

## Curriculum Vitae

### Debra Hilkene Bernat

#### GENERAL INFORMATION

University Address: Medical Humanities and Social Sciences  
College of Medicine  
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Florida State University  
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Web Site: <http://med.fsu.edu/mhss/faculty.asp>

#### Professional Preparation

- 2000-2004 Ph.D., University of Minnesota, Minneapolis, MN. Major: Behavioral Epidemiology. Dissertation: Effects of statewide coalitions on public opinions towards alcohol policies. Dissertation supervisor: Alexander C. Wagenaar.
- 1994-1996 M.A., University of Michigan, Ann Arbor, MI. Major: Education.
- 1990-1994 B.A., Temple University, Philadelphia, PA. Major: Psychology. Graduated Magna Cum Laude.

#### Post-Degree Education and Training

- 2005-2007 Postdoctoral Fellowship, Prevention Research Center, University of Minnesota, Minneapolis, MN.
- 2004-2005 Postdoctoral Fellowship, Department of Psychiatry, University of Minnesota, Minneapolis, MN.

#### Professional Experience

- 2009-present Assistant Professor – Medical Humanities and Social Sciences, College of Medicine, Florida State University.
- 2007-2009 Clinical Associate Professor – School of Nursing, University of Minnesota.
- 2007-2009 Research Associate – Epidemiology and Community Health, School of Public Health, University of Minnesota.

- 2005-2007 Postdoctoral Research Fellow – Prevention Research Center, University of Minnesota.
- 2004-2005 Postdoctoral Research Associate – Department of Psychiatry, University of Minnesota.
- 2000-2004 Graduate Research Assistant – Division of Epidemiology & Community Health, University of Minnesota.
- 1998-2000 Research Associate II – Department of Health Behavior and Health Education, University of Michigan.
- 1998-1999 Research Associate I – School of Nursing, University of Michigan.
- 1997-1998 Senior Analyst – DataStat, Inc., Ann Arbor, Michigan.
- 1995-1997 Graduate Research Assistant, Department of Education, University of Michigan.

### **Honors and Awards**

- Pediatric Loan Repayment Program, National Institutes of Health (2007-2009).  
Early Investigator Travel Award, Society for Prevention Research (2005).  
School of Education Fellowship, University of Michigan (1994).  
Psi Chi, National Honor Society in Psychology (1993).  
Psychology Honors Program, Temple University (1992-1994).

### **Membership in Professional Organizations**

- American Public Health Association  
Society for Prevention Research  
Society for Adolescent Medicine

## **TEACHING**

### **Courses Taught**

- Doctoring 102, Small Group Facilitator, Florida State University (Fall 2009).
- Doctoring 101, Small Group Facilitator, Florida State University (Summer 2009).
- Research Dissemination (N5995), Instructor, University of Minnesota (Summer 2008).
- Fundamentals of Social and Behavioral Science (PubH 6020), Instructor, University of Minnesota (Fall 2007).
- Policy as a Prevention Strategy (PubH 6078), Teaching Assistant, University of Minnesota (Fall 2002).

## Guest Lectures

- Guest Faculty, “Professional Development: Creating an Impressive Curriculum Vitae”, Fellowship core seminar, Division of Adolescent Health and Medicine, University of Minnesota (January, 2009).
- Panelist, “Preparing for Post-Fellowship Positions: CV Development”, Fellowship core seminar, Division of Adolescent Health and Medicine, University of Minnesota (Fall 2007).
- Panelist, “Applying for the NIH Loan Repayment Program”, University of Minnesota (Fall 2007).
- Guest Faculty, “Challenges to Healthy Youth Development”, Fellowship core seminar, Division of Adolescent Health and Medicine, University of Minnesota (Fall 2007).
- Guest Lecturer, PubH 6078, Policy as a Prevention Strategy, Division of Epidemiology & Community Health, University of Minnesota (Fall 2006).

## Member of Doctoral Dissertation Supervisory Committees

- Scott Harpin, School of Nursing, University of Minnesota. (Anticipated Graduation 2009).

## SCHOLARLY OR CREATIVE ACTIVITIES

### Publications

#### Refereed Journal Articles

- Lenk, K., Chen, V., **Bernat, D.H.** & Forster, J. (in press). Characterizing and comparing young adult intermittent and daily smokers. *Substance Use and Misuse*.
- Bernat, D.H.**, Harpin, S., Eisenberg, M.E., Bearinger, L.H. & Resnick, M.D. (2009). Parental Support for the Human Papillomavirus Vaccine. *Journal of Adolescent Health, 45*(5), 525-527.
- Bernat, D.H.**, Klein, E., Fabian, L. & Forster, J. (2009). Young Adult Support for Clean Indoor Air Laws in Restaurants and Bars. *Journal of Adolescent Health, 45*(1), 102-104.
- Eisenberg, M.E., **Bernat, D.H.**, Bearinger, L.H. & Resnick, M.D. (2009). Condom provision and education in public schools: What do parents say? *Journal of School Health, 79*(9), 416-424.
- Layne, A.E., **Bernat, D.H.**, Victor, A. & Bernstein, G.A. (2009). Generalized anxiety disorder in a non-clinical sample of children: Symptom presentation and predictors of severity. *Journal of Anxiety Disorders, 23*(2), 283-289.
- Bernat, D.H.**, Lazovich, D., Forster, J.L., Oakes, J.M. & Chen, V. (2009). Area-level variation in adolescent smoking. *Preventing Chronic Disease, 6*(2), [http://www.cdc.gov/pcd/issues/2009/apr/08\\_0048.htm](http://www.cdc.gov/pcd/issues/2009/apr/08_0048.htm).

- Bernstein, G.A., **Bernat, D.H.**, Davis, A.A. & Layne, A.E. (2008). Symptom presentation and classroom functioning in a non-clinical sample of children with social phobia. *Depression and Anxiety*, 25(9), 752-760.
- Bernstein, G.A., **Bernat, D.H.**, Victor, A. & Layne, A. (2008). School-based interventions for anxious children: 3-, 6-, and 12-month follow-ups. *Journal of the American Academy of Child and Adolescent Psychiatry*, 47(9), 1039-1047.
- Bernat, D.H.**, Erickson, D.J., Widome, R., Perry, C.L. & Forster, J.L. (2008). Adolescent smoking trajectories: Results from a population-based cohort study. *Journal of Adolescent Health*, 43(4), 334-340.
- Eisenberg, M.E., **Bernat, D.H.**, Bearinger, L.H. & Resnick, M.D. (2008). Support for medically accurate, evidence-based sexuality education: Perspectives from parents of children and youth. *Journal of Adolescent Health*, 42(4), 352-359.
- Bernat, D.H.**, August, G.J., Hektner, J.M. & Bloomquist, M.L. (2007). The Early Risers preventive intervention: Testing for 6-year outcomes and mediational processes. *Journal of Abnormal Child Psychology*, 35(4), 605-617.
- Forster, J.L., Widome, R. & **Bernat, D.H.** (2007). Policy interventions and surveillance for tobacco prevention. *American Journal of Preventive Medicine*, 33(6S), S335-339.
- Victor, A., **Bernat, D.H.**, Bernstein, G.A. & Layne, A.E. (2007). Effects of parent and family characteristics on treatment outcome of anxious children. *Journal of Anxiety Disorders*, 21, 835-848.
- Bernat, D.H.** & Resnick, M.D. (2006). Healthy youth development: Science and strategies. *Journal of Public Health Management and Practice*, Supplement 6, S10-S16.
- Bernat, D.H.**, Dunsmuir, W.T.M. & Wagenaar, A.C. (2004). Effects of lowering the BAC limit to .08 on single-vehicle-nighttime fatal traffic crashes in 19 jurisdictions. *Accident Analysis & Prevention*, 36(6), 1089-1097.
- Harwood, E.H., **Bernat, D.H.**, Lenk, K.M., Vasquez, M.J. & Wagenaar, A.C. (2004). Opinions towards alcohol policies in Puerto Rico. *Hispanic Journal of Behavioral Sciences*, 26, 426-445.
- Caldwell, C.H., Sellers, R. M., **Bernat, D.H.** & Zimmerman, M.A. (2004). Racial identity and alcohol use in a sample of academically at-risk African American high school students. *American Journal of Community Psychology*, 34(1-2), 71-82.
- Chavous, T., **Bernat, D.H.**, Schmeelk-Cone, K., Caldwell, C.H., Kohn, L.P. & Zimmerman, M.A. (2003). Racial identity and academic attainment among African American adolescents. *Child Development*, 74(4), 1076-1090.

Caldwell, C.H., Zimmerman, M.A., **Bernat, D.H.**, Notaro, P. & Sellers, R.M. (2002). Racial identity, maternal support, and psychological distress among African American adolescents. *Child Development*, 73(4), 1322-1336.

Zimmerman, M.A., Caldwell, C.H. & **Bernat, D.H.** (2002). Discrepancy between self-report and school-record grade point average: Correlates with psychosocial outcomes among African American adolescents. *Journal of Applied Social Psychology*, 31(1), 86-109.

### **Invited Book Chapters**

**Bernat, D.H.** & Resnick, M.D. (2009). Connectedness in the lives of adolescents. In R.J. DiClemente, J.S. Santelli, & R.A. Crosby (Ed.), *Adolescent Health: Understanding and Preventing Risk Behaviors* (375-389). San Francisco, CA: Jossey-Bass.

### **Presentations**

**Bernat, D.H.**, Erickson, D.J., Shi, Q., Fabian, L. & Forster, J. (2009, November). Effects of smoke-free laws on perceived opportunities to smoke. Poster to be presented at the 137<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA.

Forster, J. & **Bernat, D.H.** (2009, November). Adolescent nonsmokers: What happens to them in young adulthood? Paper to be presented at the 137<sup>th</sup> Annual Meeting of the American Public Health Association, Philadelphia, PA.

Fabian, L., Lenk, K., **Bernat, D.H.** & Forster, J. (2008, October). Do teens and young adults support clean indoor air policies? Paper presented at the 136<sup>th</sup> Annual Meeting of the American Public Health Association, San Diego, CA.

Lenk, K., Forster, J., Chen, V., **Bernat, D.H.** & Rode, P. (2008, October). Young adult intermittent smokers: Defining and characterizing non-daily Smoking. Poster presented at the 136<sup>th</sup> Annual Meeting of the American Public Health Association, San Diego, CA.

**Bernat, D.H.**, Lenk, K., Chen, V., Rode, P. & Forster, J. (2008, May). Intermittent Smokers Among Young Adults: Who Are They? Poster presented at the 16<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Francisco, CA.

**Bernat, D.H.** & Resnick, M.D. (2007, November). Risk, promotive, and protective factors for youth violence. Paper presented at the 2007 Meeting of the American Society of Criminology, Atlanta, GA.

Bernstein, G.A., Victor, A.M., **Bernat, D.H.** & Layne, A.E. (2007, October). Early interventions for anxious children: six-month follow-up. Paper presented at the 54<sup>th</sup> Annual Meeting of the American Academy of Child & Adolescent Psychiatry, Boston, MA.

Lazovich, D., **Bernat, D.H.**, Chen, V. & Forster, J. (May, 2007). Community level correlates with adolescent smoking: Results from the MACC study. Poster presented at the Cancer Summit, Brooklyn Center, MN.

- Forster, J.L., Widome, R. & **Bernat, D.H.** (2006, November). Policy interventions and surveillance. Paper presented at the 134th Annual Meeting of the American Public Health Association, Boston, MA.
- Victor, A.M., **Bernat, D.H.**, Bernstein, G.A. & Layne, A.E. (2006, October). Effects of family functioning on treatment outcome of anxious children. Paper presented at the 53<sup>rd</sup> Annual Meeting of the American Academy of Child & Adolescent Psychiatry, San Diego, CA.
- Bernstein, G.A., **Bernat, D.H.**, Layne, A.E. & Davis, A.A. (2006, October). Symptom presentation and classroom functioning in children with social phobia. Paper presented at the 53<sup>rd</sup> Annual Meeting of the American Academy of Child & Adolescent Psychiatry, San Diego, CA.
- Bernat, D.H.**, August, G.J., Hektner, J.M. & Bloomquist, M.L. (July, 2006). The Early Risers preventive intervention: Testing for mediational processes in a randomized longitudinal efficacy trial. Paper presented at the 17<sup>th</sup> Bi-Annual World Meeting of the International Society for Research on Aggression, Minneapolis, MN.
- Lazovich, D., **Bernat, D.H.**, Chen, V. & Forster, J. (June, 2006). Community level correlates with adolescent smoking: Results from the MACC study. Poster presented at the 2<sup>nd</sup> Annual Meeting of the Society for Epidemiological Research, Seattle, WA.
- Forster, J.L., Widome, R. & **Bernat, D.H.** (2006, June). Policy interventions and surveillance. Paper presented at the NIH State-of-the-Science Conference on Tobacco Use: Prevention, Cessation, and Control, Bethesda, MD.
- Bernat, D.H.**, Perry, C.L., Erickson, D.J., Widome, R. & Forster, J.L. (2006, May). Trajectories of tobacco use from age 12 to 19: Results from the MACC study. Paper presented at the 14<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Antonio, TX.
- Layne, A.E., **Bernat, D.H.** & Bernstein, G.A. (2005, October). Predictors of severity among children with Generalized Anxiety Disorder. Poster presented at the 52<sup>nd</sup> Annual Meeting of the American Academy of Child & Adolescent Psychiatry, Toronto, Canada.
- Bernat, D.H.**, Perry, C.L., Erickson, D.J., Widome, R. & Forster, J.L. (2005, June). Trajectories of tobacco use from age 12 to 19: Results from the MACC study. Paper presented at the University of Minnesota Cancer Center.
- August, G.J., Realmuto, G.M., Bloomquist, M.L., **Bernat, D.H.** & Hektner, J.M. (2005, May). Six-year outcome of an early-age preventive intervention targeting peer influence in aggressive children. In J. Hektner (Chair), *Modifying Peer Influence in a Longitudinal Preventive Intervention for Aggressive Children*. Symposium conducted at the 13th Annual Meeting of the Society for Prevention Research, Washington DC.
- Bernat, D.H.**, Hektner, J.M. & August, G.J. (2005, May). Characteristics of friends as a mediator of intervention effectiveness on reducing disruptive behaviors. In J. Hektner (Chair), *Modifying Peer Influence in a Longitudinal Preventive Intervention for Aggressive*

*Children*. Symposium conducted at the 13th Annual Meeting of the Society for Prevention Research, Washington DC.

Hektner, J.M. & **Bernat, D.H.** (2005, May). Aggressive children's peer affiliation patterns over 4 years in program and regular classroom contexts. In J. Hektner (Chair), *Modifying Peer Influence in a Longitudinal Preventive Intervention for Aggressive Children*. Symposium conducted at the 13th Annual Meeting of the Society for Prevention Research, Washington DC.

Lenk, K., **Bernat, D.H.**, Harwood, E.M. & Wagenaar, A.C. (2003, November). Public opinions about alcohol policies in Puerto Rico. Paper presented at the 131st Annual Meeting of the American Public Health Association, San Francisco, CA.

**Bernat, D.H.**, Dunsmuir, W.T.M. & Wagenaar, A.C. (2003, June). Effect of lowering the BAC limit to .08 on fatal traffic crashes in 19 states. Poster presented at the 26<sup>th</sup> Annual Meeting of the Research Society on Alcoholism, Ft. Lauderdale, FL.

Harwood, E.M., Wagenaar, A.C. & **Bernat, D.H.** (2003, March). Tracking trends in public opinion on alcohol policies: 1997 to 2001. Poster presented at the 13th Annual Alcohol Policy Conference, Boston, MA.

**Bernat, D.H.**, Harwood, E.M., Toomey, T.L. & Wagenaar, A.C. (2002, November). National trends in public opinion on alcohol policies: 1997 to 2001. Paper presented at the 130th Annual Meeting of the American Public Health Association, Philadelphia, PA.

Caldwell, C.H., Zimmerman, M., **Bernat, D.H.** & Sellers, R. (2001, April). Racial identity, maternal support, and psychological distress among African American adolescents. In R. Sellers (Chair), *Racial identity and psychosocial outcomes among African American adolescents*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Chavous, T., **Bernat, D.H.**, Caldwell, C. & Zimmerman, M. (2001, April). Racial identity and academic outcomes among African American adolescents: A person-oriented approach. In R. Sellers (Chair), *Racial identity and psychosocial outcomes among African American adolescents*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Sellers, R., Caldwell, C., **Bernat, D.H.** & Zimmerman, M. (2001, April). Racial identity and alcohol use in a sample of academically at-risk African American high school students. In R. Sellers (Chair), *Racial identity and psychosocial outcomes among African American adolescents*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Minneapolis, MN.

Pierce, P.F., Crawford, A.S., **Hilkene, D.H.** Crawford, K. & Manney, S. (1999, July). *Addressing the psychological needs of women diagnosed with breast cancer*. Paper presented at the 1st Annual Convention of the World Conference on Breast Cancer, Ottawa, Canada.

Pierce, P.F., Crawford, A.S., **Hilkene, D.H.**, Crawford, K. & Manney, S. (1999, July). *Value-based decision support for early stage breast cancer treatment*. Workshop presented at the 1st Annual Convention of the World Conference on Breast Cancer, Ottawa, Canada.

Sellers, R. M., Caldwell, C., Zimmerman, M. & **Hilkene, D.H.** (1999, May). *Racial identity and alcohol use in a sample of academically at-risk African American high school students*. Paper presented at the Race, Culture, Family Life and Mental Health Services, Charlottesville, VA.

## **Contracts and Grants**

### **Contracts and Grants Funded**

ClearWay Minnesota, New Tobacco Investigator Award, "Effect of Minnesota's Statewide Clean Indoor Air Law on Young Adult Smoking," **Principal Investigator**; \$517,381; Active 2008-2010.

## **SERVICE**

### **Florida State University**

#### **College of Medicine**

Year 1 Student Academic Advisor (2009-2010).

## **The Profession**

### **Guest Reviewer for Refereed Journals**

Addiction  
Health Education & Behavior  
Journal of Abnormal Child Psychology  
Journal of Adolescent Health  
Journal of the American Medical Association

### **Service to Professional Associations**

Abstract Review Committee, National Conference on Tobacco or Health (2007, 2008)  
Abstract Review Committee, Society for Prevention Research Conference (2007, 2008)  
Abstract Review Committee, National Health Promotion Conference (2006)

## **Other Universities**

### **Service to Other Universities**

Undergraduate Research Opportunity Program Advisor, University of Minnesota (2008-2009).  
Search Committee Member, Prevention Research Center Evaluation Coordinator, University of Minnesota (2007)  
Social Epidemiology Workgroup Coordinator, University of Minnesota (2002-2003)  
Division of Epidemiology Training Committee Student Representative, University of Minnesota (2001).

## **The Community**

### **Service to the Community**

Legislative Testimony, Attitudes of Minnesota Parents on Sex Education in School. Hearing before the Minnesota's Senate Committee on K-12 Education, March 26, 2008.

## **Consultation**

### **Consultation**

Centers for Disease Control and Prevention.  
Youth Violence Expert Work Group: Phase II (2009-2010).  
Centers for Disease Control and Prevention.  
Youth Violence Expert Work Group: Phase I. (2007-2009).  
University of Minnesota, Department of Psychiatry.  
Statistical Consultant. (2005-2007).