FSU researcher attacks preterm labor woes
An FSU researcher is tackling a new and inventive way to slow down and perhaps prevent preterm labor. The solution: A pair of goggles.

Specifically, Associate Professor James Olcese is developing goggles — he’s calling them light emitting devices — that could intermittently flash a blue light at a sleeping pregnant mother at risk for preterm labor. That flash of light could cause a drop in the hormone melatonin, which is tied to contractions. Ideally, the contractions would slow down or stop. He is doing his research with preterm patients at Tallahassee Memorial HealthCare.

FSU’s Littles recognized

*Black Health Magazine* has named Dr. Alma Littles one of the nation’s Top 15 Most Influential African-American medical educators. The list appears in the magazine’s Black History Month commemorative issue, which is on sale nationwide. Littles, a senior associate dean for medical education at FSU’s medical school, was the youngest of 12 children in a family of farmworkers in Gadsden County. After becoming the first in her family to graduate from college, she earned her M.D. at UF, and set up practice as a family physician in Quincy. In 2002, she was named chair of the Department of Family Medicine and Rural Health at the FSU College of Medicine.