

Special

Medical news in Polk County (November 2019)

By Ledger staff

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LAKELAND REGIONAL HEALTH

David L. Bowers, M.D., joined the Lakeland Regional Health Physician Group as a urologist at the North Campus/Hollis Cancer Center. Bowers earned his doctor of medicine degree at the Sackler School of Medicine in Tel Aviv, Israel. Bowers most recently served as a urologist at The Villages Regional Medical Center and previously practiced in Lakeland for almost two decades. He is certified by the American Board of Urology.

Hyunjung “Mary” An, MSN, BSN, RN, ARNP, CCRN, joined the Lakeland Regional Health Physician Group as an advanced practice registered nurse at the Family Health Center. An earned her Bachelor of Science and Master of Science degrees in nursing at Florida Southern College. She most recently served as an advanced practice registered nurse at Advent Health in Orlando. She is certified by the American Academy of Nurse Practitioners.

Matthew Forestiere, M.D., joined the Lakeland Regional Health Physician Group as a trauma physician. He earned his doctor of medicine degree from the University of Arkansas for Medical Sciences. Forestiere completed his residency in general surgery at Baylor Scott & White Health – Texas A&M University. He completed fellowships in Surgical Critical Care and Trauma and Acute Care Surgery at LAC+USC Medical Center in Los Angeles, California. Certified by the American Board of Surgery in both general surgery and surgical critical care, Forestiere sees patients at the Medical Center and the Pablo Campus.

Caroline Gay, Fellow of the Healthcare Financial Management Association, is one of Becker’s Hospital Review’s Rising Stars: 66 Healthcare Leaders Under 40, according to a just-released list by the healthcare publication. Gay serves as chief

population health officer and chief analytics officer for Lakeland Regional Health. Gay, who joined Lakeland Regional Health in 2011, was also named by Becker's as one of 36 Health IT and Revenue Cycle Up-and-Comers for 2018. Gay was integral in establishing the health system's Analytics Division, with a team of consultants who provide continuous insights, recommendations and monitoring tools, contributing to improvements in infection rates and reductions in falls rates and hospital readmission rates. Under her leadership, Lakeland Regional Health became the first health system in Florida and only the 10th in the world to achieve Stage 6 of the HIMSS Analytics Adoption Model for Analytics Maturity.

Lakeland Regional Health is one of only 10 health systems around the world and the first in Florida to earn Stage 6 on the HIMSS Analytics Adoption Model for Analytics Maturity. The AMAM is an international benchmark for the use of advanced analytics to improve patient care. Among the noteworthy analytics initiatives at Lakeland Regional Health: Data analytics in the Emergency Department supports top decile performance nationally with more than 80 percent of patients being treated and released in less than three hours. Advanced data visualization helps achieve and sustain results that are better than national averages for surgical site infections as well as for MRSA and C. diff. Ongoing data mining of clinical indicators from electronic health records allows for pattern recognition, quality monitoring, and continuous improvement. Sepsis Crawler, an electronic system that monitors a patient's vital signs and lab results, identifies and allows team members to treat patients who have early-onset blood infections. Predictive data analytics, such as readmission predictors, help clinical team members identify patients who may need special attention.

The College of Healthcare Information Management Executives named Lakeland Regional Health one of 2019's Most Wired hospital and health systems. This is the fifth time in six years that Lakeland Regional Health earned Most Wired recognition. The healthcare system earned certified Level 8, with Level 10 being the top certification level. The Most Wired program conducts an annual survey to assess how effectively healthcare organizations apply core and advanced technologies into their clinical and business programs to improve health and care in their communities. Among the advanced technologies that Lakeland Regional Health employs: mobile apps for patients and families to access records and schedule appointments; comprehensive adoption of electronic health record

workflows, extensive cyber-security technology to safeguard patient and team member records and comprehensive analytics and data management services to support inpatient care quality, population health activities and financial outcomes.

BAYCARE MEDICAL GROUP

Maryam Abid, D.O., a family medicine practitioner, joined BayCare Medical Group at 1601 W. Timberland Drive, Ste. 300, Plant City and is accepting new patients ages 18 and older. She earned her Doctor of Osteopathic Medicine from Nova Southeastern University College of Osteopathic Medicine in Davie, followed by a family medicine residency at Ocala Regional Medical Center in Ocala. Abid is certified in basic life support, advanced cardiovascular life support, pediatric advanced life support and neonatal resuscitation. She is a member of the Florida Osteopathic Medical Association and the American Osteopathic Association, who also speaks Urdu.

BAYCARE HEALTH SYSTEM

The Florida State University College of Medicine Family Medicine

Residency at BayCare Health System (Winter Haven) has received accreditation from the Accreditation Council for Graduate Medical Education (ACGME). The residency program was announced in early 2018 as a partnership between Florida State University College of Medicine, Winter Haven Hospital and BayCare Medical Group, with the purpose to improve access to primary care services and assist with physician recruitment efforts in Polk County. Following accreditation, the residency program begins recruiting residents through an electronic and uniform system instituted and maintained by the National Resident Matching Program. The FSU program in Winter Haven is expected to accept six medical school graduates who will begin their three-year residency training in July. The residency program will add new residents each year. In addition to receiving in-depth training in the field of family medicine, the residents will train and provide care in a community with significant needs for more primary-care physicians.

WATSON CLINIC

Allan Wells, M.D., joined Watson Clinic at Urgent Care Main, 1600 Lakeland Hills Blvd., Lakeland. Wells received his medical degree from the University of Louisville School of Medicine in Louisville, Kentucky. He performed his residency in Family Medicine at the Trover Clinic Foundation in Madisonville, Kentucky. He is board-certified in Family Medicine by the American Board of Family Medicine.

Jackie Stephens, LPN (center) display her PEER award plaque next to Watson Clinic Chief Administrative Officer Stan Piotrowski (left) and Watson Clinic OB-GYN specialist Tarek G. Garas, M.D. (right).

Jackie Stephens, a licensed practical nurse who works alongside OB-GYN Dr. Tarek Garas, was presented the Watson Clinic PEER awarded for September. Watson Clinic recognizes one outstanding employee every month as part of its Program for Employee Excellence and Recognition award. Stephens has been with the Watson Clinic for eight years. As PEER Award winner, Stephens received a plaque, dinner at a local restaurant, a reserved parking spot and a free service from the Medical Spa at Watson Clinic.

Amanda L. Hidalgo, Au.D., CCC-A, and **Brad Ingrao, Au.D.**, joined Watson Clinic Hearing Center. Both treat patients from both Watson Clinic Hearing Center locations at the Watson Clinic Bella Vista Building at 1755 N. Florida Ave. in Lakeland and Watson Clinic Highlands at 2300 E. County Road 540A in south Lakeland.

Hidalgo received her bachelor of science degree and her doctor of audiology degree from West Virginia University in Morgantown, West Virginia. She is a certified member of the American Speech Language Hearing Association, as well as a member of the American Academy of Audiology.

Ingrao received his bachelor of science degree in the education of the speech and hearing handicapped and his master of science degree in audiology at the State University of New York at New Paltz in New Paltz, New York. He received his doctor of audiology degree from Arizona School of Health Science in Mesa, Arizona. Ingrao is a member of the International Committee of Sports for the Deaf, the Hearing Loss Association of America — Florida State Association, the

Hearing Loss Association of America — Lakeland Chapter, the Florida Association of the Deaf, and the Southeast Florida Cochlear Implant Support Group.

Advanced Practice Registered Nurses **Ashley N. Craig, Alexandra Starzhevskiy** and **Holly K. Bartley** have joined Watson Clinic.

Craig works alongside board-certified gastroenterologist Joffre R. Rivera, M.D. from Watson Clinic Main at 1600 Lakeland Hills Blvd. in Lakeland. Craig received her master of science in nursing degree from the University of South Florida in Tampa. She is a member of the American Academy of Nurse Practitioners and the Polk County Advanced Nurses Association.

Starzhevskiy works alongside board-certified Internal Medicine specialists Ivan Rivera, M.D. and Ernesto A. Uy, M.D., DABMA, from Watson Clinic Main. Starzhevskiy received her master and bachelor of science in nursing degrees from the University of South Florida in Tampa. She received her associate of science in nursing degree from Hillsborough Community College in Tampa. She is a member of the American Association of Nurse Practitioners and the Oncology Nursing Society.

Bartley works alongside board-certified dermatologist Ronald Patrick, M.D., from Watson Clinic Dermatology at Sun City Center, 924A Cypress Village Blvd. in Ruskin. Bartley received her master and bachelor of science in nursing degrees from the University of South Florida in Tampa. She is a member of the American Academy of Nurse Practitioners.