# Myelin-laden Macrophage: The True Villain Behind Spinal Cord Injury

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# What is a Spinal Cord Injury?



# **Spinal Cord Injury**

- 24% car accidents; >25% accidents working; gunshots, sporting accidents, etc.
- 0.4% of the US population or 1,275,000 people paralyzed due to SCIs
- Lifetime cost of SCI: \$0.7-3 million for 25 year old patient
- Cost of enrollment in a clinical trial: \$50,000 \$100,000/person
- Projected cost of phase 2 clinical trial: \$5-10 million/candidate drug
- By developing therapies for patients and preventing potential new injuries,
  USA would save \$400 billion on future direct and indirect lifetime costs

Christopher & Dana Reeve Foundation

# **Currently no effective treatments for SCI**

### **Current Research: Key Principles of Spinal Cord Repair**

- Neuroprotection—protecting surviving nerve cells from further damage
- Regeneration—stimulating the regrowth of axons and targeting their connections appropriately
- Cell replacement—replacing damaged nerve or glial cells
- Retraining CNS circuits and plasticity to restore body functions
- Improving microenvironment for regeneration

http://www.ninds.nih.gov/disorders/sci/sci.htm

### MRI of Cervical Spinal Cord on the T2-weighted Image

Intramedullary hemorrhage Primary injury



7h after injury



3 months after injury

Sudo et al. 2006

#### Mechanisms of Injury **Activated Astrocytes** Primary Injury Secondary Injury Infiltrating Lymphocytes 1 - Loss of Neurons/Axons 1 - Loss of Neurons/Axons 2 - Demyelination 2 - Demyelination **Activated Monocytes** 3 - Inflammation 4 - Reactive Oxidative Damage Phagocytic Monocytes and the Astrocytiic Glial Scar 5 - Cyst Formation Neurons

Salewski et al. 2013.

# **Main Leukocytes**



### Elie Metchnikoff, Russian Pathologist (1845–1916)





Nature Reviews | Molecular Cell Biology



Nature Reviews | Molecular Cell Biology

http://animatedhealthcare.com

His description of mobile cells battling invading pathogens was visually immediate and dramatic.

# **Selected Achievements of Metchnikoff**

•Description of phagocytosis as an active process and its role in host defense, across a wide range of organisms

•Description of natural immunity to infection (host-pathogen interaction with phagocytes playing a central role)

- •Significance of inflammation as a beneficial process
- •Description of cell migration and leukocyte recruitment
- •Going from observations to hypothesis, for experimental testing
- Public outreach popular writings, health promotion

Gordon. Eur. J. Immunol. 2008. 38: 3257

# Macrophage

#### Functions of Macrophage:

- Migration
- Phagocytosis
- Presentation of Ag
- Secretion



### **Macrophage: the Professional Phagocyte**



Checroun et al. 2006







Sir John Savill

Dead men may tell no tales, but dead cells certainly do, the macrophage having the last word. -----Sir John Savill

### Signals that Regulate the Engulfment of Apoptotic Cells



De Almeida & Linden. Cell Mol. Life. Sci. 2005. 62.

# **Injured Spinal Cord**



### **Macrophages and Microglia in CNS**



Proia & Wu. JCI. 2004. 113.

# **Mouse Models**

#### 1. C57BL/6-RFP/GFP Bone Marrow (BM) Chimeric mice



#### 2. CX3CR1<sup>GFP/+</sup> (heterozygous) mice:

- GFP inserted in the CX3CR1 locus in one allele
- A normal allele enables the continued expression of CX3CR1 (maintains functional CX3CR1)

### **Bone Marrow-derived Macrophages (BMDM)** in Injured Spinal Cord





# **Macrophage Activation**



### **Macrophages in Injured Spinal Cord**



Kigerl et al. J Neuronsci. 2009

# **Macrophages in Injured Spinal Cord**



**GFP-M2** injection after SCI



#### Wang et al. Glia. 2015

# **Macrophage Polarization in the Injured Spinal Cord**



Nature Reviews | Neuroscience

David & Kroner. 2011. 12: 382

### A Severity-Dependent Expression of Inflammatory Mediator in Cerebrospinal Fluid (CSF) Post-SCI



American Spinal Injury Association (ASIA) to classify SCI patients Grade A: motor and sensory complete paralysis \_\_\_\_\_ Grade B: motor complete, sensory incomplete paralysis \_\_\_\_\_ Grade C: incomplete motor and sensory paralysis \_\_\_\_\_

### Myelin



- Composed of *lipids* and *proteins* (myelin basic protein, MBP; proteolipid protein, PLP; myelin-associated glycoprotein, MAG; myelin-oligodendrocyte glycoprotein, MOG)
- Myelin debris is an inhibitory signal for regeneration
- Myelin debris can stimulate inflammation
- Axons are directly exposed to inflammatory environment

### **Macrophages Uptake Myelin Debris**



Myelin/macrophage/nucleus





Wang et al. Glia. 2015

### Lipid Accumulation in Macrophages at Injury Site

#### Foamy cells



Wang et al. Glia. 2015

Why do these lipids remain in the  $M\phi$ ?

Is the path for lipids to leave blocked?

# Lipid transporters: ABCA1 and ABCG1



RXR: retinoid X receptor

# **Macrophages at Lesion Site**



# **Do Myelin-laden Macrophages Have Normal Function?**



**Phagocytic capacity** 

Can mye-M¢ eat more?

For example: apoptotic neutrophils

# Neutrophil Infiltration



- Short lifespan 12 hours
- Present in blood (60-70% of WBC) (Not found in healthy tissues)
- Granules in the cytoplasm are responsible for killing microbes (primary and secondary granules)
- Myeloperoxidase Leukocyte sialoglycoprotein (CD43) Phospholipase A2 Acid hydrolases Elastase α and β defensins Neutral serine proteases Bacterial/permeability-increasing protein Lysozyme Cathepsin G Specific (secondary) granula Azurophilic (primary) granula

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**MicrogliaNeutrophils** 

Specific (tertiary) granula

Gelatinase Lactoferrin Lipocalin Lysozyme LI37 MMP8

Cathelicidin Collagenase Lactoferrin Cd66b

#### Secretory vesicles

Albumin Complement receptor type 1 (CD35)

# **Apoptosis and Phagocytosis**



Our bodies produce 5-10  $\times$  10<sup>10</sup> neutrophils every day. Effective removal of apoptotic neutrophils is important for "making space" for living cells and for maintaining the function of tissue.

# Macrophages and Apoptotic Cells: A Love Story









# **Signals for Apoptotic Cell Clearance**

- **Come here signals:** chemoattactants (MCP-1)
- Find me signals: fractalkine, ATP and UTP (apoptotic cells attract macrophages are the beginnings of fatal attraction)
- Eat me signals (Phosphatidylserine):
- Don't go away signals (MIF)

Apoptotic cells make an active effort to attract phagocytes.

After-the-meal : clearance of apoptotic cells is "immunological silent"



### However, their bond can be easily broken...

### Interaction of $M\phi$ , Neutrophils (PMN) and Myelin Debris



Wang et al. Glia. 2015

# The Tragedy of the Neutrophil



# NSCs Injection into Injured vs. Normal Spinal cord



# Distribution of Injected Naïve M $\phi$ and Mye-M $\phi$ in the Normal Cord



Normal spinal cord

Normal spinal cord

Spinal cord injury

### 5 days after injection

# Inflammation in the Normal Cord Injected With Naïve- vs. Myelin-macrophages



#### 5 days after injection

### Spinal Cords Staining for GFAP to Quantify Lesion Volume



Lesion area: GFAP-

Gliosis: GFAP+++



5 days after cell injection

### Spinal Cords Staining for Myelin Basic Protein (MBP) to Quantify Demyelination Area



Normal cord

### Mechanisms of Injury

#### Primary Injury 1 - Loss of Neurons/Axons 2 - Demyelination

### Secondary Injury

- 1 Loss of Neurons/Axons
- 2 Demyelination
- 3 Inflammation

4 - Reactive Oxidative Damage and the Astrocytiic Glial Scar

5 - Cyst Formation



Activated Astrocytes Infiltrating Lymphocytes



Activated Monocytes



Salewski et al. 2013.

#### Mechanisms of Secondary Injury

- Vascular change
- Free radicals
- Excitotoxicity
- Calcium influx
- Cell death
- Myelin-laden macrophages and impaired phagocytic capacity

This is the first example of a single cell population that can cause pathogenic change

### **Exosomes and Their Interactions with Recipient Cells**



- Were considered as rubbish bags
- Exosome size: 30-150nm
- Can transport proteins, mRNA/miRNA, lipids
- Participate in pathophysiological processes

### Mye-M¢ Exosome Secretion and its Possible Roles in Communication With Recipient Cells in Spinal Cord



# **Exosome Secretion from Mye-M** $\phi$



# **Characterization of Exosomes from Macrophages**



# The Effect of Exosomes on Regulation of NO Production in Naïve Macrophages



### The Effect of Exosomes on Regulation of NSC Differentiation



Control

#### exosomes from naïve $M\phi$ ex

#### exosomes from Mye-Mø



# **Exosomes Induce M**\u00f8 Infiltration in Normal Cord

**Exosomes from naïve macrophages** 





Exosomes from mye-macrophages



Mouse 1



Mouse 2

1w after SCI

# Exosomes Induce Reactive Astrocyte (gliosis) in Normal Cord

Exosomes from naïve-Mø

Exosomes from Mye-Mø



**2w** after SCI

# **Does targeting mye-M\$**...

# inhibit secondary injury? promote motor neuron function recovery?

# Exploring New Therapeutic Strategies Targeting Myelin-Laden Macrophages In SCI

- Inhibition of circulating monocyte migration?
- Promotion of M2 M $\phi$  activation
- Pharmacologic manipulation of ABCA1 and Mø lipid efflux *in vivo*
- Promotion of  $M\phi$  emigration
- Transplantation of "appropriate or beneficial" Mφ (antiinflammatory macrophages with intact phagocytic capacity)

# Strategy I

### Pharmacologic manipulation of ABCA1 and macrophage lipid efflux *in vivo*

# Lipid Transporters: ABCA1 and ABCG1



# Compound A Rescues Myelin-Inhibited Arginase-1 Activity



#### **Compound A Enhances Lipid Efflux and Apoptotic Cell Uptake**



# **Compound A Significantly Increased BMS Score**



#### 4 weeks after treatment

# Strategy II

# Transplantation of "appropriate or beneficial" $M\phi$ (anti-inflammatory $M\phi$ with intact phagocytic capacity)

# Macrophage Migration Inhibitory Factor (MIF) KO Macrophages







4W after SCI

# GFP-M $\phi\,$ Injection in the Injured Spinal Cord



7 days after SCI

#### **GFP-macrophage Injection in the Injured Spinal Cord**

3d after injection





rostral



caudal

### **Effect of Macrophage on Locomotion after SCI**





### **CNS Disorders that Generate Myelin Debris**



#### **Cause of Paralysis Among US Adults**



Christopher & Dana Reeve Foundation

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