

Nov 15, 2011

In the Spotlight 11/15/2011

The Great American Smoke Out

The Great American Smoke Out is an event to help smokers kick the habit.

The Great American Smoke Out is an event to encourage smokers to quit smoking for this one day, in turn free counseling with a Certified Tobacco Treatment Specialist, free nicotine replacement therapy (patches, gum or lozenges) will be provided. Event sign up for Quit Smoking NOW classes in January will be available, you can also receive a free Carbon Monoxide screening telling you how much CO is in their lungs and you can also get a Lung Age Test which will tell you what age your lungs are. Programs, screenings and nicotine replacement therapy are always free.

Date and Time: November 17, 2011, 7:30 AM - 3:30 PM at the TMH Cancer Center, 1175 One Healing Place (the corner of Surgeons Drive and Miccosukee.)