



Week 16: Plenary & Working Group - Stress in Medicine

Friday, January 8, 2010

1:30-3:20pm

Plenary: 1:30-2:00pm, Room 221CMW

Small Group Session: 2:25-3:20pm, Small Group Rooms

THIS GUIDE IS STILL SUBJECT TO REVAMP FOR AY 09-10

ASSIGNMENTS DUE BY THIS SESSION:

Working Group Mid-Year Self Assessment

By today's session students should have completed and e-mailed this form to their Faculty & M4 Tutors.

PREPARATION:

Click on icons below.

1. Read Dyrbye, et. al. (2005). Medical student distress: Causes, consequences and proposed solutions.



medical student distress.pdf

2. "A Case that Shook Medicine. How One Man's Rage Over His Daughter's Death Sped Reform of Doctor Training"



Libby Zion Case.pdf

3. "A 38 year old woman with fetal loss and hysterectomy"



Beth Israel Woman with Fetal Loss.pdf

TODAY'S SCHEDULE:

1:30-2:20pm: **Plenary**

2:20-2:30pm: Break out into color groups

2:30- 3:20pm: Assemble in working group rooms

1. Review of agenda and learning objectives (5 min)
2. Discussion of Stress from Plenary (5 min)
3. Discussion of Readings (25 min)
4. Feedback and closing reflections (10 min)

SMALL GROUP SESSION: 2:30 - 3:20pm

OBJECTIVES:

- Identify effects of stress in behavioral, emotional, physical and psychological areas of life
- Through review of two real patient cases, ascertain the specific effects of stress and discuss its impact on individual and team performance, and productivity and patient outcome.

SUGGESTED READINGS:

Read Tyssen, et. al (2001). Factors in medical school that predict postgraduate mental health problems in need of treatment. A nationwide and longitudinal study.



Factors in medical school.pdf

UPCOMING ASSIGNMENTS:

- **IPC Mid-Year Performance Assessment**
 1. Provide preceptor with this form at IPC Visit 3, to be discussed at IPC Visit 4.
 2. Submit signed IPC Mid-Year Performance Assessment form to the IPC office by Monday, **1/25/10**.
- **Complete History Checklist- Self Assessment & Complete History Write-up**
 1. Select a patient with a chief complaint and **conduct a complete health history**.
 2. Complete a "**Complete History Checklist- Self Assessment**" regarding this patient.
 3. Write a **Complete Health History** on the patient, including the HPI. Ideally the patient will be from Hospital Session #2 or an IPC (or PCM) visit. Patient histories from other clinical experiences, e.g., free clinic, mentor program, clinic/hospital visit with your M4, also would be suitable.
 4. By **1/22/10** email your completed *Complete History Checklist- Self Assessment* and your *Complete Health History Write-up* to your Working Group faculty and M4 tutors. The *Complete History Write-up* will be discussed at the **1/22 & 29/10** Working Group sessions.
- **Complete History Write-up**
based on a **History Taking Workshop** patient. Students e-mail this Write-up to WG Tutors **1 week after** this workshop session.
- **Social History Write-up**
based on a **Sexual Health & Substance Use History Workshop** patient. Students e-mail this Write-up to WG Tutors **1 week after** this workshop session.

9/2/09