

Campus notes

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FSU researcher links weight gain, personality

People who gain weight are more likely to give in to temptations but also are more thoughtful about their actions, according to a new study done by an FSU researcher and published in *Psychological Science*, a journal of the Association for Psychological Science. To understand how fluctuations in body weight might relate to personality changes, Angelina Sutin at FSU's College of Medicine and colleagues at the National Institutes of Health examined data from two large-scale longitudinal studies of Baltimore residents. The studies included more than 1,900 people in total, of all ages and socioeconomic levels. Data about participants' personality traits and their body weight were collected at two time points separated by nearly a decade.

Campus notes is a weekly roundup that appears on Monday. To submit information, email senior writer Doug Blackburn at dbackburn@tallahassee.com