

Gareth R. Dutton, Ph.D.

Florida State University
College of Medicine
Department of Medical Humanities & Social Sciences
1115 West Call Street
Tallahassee, FL 32306
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EDUCATION:

- 2005 Clinical Psychology Internship
Brown University, Providence, Rhode Island
(APA-accredited clinical pre-doctoral internship)
Track: Behavioral Medicine
- 2005 Doctor of Philosophy, Clinical Psychology
Louisiana State University, Baton Rouge, Louisiana
Concentration: Behavioral Medicine
- 2003 Master of Arts, Clinical Psychology
Louisiana State University, Baton Rouge, Louisiana
Concentration: Behavioral Medicine
- 2000 Bachelor of Arts, *Summa Cum Laude*
Samford University, Birmingham, Alabama
Major: Psychology

POSITIONS HELD:

- 2005 - *Assistant Professor*
Florida State University College of Medicine, Department of Medical
Humanities and Social Sciences, Tallahassee, Florida
- 2008 - *Interim Director, Behavioral Science Curriculum*
Florida State University College of Medicine, Tallahassee, Florida
- 2004 - 2005 *Clinical Psychology Intern*
Department of Psychiatry, Centers for Behavioral & Preventive Medicine,
Brown University Medical School, Providence, Rhode Island
- 2002 – 2004 *Chief Psychology Extern*
Adult Psychology Clinic/Behavioral Medicine Service, Louisiana State
University Health Sciences Center, Earl K. Long Medical Center, Baton
Rouge, Louisiana
- 2001 - 2004 *Graduate Research Associate*

- Primary Care Office Management of Obesity, Pennington Biomedical Research Center, Louisiana State University, Baton Rouge, Louisiana
- 2002 – 2004 *Employee Assistance Program Coordinator*
Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, Louisiana
- 2002 – 2003 *Graduate Research Associate*
Diabetes Management Program, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, Louisiana
- 2000 – 2002 *Adult & Pediatric Psychology Extern*
Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, Louisiana
- 2000 – 2001 *Graduate Research Associate*
Division of Behavioral Medicine, Pennington Biomedical Research Center, Louisiana State University, Baton Rouge, Louisiana
- 1999 – 2000 *Associate Consultant*
Blankenship & Seay Consulting Group, Inc., Birmingham, Alabama

PUBLICATIONS:

Book Chapters:

Brantley, P. J., Wood, K. B., & **Dutton**, G. R. (2006). The role of stress, anger and hostility in coronary heart disease. In A. V. Nikcevic, A. R. Kuczmierczyk & M. Bruch (Eds.) *Formulation and treatment in clinical health psychology*. London and New York: Routledge Taylor & Francis Group.

Brantley, P. J., **Dutton**, G. R., & Wood, K. B. (2004). The Beck Depression Inventory-II (BDI-II) and the Beck Depression Inventory – Primary Care (BDI-PC). In M. E. Maruish (Ed.), *The Use of Psychological Testing for Treatment Planning and Assessment Outcome (3rd edition)*, (pp. 313-326). Mahwah, NJ: Lawrence Erlbaum Associates.

Peer-Reviewed Journal Articles:

Dutton, G. R., Tan, F., Provost, B., Allen, B., Sorenson, J., & Smith, D. (in press). Relationship between self-efficacy and physical activity among patients with type 2 diabetes. *Journal of Behavioral Medicine*.

Crombie, A. P., Ilich, J. Z., **Dutton**, G. R., Panton, L. B., & Abood, D. A. (in press). The freshman weight gain phenomenon revisited. *Nutrition Reviews*.

Martin, P. D., **Dutton**, G. R., Rhode, P. C., Horswell, R., Ryan, D. H., & Brantley, P. J. (2008). Weight maintenance following a physician-delivered intervention for obese, low-income minority women. *Obesity*, *16*, 2462-2467.

- Dutton, G. R., Provost, B. C., Tan, F., & Smith, D. (2008).** A tailored print-based physical activity intervention for patients with type 2 diabetes. *Preventive Medicine, 47*, 409-411.
- Dutton, G. R. (2008).** The role of mindfulness in behavior change. *ACSM's Health and Fitness Journal, 12*, 7-12.
- Dutton, G. R., Napolitano, M. A., Whiteley, J. A., & Marcus, B. H. (2008).** Is physical activity a gateway behavior for diet? Findings from a physical activity trial. *Preventive Medicine, 46*, 216-221.
- Dutton, G. R., Martin, P. D., Welsch, M. A., & Brantley, P. J. (2007).** Promoting physical activity for low-income minority women in primary care. *American Journal of Health Behavior, 31*, 622-631.
- Napolitano, M.A., Whiteley, J.A., Papandonatos, G., **Dutton, G.**, Farrell, N.C., Albrecht, A., Bock, B., Bazzarre, T., Sciamanna, C., Dunn, A., & Marcus, B. (2006). Outcomes from the Women's Wellness Project: A community-focused physical activity trial for women. *Preventive Medicine, 43*, 447-453.
- Martin, P. D., Rhode, P. C., **Dutton, G. R.**, Redmann, S., Ryan, D. H., & Brantley, P. J. (2006). A primary care weight management intervention for low-income African-American women. *Obesity, 14*, 1412-1420.
- Brantley, P. J., **Dutton, G. R.**, Wood, K. B., Bodenlos, J. S., Howe, J., & Jones, G. N. (2005). Minor life events as predictors of medical utilization in low-income African American family practice patients. *Journal of Behavioral Medicine, 28*, 395-401.
- Dutton, G. R., Johnson, J., Whitehead, D., Bodenlos, J. S., & Brantley, P. J. (2005).** Barriers to physical activity among predominantly low-income patients with type 2 diabetes. *Diabetes Care, 28*, 1209-1210.
- Grothe, K. B., **Dutton, G. R.**, Jones, G. N., Bodenlos, J. S., Ancona, M., & Brantley, P. J. (2005). Validation of the Beck Depression Inventory-II in a low-income, African American sample of medical outpatients. *Psychological Assessment, 17*, 110-114.
- Dutton, G. R., Grothe, K. B., Jones, G. N., Kendra, K., Whitehead, D., & Brantley, P. J. (2004).** Use of the Beck Depression Inventory-II with African American primary care patients. *General Hospital Psychiatry, 26*, 437-442.
- Dutton, G. R., Martin, P. D., Rhode, P. C., & Brantley, P. J. (2004).** Use of the Weight Efficacy Lifestyle Questionnaire with African American women: Validation and extension of previous findings. *Eating Behaviors, 5*, 375-384.
- Dutton, G. R., Martin, P. D., & Brantley, P. J. (2004).** Ideal weight goals of African American women participating in a weight management program. *Body Image, 1*, 305-310.
- Martin, P. D., **Dutton, G. R.**, & Brantley, P. J. (2004). Self-efficacy as a predictor of weight change in African American women. *Obesity Research, 12*, 646-651.

O’Hea, E. L., **Dutton**, G. R., & Boudreaux, E. D. (2002). Identifying and managing patients with panic disorder in the emergency department. *Emergency Psychiatry*, 8, 32-36.

Manuscripts under Review:

Manuscripts in Preparation:

Dutton, G. R., Dancer-Brown, M., Tan, F., Goble, M., & Van Vesseem, N. (in preparation). Group-based weight loss program effective for patients in managed care setting.

Dutton, G. R., Reuter, K., Dancer-Brown, M., Van Vesseem, N., O’Neil, E., Harper, M., & Perri, M. G. (in preparation). Weight loss goals of patients in a health maintenance organization.

Shin, H., Shin, J., Pei-Yang L., Eica, S., **Dutton**, G. R., Abood, D., & Ilich, J. Z. (in preparation). Self-efficacy in achieving weight loss in overweight/obese postmenopausal women during a 3-month weight loss intervention.

Dutton, G. R., D’Souza, K., & Blackburn, M. (in preparation). Use of a dance-based video game to promote physical activity among rural, minority students.

Published Abstracts:

Rhode, P. C., **Dutton**, G. R., Martin, P. D., Ryan, D., & Brantley, P. J. (2008). Stress and self-efficacy predict poor dietary patterns in weight regain. *Obesity*, 16 (suppl 1), S309.

Shin, H., Shin, J., Liu, P-Y., Douglas, C. C., Crombie, A. P., **Dutton**, G. R., Abood, D. A., Ilich, J. Z. (2008). Self-efficacy in achieving weight loss in overweight/obese postmenopausal women during a 3-month weight loss intervention. *Obesity*, 16 (suppl 1), S287.

Ilich, J. Z., Pounds, S., Liu, P. Y., Shin, H., Humphrey, K., Crombie, A. P., **Dutton**, G. R. (2008). Walking as a compliment to hypocaloric diet leads to greater weight loss in early-postmenopausal overweight women. *FASEB Journal*, 22, 1095.13.

Dutton, G. R., Tan, F., Provost, B. C., & Smith, D. (2008). Effects of a print-based physical activity intervention for patients with type 2 diabetes. *Annals of Behavioral Medicine*, 35 (suppl), S14.

Dutton, G. R., Tan, F., Provost, B. C., Allen, B., & Smith, D. (2008). Relationship between physical activity and self-efficacy for patients with type 2 diabetes. *Annals of Behavioral Medicine*, 35 (suppl), S81.

Dutton, G. R., Tan, F., Dancer-Brown, M., Goble, M., & Van Vesseem, N. (2007). Weight loss outcomes in an applied clinical setting: Translating research to practice. *Annals of Behavioral Medicine*, 33, S123.

Bodenlos, J. S., **Dutton**, G. R., Davis-Martin, P., & Brantley, P. J. (2007). Self-efficacy and decisional balance at different stages of change for weight loss in predominantly African American female primary care patients. *Annals of Behavioral Medicine*, 33, S192.

Dutton, G. R., Napolitano, M. A., Whiteley, J.A., & Marcus, B. H. (2006). Effects of a physical activity intervention on the nutritional practices of women. *Annals of Behavioral Medicine*, *31*, S092.

Dutton, G. R., Martin, P. D., & Brantley, P. J. (2006). Physical activity promotion among predominantly African American women participating in a primary care weight management program. *Annals of Behavioral Medicine*, *31*, S123.

Napolitano, M., **Dutton**, G., Rogers, M., Marcus, B., & Hooker, S. (2006). Active Aging: Physical activity in a community-based sample of older adults. *Annals of Behavioral Medicine*, *31*, S029.

Dutton, G. R., Whiteley, J., Marcus, B., & Napolitano, M. (2005). Relationship between physical activity and dietary behaviors among women in a randomized physical activity trial. *Annals of Behavioral Medicine*, *29*, S160.

Dutton, G. R., Bodenlos, J. S., Whitehead, D., Grothe, K. B., & Brantley, P. J. (2005). Physical activity barriers of low-income primary care patients with type 2 diabetes. *Annals of Behavioral Medicine*, *29*, S146.

Dutton, G. R., Grothe, K. B., Jones, G. N., Bodenlos, J. S., Whitehead, D., & Brantley, P. J. (2004). Use of the Beck Depression Inventory-II with African American women in a primary care setting. *Annals of Behavioral Medicine*, *26*, S155.

Martin, P. D., Brantley, P. J., Ryan, D., **Dutton**, G. R., & Rhode, P. C. (2004). Effect of physician-delivered nutrition and weight management counseling on dietary fat intake. *Annals of Behavioral Medicine*, *26*, S053.

Dutton, G. R., Martin, P. D., Rhode, P. C., & Brantley, P. J. (2003). Use of the Weight Efficacy Lifestyle Questionnaire with obese African American women: A validation and extension of previous findings. *Annals of Behavioral Medicine*, *25*, S166.

Martin, P. D., Brantley, P. J., Ryan, D., & **Dutton**, G. R. (2003). Weight maintenance with a primary care office program: Results of the PCOMO study. *Annals of Behavioral Medicine*, *25*, S046.

Rhode, P. C., Martin, P. D., **Dutton**, G. R., & Brantley, P. J. (2003). Stress, depression, and maintenance of weight loss in low-income, African American women. *Annals of Behavioral Medicine*, *25*, S123.

Martin, P. D., **Dutton**, G. R., Rhode, P. C., Wood, K. B., Brantley, P. J., & Ryan, D. (2002). Physician tailored messages as a treatment for obesity. *Annals of Behavioral Medicine*, *24*, S056.

CONFERENCE PRESENTATIONS:

Provost, B. C., & **Dutton**, G. R. (2008). A tailored print-based physical activity intervention for patients with type 2 diabetes. 43rd Annual Student National Medical Association Conference, New York, NY.

Allen, B., & **Dutton**, G. R. (2008). Physical activity program improves self-efficacy among patients with type 2 diabetes. 4th Annual Research Symposium, Florida State University College of Medicine, Tallahassee, FL.

Dutton, G. R. (2007). Correlates of physical activity among patients with type 2 diabetes. First-Year Assistant Professor Research Symposium, Florida State University, Tallahassee, FL.

Chase, S., Va, M., **Dutton**, G. R. (2007). Promoting physical activity among patients with type 2 diabetes. 3rd Annual Research Symposium, Florida State University College of Medicine, Tallahassee, FL.

Napolitano, M. A., **Dutton**, G., & Marcus, B. (2006). Psychosocial characteristics of two samples of women recruited for physical activity interventions. American Heart Association's Annual Research Symposium, Chicago, IL.

Hooker, S. P., Napolitano, M. A., **Dutton**, G. R., Rogers, M., & Marcus, B. H. (2006). Results from a tailored print-based physical activity intervention for older adults delivered via direct mail. 53rd Annual Meeting, American College of Sports Medicine, Denver, CO.

Beafort, C. A., **Dutton**, G. R., Rhode, P. C., Martin, P. D., & Brantley, P. J. (2006). The relationship between dietary and physical activity change among African American women in a weight loss trial. 53rd Annual Meeting, American College of Sports Medicine, Denver, CO.

Hooker, S. P., Napolitano, M. A., **Dutton**, G. R., Rogers, M., & Marcus, B. H. (2006). Predictors of meeting the national physical activity recommendations for older adults. International Congress on Physical Activity and Public Health, Atlanta, GA.

Dutton, G. R., Rogers, M., Napolitano, M., Marcus, B., & Hooker, S. (2006). Racial/ethnic differences in the consistency of self-reported physical activity. 27th Annual Meeting, Society of Behavioral Medicine, San Francisco, CA.

Dutton, G. R., Whitely, J., Marcus, B., Napolitano, M. (2005). Relationships between health behaviors in a physical activity trial for women. 9th Annual Research Symposium on Mental Health Sciences, Brown Medical School Department of Psychiatry and Human Behavior, Providence, RI.

Rhode, P. C., Martin, P. D., **Dutton**, G. R., Bodenlos, J. S., Whitehead, D., & Lefevre, M. (2004). Predictors of weight change in middle-aged adults. Annual Meeting, North American Association for the Study of Obesity, Las Vegas, NV.

Dutton, G. R., Grothe, K. B., Jones, G. N., Bodenlos, J. S., Whitehead, D., & Brantley, P. J. (2004). Gender comparisons of the Beck Depression Inventory-II (BDI-II) among low-income African American patients. 38th Annual Convention, Association for the Advancement of Behavior Therapy, New Orleans, LA.

Grothe, K. B., **Dutton**, G. R., Jones, G. N., Kendra, K., Ancona, M., & Brantley, P. J. (2004). Validation of the Beck Depression Inventory-II in a low-income, African American sample of

medical patients. 38th Annual Convention, Association for the Advancement of Behavior Therapy, New Orleans, LA.

Dutton, G. R., Martin, P. D., Rhode, P. C., Ancona, M., & Brantley, P. J. (2003). Body image and weight loss goals in a sample of overweight and obese African American women. 37th Annual Convention, Association for the Advancement of Behavior Therapy, Boston, MA.

Brantley, P. J., **Dutton**, G. R., Wood, K. B., Bodenlos, J. S., & Jones, G. N. (2003). Comparison of medical utilization patterns in low-income minority patients with and without affective disorder diagnoses. 37th Annual Convention, Association for the Advancement of Behavior Therapy, Boston, MA.

Martin, P. D., **Dutton**, G. R., Whitehead, D., & Brantley, P. J. (2003). Self-efficacy as a predictor of weight change in African American women. 37th Annual Convention, Association for the Advancement of Behavior Therapy, Boston, MA.

Martin, P. D., Brantley, P. J., Ryan, D., **Dutton**, G. R., & Barbera, B. (2003). Weight maintenance and prevention of weight gain in the primary care setting: Final results of the PCOMO study. 2003 Annual Meeting, North American Association for the Study of Obesity, Ft. Lauderdale, FL.

Dutton, G. R., Kendra, K. E., Rhode, P. C., Meador, E. H., Ryan, D. H., & Brantley, P. J. (2002). Attitudes and practices of primary care physicians in the treatment of obesity. 3rd Annual Research Network Seminar, Louisiana Academy of Family Practice Physicians, Baton Rouge, LA.

Dutton, G. R., Wood, K. B., Jones, G. N., & Brantley, P. J. (2002). Major and minor life events as predictors of medical utilization. 36th Annual Convention, Association for the Advancement of Behavior Therapy, Reno, NV.

Rhode, P. C., **Dutton**, G. R., Kendra, K. E., Bodenlos, J. S., & Brantley, P. J. (2002). Obesity management by primary care physicians. 36th Annual Convention, Association for the Advancement of Behavior Therapy, Reno, NV.

Martin, P. D., **Dutton**, G. R., Rhode, P. C., Francis, J. L., & Brantley, P. J. (2002). The role of self-efficacy in the response to a weight management program in obese African American women. 36th Annual Convention, Association for the Advancement of Behavior Therapy, Reno, NV.

Rhode, P. C., Lovejoy, J. C., Smith, S. R., **Dutton**, G. R., & Brantley, P. J. (2001). Self-reported stress and measures of body composition in premenopausal women. 35th Annual Convention, Association for the Advancement of Behavior Therapy, Philadelphia, PA.

McCabe, B., O'Hea, E. L., **Dutton**, G. R., Jones, G. N., & Brantley, P. J. (2001). Quality of life across medical samples: A comparison of chronic pain, acute pain, and chronic illness. 35th Annual Convention, Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Chasuk, R. M., Rhode, P. C., **Dutton**, G. R., & Brantley, P.J. (2001). Research interests, expectations and resources of LARen physicians. 2nd Annual Research Network Seminar, Louisiana Academy of Family Practice Physicians, Baton Rouge, LA.

Dutton, G. R. (2000). The effects of generated versus provided examples of high or low quality on learning. Samford Showcase of Undergraduate Research, Birmingham, AL.

Willis, A. S., Wallston, K. A., Smith, M. S., Plante, T. G., Johnson, K., **Dutton**, G., Reeves, J., & Geiger, B. F. (1999). Religious faith and health locus of control predict smoking behaviors in adolescents/young adults. American Psychological Society, Denver, CO.

Brink, C., **Dutton**, G., Maddox, B., & Reeves, J. (1999). The effects of cooperative versus competitive structure and applied versus memorization tasks on learning and intragroup liking. Samford Showcase of Undergraduate Research, Birmingham, AL.

GRANTS, AWARDS, & SPONSORED RESEARCH:

(Co-Investigator) *Weight Reduction with Calcium in Post-Menopausal Women: Integration of Research with Education Outreach to Underserved Communities*. U.S. Department of Agriculture. (USDA 2006-35215-16714). 03/06-04/10. (\$840,000).

(Principal Investigator) *Promoting Physical Activity among Patients with Type 2 Diabetes in a Community-Based Clinic*. Florida State University Council on Research and Creativity. 12/05-12/07. (\$10,000).

(Principal Investigator) *Correlates of Physical Activity among Patients with Type 2 Diabetes*. Florida State University Council on Research and Creativity. 05/06-08/06. (\$15,000).

(Recipient) *Louisiana State University Graduate School Travel Fellowship*. 2002, 2003. (\$300 per award).

(Co-Author) *Community Awareness and Outreach Program (AWARE)*. Louisiana Legislature. 2001-2002. PI: Phillip J. Brantley, Ph.D. (\$78,075).

TEACHING ACTIVITIES:

Course Director

(2008) *Medicine and Behavior I (BMS 6821)*. Provided lectures, organized small-group learning activities, generated test content, evaluated student performance, and conducted other teaching activities for Year 2 medical students, Florida State University College of Medicine, Tallahassee, FL.

Student Lectures

(2008) *Research in Behavioral Medicine: Psychology and Health Behaviors*. Guest lecture presented to undergraduate psychology students for Psychology Honors Seminar course, Florida State University, Department of Psychology, Tallahassee, FL.

(2008) *The Patient-Centered Interview: Eliciting and Understanding the Patient's Perspective*. Guest lecture presented to Year 1 medical students for Doctoring 101 course, Florida State University College of Medicine, Tallahassee, FL.

(2008) *Physical Activity Counseling in Primary Care*. Guest lecture presented to Year 2 medical students for Medicine and Behavior II course, Florida State University College of Medicine, Tallahassee, FL.

(2007) *Treatment Adherence and Behavior Change: A Patient-Centered Approach*. Guest lecture presented to Year 1 medical students for Doctoring I course, Florida State University College of Medicine, Tallahassee, FL.

(2006 - present) *Smoking Cessation Counseling in Primary Care*. Facilitated learning activity with Year 2 medical students in Medicine and Behavior II course (Chronic Illness unit), Florida State University College of Medicine, Tallahassee, FL.

(2006) *Anxiety and Related Disorders*. Guest lecture presented to Year 2 medical students for Medicine and Behavior II course (Psychopathology unit), Florida State University College of Medicine, Tallahassee, FL.

(2005 – present) *Behavioral and Social Learning Theory*. Guest lecture presented to Year 2 medical students for Medicine and Behavior I course, Florida State University College of Medicine, Tallahassee, FL.

Other Student Teaching and Supervision

(2007 – 2008) *Clinical Supervisor*. Supervise psychology graduate students in Gadsden County school-based health clinics to provide psychological assessment and treatment services to children.

(2007 - present) *BRIDGE Student Research Advisor*. Supervise BRIDGE students preparing for medical school in the conduct of spring semester research project.

(2006 – present) *Medical Student Research Advisor*. Supervise medical students completing summer research fellowships between years 1 and 2 of medical school.

(2006 – present) *Directed Independent Study Advisor*. Supervise undergraduate psychology students in directed research projects for course credit.

(2005 – present) *Small Group Facilitator*. Co-facilitate weekly small groups with Year 1 medical students in Doctoring I course.

Other Lectures, Seminars, Workshops, and Symposia

(2008) *Motivational Interviewing: An Alternative Approach to Smoking Cessation Counseling*. Invited CME presentation for the Capital Medical Society, Tallahassee, FL.

(2008) *Motivating Behavior Change: Helping Clients Navigate the Process of Smoking Cessation*. Workshop provided at the National Association of Social Workers annual conference, Boca Raton, FL.

(2007) *Reducing Diabetes Risk: Behavioral and Medical Strategies*. Invited presentation for “Diabetes Takes Center Stage: A Physician Symposium”, Tallahassee Memorial HealthCare, Tallahassee, FL.

(2004) *Evaluation and Treatment Options for Adolescents with Severe Behavioral Problems*. Seminar presented for primary care medical staff and educational administrators, Louisiana State University Health Sciences Center, Outpatient Behavior Clinic, Clinton, LA.

(2003) *Impact of Minor Life Events on Family Practice Patients’ Medical Utilization*. Seminar presented for family medicine staff, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, LA.

(2003) *Stage of Change and Motivational Interviewing for Physical Activity*. Seminar presented to internal medicine residents, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, LA.

(2002-2003) *Dealing with Stress and Illness*. Monthly seminar presented as part of diabetes education classes, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, LA.

(2002) *Assessment of Depression in Medical Settings*. Workshop presented to hospital medical staff, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, Baton Rouge, LA.

(2001) *Breaking Bad Habits*. Invited presentation to participants of PREMIER research program, Pennington Biomedical Research Center, Baton Rouge, LA.

(2001) *Stress and Time Management*. Invited presentation to participants of PREMIER research program, Pennington Biomedical Research Center, Baton Rouge, LA.

Thesis and Dissertation Committees

(2007 –) Member of Doctoral Dissertation Supervisory Committee for Aaron Crombie, PhD candidate in Food, Nutrition, and Exercise Sciences.

(2008 –) Member of Doctoral Dissertation Supervisory Committee for Hennie Shin, PhD candidate Food, Nutrition, and Exercise Sciences.

(2006 – 2007) Member of Doctoral Dissertation Supervisory Committee for Fei Tan, PhD candidate in Statistics, *A Method for Finding the Nadir of Non-Monotonic Relationships*.

PROFESSIONAL MEMBERSHIPS:

Society of Behavioral Medicine

American Psychological Association
Association for the Advancement of Behavior Therapy

HONORS/AWARDS:

Fellow, National Institutes of Health Summer Institute on the Design and Conduct of
Randomized Clinical Trials Involving Behavioral Interventions, 2006
Graduate School Scholars Enhancement Award, Louisiana State University, 2000-2004
Society of Behavioral Medicine Research Citation Award, 2006
Society of Behavioral Medicine Research Citation Award, 2003
Society of Behavioral Medicine Meritorious Student Presentation Award, 2003
Society of Behavioral Medicine Research Citation Award, 2002
1st Place Research Award, Louisiana Academy of Family Practice Physicians, 2002
2nd Place Research Award, Louisiana Academy of Family Practice Physicians, 2001
Samford University Presidential Scholar, 1996 – 2000
Walter Bartley Memorial Scholarship, 1996 – 2000
Delta Epsilon Iota National Honor Society
Phi Kappa Phi National Honor Society
Psi Chi National Psychology Honor Society

INTERVIEWS (RADIO, MAGAZINE):

“Changing Your Mind Can Change Your Body, Too”; interviewed for msnbc.com, 11/17/08.

“The Secret to Successful Weight Loss”; interviewed for BlackDoctor.org health website, 2/5/07.

“FSU Medical Professor Examines America’s Obesity Epidemic”; interviewed for FSU
Headlines radio program, 3/14/06.

AD HOC REVIEWER:

Journals

American Journal of Preventive Medicine

Eating Behaviors

Health Education and Behavior

Health Education Research

Journal of Behavioral Medicine

Journal of Clinical Child and Adolescent Psychology

Journal of Health Care for the Poor and Underserved

Obesity

Physical Activity and Health

Preventive Medicine

Professional Psychology: Research and Practice

Grants

Mail Reviewer, U.S. Army Medical Research and Materiel Command (USAMRMC)

SERVICE:

Advisor, Year-2 Student Learning Community Faculty Advisor, Florida State University College of Medicine, 2008.

Advisor, Year-1 and Year-2 Student Academic Advisor, Florida State University College of Medicine, 2006-present.

Faculty Panel Member, College of Medicine Open House (for prospective and admitted medical students), Florida State University College of Medicine, 2008.

Member, Honors Medical Scholars Program Selection Committee, Florida State University College of Medicine, 2008.

Member, Year 1/2 Curriculum Committee, Florida State University College of Medicine, 2008.

Member, Dean's Ad Hoc Student Academic Appeals Committee, Florida State University College of Medicine, 2007.

Abstract Reviewer, Society of Behavioral Medicine annual conference, Adherence Track, 2006 - present.

Abstract Reviewer, Society of Behavioral Medicine annual conference, Health Communication and Technology Track, 2006.

Co-Chair, Faculty Search Committee, Department of Medical Humanities and Social Sciences, Florida State University College of Medicine, 2006 – 2007.

Member, Admissions Committee, Florida State University College of Medicine, 2006 - present.

Member, Faculty Teaching Awards Selection Committee, Florida State University College of Medicine, 2006.

Volunteer, National Anxiety Screening Day, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, 2001, 2003.

Volunteer, National Alcohol Screening Day, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, 2001.

Committee Member, Domestic Violence Taskforce, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, 2001.

Volunteer, National Depression Screening Day, Louisiana State University Health Sciences Center, Earl K. Long Medical Center, 2000.