

The model of success

Casey Cosgrove (M.D., '12) has been inducted into the Gold Humanism Honor Society twice – as a medical student at Florida State, and at The Ohio State University, where he currently is serving as Education Chief Resident in his final year of OB-GYN. One contributed to the other, as far as he's concerned.

"Florida State's model of having us follow with experienced community physicians really provided me with a great foundation for how to treat the patient and for building a rapport that improves their medical care," he said. "The responsibility of taking care of patients and working one-on-one with attending physicians gave me a great amount of autonomy, which has translated to success in residency. I also feel that having such great teachers and mentors while in medical school has motivated me to give back to the medical students that I work with."

Cosgrove said the science he learned in his first two years at FSU prepared him well for the ensuing two years of clinical rotations. That's where he said he was getting the experience that has helped him succeed at Ohio State.

"As a medical student at Florida State I always felt as if I was part of the team. My attendings gave me a great amount

of responsibility with patient care, which has been instrumental to a smooth transition to residency," he said.

"I felt like from Day One in residency I was comfortable talking to consultants, working with patients, collaborating with nurses and other ancillary staff. Having the opportunity to work with an attending for several weeks on each rotation in medical school was greatly instrumental in building my confidence and allowed for a great degree of graduated responsibility that is so important in medical education."

After completing his OB-GYN residency Cosgrove plans to do a fellowship in gynecologic oncology. And then. . .

"I hope to have the opportunity to stay in academic medicine and mentor medical students and residents," he said. "I would love to have the opportunity to be a program director and/or medical student clerkship director in the future."

Wherever he ends up, Cosgrove said he's thankful for his time as a medical student at Florida State.

"I look back at how much we were able to grow on each rotation – from not being able to find a chart on Day One to writing notes, having succinct assessments and plans and being able to communicate the patient's needs by the end of the rotation is a triumph for the FSU model of medical education."



COLIN HACKLEY



FSU Photo Lab/Bill Lax

A message from Zita

It's nearly a tradition now that the featured speaker at the White Coat Ceremony is a College of Medicine alumnus, particularly one who embodies the medical school's mission statement in his or her practice choices.

Zita Magloire (M.D., '11) graduated from the University of Kansas Family Medicine Residency Program and returned to enter practice with one of her College of Medicine preceptors – Ashley Register in Cairo, Georgia.

"It is amazing to think that eight years ago I was in your place, about to walk across this very stage and don my white coat," Magloire told the first-year students. "I want to, above all things, encourage you, and tell you that not only can you survive medical school, residency and beyond, but you can grow and become a strong, more caring person in the process."

Magloire cited examples from her time in medical school.

"In residency, and even out in practice, most physicians don't struggle because of lack of knowledge, but because of challenges in effectively communicating with others, dealing with stress or stressful situations, managing time effectively or being able to empathize with their patients," she said.

"The things you will learn here are the skills and attributes that distinguish medical students from Gold Humanism Honor Society medical students; residents from chief residents; and a physician from the doctor that you would send your mom to. These are the things that matter most, and the white coat embodies all of them."