal growth and good, old fashioned fun are better than ever. Explore your options today.

Start Now


www.SeniorsForLiving.com
Ads by Google

Retirement Communities WORLD ASIA 2010
11 – 13 Oct 2010
Grand Hyatt Singapore

ADVERTISED LINKS

- [Blog Search Engine](#)
- [Blog Top List](#)
- [Blogarama](#)
- [BlogCatalog](#)
- [California Senior Housing](#)
- [Get Help Finding Elder Care](#)
- [Reverse Mortgage Daily](#)
- [Senior Checking Accounts](#)
- [Senior Housing & Living Conferences](#)
- [Senior Housing Arizona](#)
- [Senior Housing Classifieds](#)
- [Texas Senior Housing](#)



[About Senior Housing News](#)

[Advertise](#)

[Privacy Policy](#)

[Terms Of Use](#)

© 2006–2010 Senior Housing News

