

# Conference offers training for caregivers on Alzheimer's disease



FSU's program for Alzheimer's caregivers aims to reduce caregivers' distress; improve their overall health; and enhance their skills. *(Photo: Getty Images/iStockphoto)*

Alzheimer's Project and Florida State University College of Medicine are conducting the 35th Annual Alzheimer's Disease Education and Training Conference on Saturday, Feb. 8. The event will be held at the FSU College of Medicine from 8 a.m. to 3 p.m.

The conference brings together top educators, trainers, and other experts to discuss topics that are important to family caregivers and healthcare professionals. There is a \$10 admission fee that includes lunch. Respite care, including activities for people living with dementia, will be provided at no charge.

This year's keynote speaker, Cameron Camp, Ph.D., addresses the topic: "Effectively Coping with Challenging Behaviors: How to Think Like A Champion Detective." Dr. Camp has earned international renown for his work to improve the quality of life for persons living with dementia and other memory disorders. His research is based on the theory that the Montessori approach to learning can also benefit people with serious cognitive impairment. He lectures and trains across Europe, Asia, Africa, and North America.

Other conference topics include:

- Legal Issues related to dementia
- Improving behavior through communication

- Managing grief and loss
- A research update

“The conference is a great opportunity for local caregivers,” said Debbie Moroney, CEO of the Alzheimer’s Project. “You learn about the latest trends and techniques from industry experts, and you meet other caregivers facing similar challenges.”

In addition to helping family caregivers, the conference offers Continuing Education Credits (4.0 hours) to healthcare professionals, provided by Big Bend Hospice.