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Instructors

Education Director

Edward L. Bradley III. M.D., FACS
Office  FSU College of Medicine
        201 Cocoanut Ave
        Sarasota, FL 34236-4917
Phone  941-923-1331
Email  ed.bradley@med.fsu.edu

Clerkship Directors

<table>
<thead>
<tr>
<th>Campus</th>
<th>Director</th>
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</thead>
<tbody>
<tr>
<td>Fort Pierce</td>
<td>Dr. Kenneth Bridges</td>
</tr>
<tr>
<td>Daytona</td>
<td>Dr. Harry Black</td>
</tr>
<tr>
<td>Orlando</td>
<td>Dr. Timothy Childers</td>
</tr>
<tr>
<td>Pensacola</td>
<td>Dr. Jeffery Chicola</td>
</tr>
<tr>
<td>Sarasota</td>
<td>Dr. Edward Bradley III</td>
</tr>
<tr>
<td>Tallahassee</td>
<td>Dr. Ray Bellamy</td>
</tr>
<tr>
<td>Marianna Site</td>
<td>Dr. Steven Spence</td>
</tr>
<tr>
<td>Thomasville Site</td>
<td>Dr. Rudy Hehn</td>
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</tbody>
</table>
Course Overview

Description

Surgery is an eight week experience in the care of patients suffering from conditions that are amenable to treatment by the use of the hand (surgery; fr. Greek: cheir [hand] and ergon [work], literally ‘handiwork’). Students will be assigned to an individual General Surgery clerkship faculty member for six weeks who will shepherd the student experience in the operating room, out-patient clinics, and office based practice. In addition, students will take night call two times per week. For the final two weeks of the rotation, the student will undergo a concentrated subspecialty experience to be chosen by the student working with the Campus Dean, from among the surgical subspecialties of orthopedics, urology, or otolaryngology.

General Topics

Listed below are the General Topics for which you will be held responsible. Included within each Topic are several Sub-topics that have proved to be of frequent interest to test-writers. Once you have mastered the information included in the larger Topic, make certain that you are familiar with the Sub-topics as well.

1. Preoperative and Postoperative Care
   Subtopics: nutritional assessment, immunocompetence, infection risks, factors affecting wound healing, respiratory failure

2. Postoperative Complications
   Subtopics: fat embolism, aspiration, myocardial infarction, cardiac failure, gastric dilatation, wound dehiscence, geriatric problems, such as delirium, dementia, and the propensity to fall.

3. Special Medical Problems in Surgical Patients
   a) Endocrine Disease in the Surgical Patient
      Subtopics: diabetes, hyperparathyroidism, hypothyroidism, adrenal insufficiency
   b) Heart Disease and the Surgical Patient
      Subtopics: coronary artery disease
   c) Renal Disease and the Surgical Patient
      Subtopics: renal failure
   d) Hematologic Disease
      Subtopics: surgery in patients with hematologic malignancies and/or receiving anticoagulants, disorders of hemostasis; coagulation factor concentrates.
4. **Wound Healing**
   Subtopics: biochemistry of healing; factors retarding healing

5. **Inflammation, Infection, and Antibiotics**
   Subtopics: infection risk factors, necrotizing infections, antibiotic colitis, tetanus, rabies, venomous bites.

6. **Fluid and Electrolyte Management**
   Subtopics: know this chapter cold; particularly acid-base balance! If given values for HCO3, pH, PaCO2 you must be able to identify acidosis/alkalosis, metabolic/respiratory, compensated/uncompensated states.

7. **Surgical Metabolism and Nutrition**
   Subtopics: complications of parenteral nutrition, desirability of enteral nutrition

8. **Anesthesia**
   Subtopics: nerve injuries due to malpositioning, complications of anesthesia

9. **Shock and Acute Pulmonary Failure**
   Subtopics: cardiac compressive shock, cardiogenic, neurogenic, and septic shock, ARDS, fat embolism, pulmonary embolism.

10. **Management of the Injured Patient**
    Subtopics: tension pneumothorax, flail chest, aortic rupture, arteriovenous fistula, liver/pancreas injuries.

11. **Burns and Other Thermal Injuries**
    Subtopics: burn complications, heat stroke, frostbite.

12. **Head and Neck Tumors**
    Subtopics: salivary gland tumors, squamous cell cancers.

13. **Thyroid and Parathyroid**
    Subtopics: evaluation of thyroid nodules, thyroid carcinoma, hypercalcemic crisis, secondary hyperparathyroidism.

14. **Breast**
    Subtopics: Paget’s disease (including clinical appearance), carcinoma during pregnancy and lactation, non-invasive carcinoma, nipple discharge

15. **Thoracic Wall, Pleura, Mediastinum, and Lung**
    Subtopics: chylothorax, mesothelioma, superior vena caval syndrome, solitary pulmonary nodule, myasthenia gravis.

16. **The Heart**
    Subtopics: Acquired Heart Disease: valvular disease, aortic dissection
    
    Congenital Heart Disease: VSD, transposition, tetralogy, PDA, coarctation.

17. **Esophagus and Diaphragm**
    Subtopics: achalasia, scleroderma, Zenker’s diverticulum, GERD, Boerhaave’s syndrome, diaphragmatic hernias.

18. **The Acute Abdomen**
<table>
<thead>
<tr>
<th>Number</th>
<th>Subtopic</th>
<th>Subtopics</th>
</tr>
</thead>
<tbody>
<tr>
<td>19</td>
<td>Peritoneal Cavity</td>
<td>pseudomyxoma, retroperitoneal fibrosis, workup of abdominal masses</td>
</tr>
<tr>
<td>20</td>
<td>Stomach and Duodenum</td>
<td>gastrinoma, volvulus, Mallory-Weiss, MALT tumors, GI bleeding</td>
</tr>
<tr>
<td>21</td>
<td>Liver and Portal Venous System</td>
<td>hepatoma, hepatic metastases, hepatic adenoma, Budd-Chiari, splenic vein thrombosis</td>
</tr>
<tr>
<td>22</td>
<td>Biliary Tract</td>
<td>gallstone ileus, cholangitis, emphysematous cholecystitis</td>
</tr>
<tr>
<td>23</td>
<td>Pancreas</td>
<td>cystic neoplasms, islet cell tumors, pancreatic ascites/effusion, adenocarcinoma</td>
</tr>
<tr>
<td>24</td>
<td>Spleen</td>
<td>hereditary spherocytosis, ITP, TTP, post-splenectomy sepsis, myeloid metaplasia</td>
</tr>
<tr>
<td>25</td>
<td>Appendix</td>
<td>know this chapter!</td>
</tr>
<tr>
<td>26</td>
<td>Small Intestine</td>
<td>blind loop syndrome, mesenteric occlusion, carcinoid tumors, Crohn`s disease.</td>
</tr>
<tr>
<td>27</td>
<td>Large Intestine</td>
<td>polyps, volvulus, colitis.</td>
</tr>
<tr>
<td>28</td>
<td>Anorectum</td>
<td>rectal prolapse, rectal fissure, fistula-in-ano, pilonidal cyst</td>
</tr>
<tr>
<td>29</td>
<td>Hernias and Other Lesions of the Abdominal Wall</td>
<td>femoral hernia, obturator hernia</td>
</tr>
<tr>
<td>30</td>
<td>Adrenals</td>
<td>primary aldosteronism, pheochromocytoma, incidentalomas, Cushings.</td>
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<tr>
<td>31</td>
<td>Arteries</td>
<td>embolism, visceral aneurysms, thoracic outlet syndrome, renovascular hypertension, cerebrovascular disease</td>
</tr>
<tr>
<td>32</td>
<td>Veins and Lymphatics</td>
<td>deep vein thrombosis, thromboembolism, lymphedema</td>
</tr>
<tr>
<td>33</td>
<td>Neurosurgery and Surgery of the Pituitary</td>
<td></td>
</tr>
</tbody>
</table>
Subtopics: subdural and epidural hemorrhage, meningiomas, arteriovenous malformations, trigeminal neuralgia

34. Otolaryngology

Subtopics: facial nerve paralysis, vocal cord paralysis, inflammatory neck masses.

35. The Eye and Ocular Adnexa

Subtopics: glaucoma, retinal detachment, corneal abrasion, perforation

36. Urology

Subtopics: calculi, renal carcinoma, prostatic and testicular carcinomas

37. Gynecology

Subtopics: ectopics, cervical carcinoma, carcinomas of the uterus and ovary, molar pregnancy, endometriosis

38. Orthopedics

Subtopics: compartment syndromes, Morton’s toe, hip fractures, lumbar discs

39. Plastic and Reconstructive Surgery

Subtopics: basal cell and squamous carcinomas

40. Hand Surgery

Subtopics: nerve injuries, hand space infections, carpal tunnel syndrome

41. Pediatric Surgery

Subtopics: thyroglossal and branchial cysts, Hirschsprung’s disease, Wilms tumor, neuroblastoma, esophageal atresia, undescended testicle

42. Oncology

Subtopics: sarcomas, Hodgkins, paraneoplastic syndromes, breast and colon chemotherapy

43. Organ Transplantation

Subtopics: histocompatibility testing, pharmacology of immunosuppressive drugs
Course Format and Components

Teaching and Learning Methods

Major emphasis in this rotation will be placed upon issues and problems in general surgery, but student familiarity with common textbook problems in the surgical subspecialties (thoracic and cardiovascular, orthopedics, urology, ENT, and neurosurgery) will be tested on the end-of-service NBME examination.

The majority of time that the student spends on the Junior Clerkship in Surgery will be spent as an apprentice to a surgeon from the clerkship faculty. This contact will provide the student with an appreciation of what a practicing community surgeon does, both in the operating room and in out-patient settings. Students will have the opportunity of managing one case per week from the standpoint of Anesthesiology. In addition, each student will have weekly scheduled contacts with the site-specific Clerkship Director, who will oversee CDCS entries, in order to provide breadth of patient experience, avoid duplication, and assure compliance with clerkship objectives. Didactic sessions will be held weekly. Students will take night call twice weekly, and will be expected to be a part of any surgical admission or procedure occurring during their time on call. The work week will consist of Monday through Saturday (inclusive). Note that students must adhere to the ACGME rules regarding the workweek, which include working no more than 80 hours per week, no more than 24 hours continuously, except an additional 6 hours may be added to the 24 to perform wrap-up duties, and have at least one of every 7 days completely off from educational activities.

End-of-Service NBME Examination

When first confronted by Surgery, many students see only the technical side; i.e., the procedures done in the operating room. While surgical technique is unquestionably important, of equal importance to the results from surgery are preoperative preparation (including diagnosis and workup), and postoperative care. NOTE WELL: THE NBME EXAM DOES NOT TEST YOUR KNOWLEDGE OF SURGICAL TECHNIQUE! Rather, this examination concentrates on establishing a diagnosis (45-50%), principles of management (25-30%), nutritional and
digestive diseases (25-30%), and understanding mechanisms of disease (15-20%). Much of the exam is in clinical vignette form, in which you will be given data and expected to come to a diagnosis, order additional tests, or pick a therapy.

Many students have seen only the drama of the operating room, failing to see this “medical” side of Surgery, and have therefore felt that the Surgery NBME exam is “almost all medicine”. Don’t make that same mistake! The best surgeons are "Internists with Operating Privileges"!

This exam tests the application and integration of knowledge, rather than the recall of isolated facts. For these reasons, you cannot just study isolated facts, or cram at the last minute. You need to be on a schedule of programmed reading throughout the clerkship if you wish to be successful.

**Controversies in Surgery** Paper

In order to familiarize you with how and where to collect evidence-based data, each student will also be responsible for writing a 1000 word “paper in Word format (three pages double-spaced, not including references), consisting of the following:

a. Identify a controversial problem in Surgery that interests you.
b. Present the pro and con evidence-based arguments with full references
   The evidence you present must be Level 3, or higher. If you are uncertain what this means, consult a summary of Evidence-Based Medicine, an FSU librarian, or your Clerkship Director.
c. Form your own conclusion and justify your position.

This paper is due prior to the NBME examination taken on the last day of the rotation.

1. Upload a copy to Safe Assign on the Blackboard site.
2. In addition, a copy should be sent to me by email (ed.bradley@med.fsu.edu).
Failure to submit the paper on time may be considered a breach of professionalism. By submitting this paper you are certifying that it is entirely your work. All papers will be checked against a computerized registry ("Safe Assign") for similarities in content and expression.

**CDCS Data Entry Policies for Surgery**

Categorization of extent of patient contact may be somewhat different on Surgery compared to other rotations. In general, the three categories of contact are:

- **Full**: focused H & P, AND participate in plans for workup/therapy (i.e., scrub on patient, discuss diagnosis and treatment with attending, etc.), AND follow.
- **Minimal**: brief contact, usually less than 10 minutes (look at x-rays, or lesion, etc.
- **Moderate**: everything else

All surgical procedures done under general anesthesia are to be assigned to the “major” category. Please note that the same patient should not be entered more than twice (including Post-Operative visits) unless a new problem has developed. The rationale is that while I am interested in your workload, I am even more interested in your breadth of experience.
**Competencies-Objectives-Assessment**

**COM Competencies**

a) Patient Care  
b) Medical Knowledge  
c) Practice-based Learning  
d) Communication Skills  
e) Professionalism  
f) Systems-based Practice  

**Course Objectives**

By the completion of the Clerkship, the student will be expected to be able to:

1. Demonstrate familiarity with “core surgical knowledge”, as described in the Syllabus, including commonly encountered problems in Orthopedics, Urology, Otolaryngology, Thoracic/Cardiovascular, and Neurosurgery (Competencies a, b)

2. Conduct a focused medical history, targeted physical examination, and create a meaningful differential diagnosis for surgical conditions (a, b)

3. Recognize an acute surgical abdomen, and assign its probable cause (a, b)

4. Exhibit the capability to provide concise and logical patient presentations (a, b, d)

5. Develop familiarity with suturing wounds, bladder catheterization, and airway management (a)

6. Demonstrate proficiency in: scrubbing and maintaining sterile technique, dressing clean and contaminated wounds, wound closure with sutures/staples, drain management, wound debridement, and operative assistance. (a, b)

7. Appreciate ethical, cultural, and public health issues in Surgery, including traditionally underserved populations, and oversight of surgical practice at the local, state, and Federal levels (a, c, d, e, and f)

8. Exhibit facility in applying informatics to critical appraisal of the surgical literature, and to making surgical diagnostic and therapeutic decisions. (a, b, c, e)

9. Be familiar with the choice of common anesthetic agents, their administration, and recovery from their usage. (a, b)

10. Effectively and respectfully communicate with colleagues, staff, patients, and families, emphasizing patient centered care (a, d, e, and f)

11. Recognize the importance of specific geriatric conditions, such as dementia, delirium, and the propensity to fall (a, b)
Immediately upon the completion of the six week experience in General Surgery, the student will begin a two week concentrated exposure to common problems frequently encountered by primary care physicians in either ENT, Urology, or Orthopedics, the specific subspecialty to be chosen by the student, working with the Campus Dean. This experience is designed to give a flavor of the subspecialty, rather than to be a comprehensive coverage of the material. During this subspecialty exposure, the student will be assigned to a specific surgeon, who will guide the student through office based problems, hospital rounds, and operative experiences. More specific information regarding the specific goals and objectives of the Selectives is listed immediately below.

Selective Clerkship in Otolaryngology

The 2-week Otolaryngology Clerkship will cover major pathologic conditions in the head and neck regularly encountered by primary care physicians. The student will be assigned to a preceptor who will work with the student on the diagnosis and treatment of these common lesions, in clinics, on hospital rounds, and in the operating room.

Required Reading

The chapter on Otorhinolaryngology in your chosen Surgery text or as assigned by the clerkship faculty member.

Teaching Methods

The student will have ample exposure to common ENT problems, with an emphasis on correct diagnosis as opposed to treatment. Teaching will consist of oral discussion of common ENT problems while in surgery, in the clinics, and on rounds with their preceptor. Approximately 50 patients with ENT conditions will be seen. A formative oral examination in the form of a case
presentation will be given to the Clerkship Director at the end of the two week session.

**Course Evaluation**

The student must provide feedback to the clerkship director and preceptor following the 2-week clerkship. This will assist in evaluating the effectiveness of the clerkship for future years.

**Course Objectives**

The student will demonstrate an ability to conduct a focused medical history and perform a good physical exam, in this case a comprehensive head and neck exam. In the head and neck area most problems are visible or palpable, so the student should move forward quickly.

Students will learn to work up common ENT and Head and Neck Surgical problems, including the use of laboratory studies and imaging modalities, such as CTs, and will be able to describe the medical and surgical options for the most commonly encountered ENT problems, such as:

**Ear:**
- Acute Otitis Media
- Chronic Otitis Media
- Perforation of the eardrum
- Students should be able to discuss deafness and its possible causes
- Students should have a basic understanding of vertigo

**Nose:**
- Allergic versus Non Allergic rhinitis
- Mechanical obstruction from deviated septum
- Nasal polyps
- Nasal Fractures
- Epistaxis

**Throat and Pharynx:**
- Acute pharyngitis
- Peritonsillar abscess
- Evaluation sleep apnea
- Obstructive breathing in adults and adolescent
- Airway problems in Adults and Children

**Evaluation of a neck mass:**
Selective Clerkship in Orthopedics

This two week clerkship will introduce students to those orthopedic conditions commonly seen in primary care practices, and will focus on the diagnosis and treatment of these conditions. The student will be assigned a preceptor who will work directly with the student in the clinic, in the operating room, in the emergency room, and on hospital rounds.

Required Reading

The chapter on Orthopedics in your chosen Surgery text, as well as Hoppenfield’s Physical Examination of the Spine and Extremities, which serves as a reference during the clinical clerkship.

Course Evaluation

The student will provide feedback to the preceptor following the two-week clerkship. This will assist the preceptor in evaluating the effectiveness of the clerkship so that improvements can continually be made to meet the needs of the students.

Course Objectives

The student will learn to take an accurate and directed history as well as perform an appropriate physical examination. By the second week of the clerkship, students will be expected to evaluate orthopedic patients prior to their being seen by the preceptor, thereby receiving immediate feedback and instruction on the development of an appropriate physician / patient interpersonal and professional relationship, history taking and appropriate physical exam as well as interpretation of appropriate radiographic studies.

Ample opportunity will be afforded each student to learn the basics of both plain radiographic and MRI / CT radiographic interpretation of orthopedic conditions.
The student will be exposed to appropriate use and application techniques of splints for the upper and lower extremities.

The student will learn appropriate nonoperative measures for common orthopedic problems. The student will also be able to differentiate between what can be treated conservatively by a primary care physician and what should be referred to an orthopedic surgeon.

The students will be taught safe methods of injecting the knee and shoulder where appropriate. The student will also be taught the appropriate use of rehabilitation / physical therapy for various orthopedic diagnoses.

The student will gain a comfort level with commonly prescribed “orthopedic medications”, such as nonsteroidals, antibiotics and narcotic pain medications when necessary.

During the two-week clerkship the student will encounter the following orthopedic problems:

- **Knee**: meniscal tears, osteoarthritis, knee effusion, ligamentous instability of the knee, anterior knee pain
- **Shoulder and Arm**: shoulder impingement, partial and full thickness rotator cuff tears, shoulder instability, biceps tendinitis, frozen shoulder.
- **Elbow**: tennis elbow / lateral epicondylitis.
- **Foot and Ankle**: foot and ankle sprain, ankle fracture, plantar fasciitis.

Other common orthopedic problems that may well be seen during the two week clerkship include: carpal tunnel syndrome, deQuervain’s stenosing tenosynovitis, trigger finger, trigger thumb, cervical disk disease, lumbar disk disease, low back pain, hip arthritis, trochanteric bursitis, compression fracture of the spine, fracture reduction with IV sedation, and / or hematoma blocks.

**Selective Clerkship in Urology**

This two week clerkship will introduce students to common urologic conditions seen in primary care practices, and will focus on the diagnosis and treatment of these conditions. The student will be assigned a preceptor who will work directly
with the student. Although the clerkship will stress office-based urology, exposure to surgical procedures in the operating room and hospital rounds will also be included.

**Required Reading**

The Chapter on Urology in your chosen text is required. Smith’s *General Urology* (16th Edition 2003) will serve as a resource during the clinical clerkship.

**Course Evaluation**

The student must provide feedback to the preceptor following the two-week clerkship. This will assist the preceptor in evaluating the effectiveness of the clerkship so that improvements can continually be made to meet the needs of the students.

**Course Objectives**

The student will learn to take an accurate and directed history, perform an appropriate physical examination, and diagnose common urologic problems. By the second week of the clerkship, students will be expected to evaluate urologic patients prior to their being seen by the preceptor, thereby receiving immediate feedback and instruction on the development of an appropriate physician/patient interpersonal and professional relationship, history taking and appropriate physical exam as well as interpretation of appropriate laboratory and radiographic studies.

Opportunity will be afforded each student to learn the basics of plain radiography, excretory urography, and computed tomography as they apply to urologic conditions. Ultrasonography will also be covered, particularly as it relates to the examination of the prostate.

The student should be able to describe appropriate nonoperative measures for common urologic problems. The student will also be able to differentiate between what can be treated conservatively by a primary care physician and what should be referred to a urologic specialist. The student will be
expected to exhibit proficiency in the microscopic evaluation of the urinary sediment.

The student will become familiar with commonly prescribed medications for urologic disorders. The judicious and appropriate use of antibiotics for urinary tract pathogens will be stressed.

The student will be exposed to office cystoscopy, urodynamic evaluation, and vasectomy.

During the two-week clerkship it is likely that the student will likely encounter the following urologic problems:

- Prostate: PSA elevation, Benign Prostatic Hyperplasia, Prostate Cancer, Prostatitis
- Urinary tract infections
- Hematuria
- Urinary incontinence
- Erectile Dysfunction
- Urinary stone disease
- Renal masses and cysts
- Urothelial tumors
Policies

Americans with Disabilities Act

Candidates for the M.D. degree must be able to fully and promptly perform the essential functions in each of the following categories: Observation, Communication, Motor, Intellectual, and Behavioral/Social. However, it is recognized that degrees of ability vary widely between individuals. Individuals are encouraged to discuss their disabilities with the College of Medicine’s Director of Student Counseling Services and the FSU Student Disability Resource Center to determine whether they might be eligible to receive accommodations needed in order to train and function effectively as a physician. The Florida State University College of Medicine is committed to enabling its students by any reasonable means or accommodations to complete the course of study leading to the medical degree.

The Office of Student Counseling Services
Medical Science Research Building G146
Phone: (850) 645-8256 Fax: (850) 645-9452

This syllabus and other class materials are available in alternative format upon request. For more information about services available to FSU students with disabilities, contact the:

Student Disability Resource Center
97 Woodward Avenue, South
Florida State University
Tallahassee, FL 32306-4167
Voice: (850) 644-9566
TDD: (850) 644-8504
sdrc@admin.fsu.edu
http://www.fsu.edu/~staff/dean/StudentDisability

Academic Honor Code

The Florida State University Academic Honor Policy outlines the University’s expectations for the integrity of students’ academic work, the procedures for resolving alleged violations of those expectations, and the rights and responsibilities of students and faculty members throughout the process. (Florida State University Academic Honor Policy, found at http://www.fsu.edu/~dof/honorpolicy.htm.)
Attendance Policy

The College of Medicine has detailed attendance policies as they relate to each cohort and events that conflict with course schedules. See pages 27-29 of FSUCOM Student Handbook for details of attendance policy, notice of absences and remediation.

Library Policy

The COM Maguire Medical Library is primarily a digital library that is available 24/7 through secure Internet access. Library resources that support this course are available under “Course Pages” on the library website. In addition, many of the point-of-care resources are available for full download to mobile data devices. Upon student request, items not found in the library collection may be borrowed through interlibrary loan.

Required Materials

Students will be responsible for the material in “Cope`s Early Diagnosis of the Acute Abdomen”, 21st Ed., edited by Silen, W., Oxford University Press, New York, 2005. This is one of the most highly regarded books in all of medicine, and mastery of the material contained herein will remove all mystery from the diagnosis of abdominal pain. Regardless of your eventual specialty, if you are in clinical medicine, you will see patients with abdominal pain. It is available online from the COM library.

Suggested Materials

Listed in Appendix A are those Topics that are considered the Core Information for Surgery, and for which students will be held accountable. As graduate students, you are responsible for choosing how, and from where, you will acquire this knowledge base. Although there are a number of excellent surgical texts available, “Current Surgical Diagnosis and Treatment”, 11th Ed., edited by Way, L., McGraw Hill, New York, 2006, is an authoritative, yet concise, text. Many students seem to prefer Lawrence’s companion texts Essentials of General Surgery, and Essentials of Specialty Surgery. Blackbourne’s Surgical Recall is considered helpful by many. For review immediately prior to the NBME exam, I wholeheartedly recommend Doherty’s Current Essentials of Surgery, Lange, 2005. Individual topics are outlined and all pertinent information is provided on one page. Regardless of which text(s) you choose,
make certain that you have mastered those subtopics listed in the Appendix, as they are important and appear with great frequency on examinations.

For those students wishing to pursue a surgical career, “Sabiston Textbook of Surgery”, 18th Ed, edited by Townsend, CM Jr., W. B. Saunders, Phila. 2008, is recommended as encyclopedic. Choosing this option, however, will significantly increase your reading time, as topics are considered in great detail. “The Physiologic Basis of Surgery”, 4th Ed., edited by O’Leary, J.P., Lippincott Williams & Wilkens, Phila., 2008, is a requisite for anyone contemplating becoming a surgeon. Although primarily designed for surgical residents facing the American Board of Surgery In-Site Training Examination (ABSITE), it represents an outstanding review of physiology for non-surgeons as well.

If you wish to acquire a text that is not on our electronic list, or is not in your Regional Medical Center library, then you will need to purchase the book.

Grading

Grading policies for all Clerkships are standardized and can be found in the Academic Policies section of the FSUCOM Student Handbook -page 31.

APPENDIX A

Student Self-Study Program (Core Course Material)

This self-study program has been designed to assist the student in selecting the core course material from among the vast amount of surgical information available. While you are certainly free to design your own learning program, adherence to this program will result in exposure to the core material and breadth of knowledge deemed necessary for students to have acquired during this clerkship, and will favorably position you for the NBME exam.

The keys to success during this rotation lie principally in two areas: (1) Enthusiastic attendance at all clinical functions, and (2) A daily text reading program covering not only the clinical encounters of the day, but also that daily amount of text necessary to complete the core material by the end of the clerkship.
Note that the standardized surgical examination which you will take and must pass at the end of the clerkship (National Board of Medical Examiners Examination in Surgery) will assume that you have become familiar with the material listed under the General Headings and “Sub-Topics” below.

Areas of principal emphasis on the NBME exam include the following physician tasks: (1) establishing a diagnosis, (2) applying principles of management, and (3) understanding mechanisms of disease. Note well that there is no concern for students learning actual surgical techniques, an area of knowledge that is for residents. Although major emphasis on the exam will be placed upon nutritional and digestive disorders, other organ systems and subspecialty surgery will make up an additional two-thirds of the exam. Many of the questions appear in clinical vignette form.

Make no mistake! This is a difficult examination! However, if you remember the general orientation is toward diagnosis and workup (and not surgical technique), read one of the recommended texts and cover the Sub-Topics listed below, you will be all right. If you choose any other learning path, you may experience difficulties. Now that the course has been given for seven years, it has been possible to make some correlations. Those students who follow this recommended path are achieving higher exam scores. Students who elect to “short-cut” the recommended program by studying exam questions, Surgical Recall, or other similar substitutes, frequently have difficulty with the NBME exam.

Because of the importance of abdominal pain to every clinical medical specialty, a separate text (Cope’s Early Diagnosis of the Acute Abdomen) covering this area has been assigned for you to read. I recommend that you finish reading this text as early in your clerkship as possible, so that you can put its teachings into practice on rounds and when you are on call.